

Baltimore County Department of Aging and
Baltimore City Health Department's Office of Aging and CARE Services

COMMUNITY RESOURCES 2014

*Serving Older Adults,
Baby Boomers, Families,
Caregivers, Persons with
Disabilities and Professionals*



Guiding Your Path to Resources in the Region



MAP (Baltimore County)
611 Central Avenue
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410-887-2594

www.baltimorecountymd.gov

E-mail: aginginfo@baltimorecountymd.gov



County Executive Kevin Kamenetz
and the County Council



MARYLAND ACCESS POINT
YOUR LINK TO HEALTH & SUPPORT SERVICES
www.marylandaccesspoint.org



MAP (Baltimore City)
417 E. Fayette Street
Sixth Floor
Baltimore, MD 21202
410-396-2273

www.baltimorecity.gov
www.baltimorehealth.org

For people who are deaf, hard of hearing or have a speech disability, use Relay or 711.

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MESSAGE FROM THE BALTIMORE COUNTY EXECUTIVE

It is my pleasure to introduce *Community Resources 2014* to Baltimore's citizens. We take pride in knowing that the 17th edition of *Community Resources* provides Baltimore's communities with information on the services and resources that support our families, loved ones and friends. This is the second year that Baltimore County and Baltimore City Governments have partnered to create a regional resource directory to serve all of Baltimore's citizens.

Seventy-five thousand complimentary copies of *Community Resources* will be circulated throughout Baltimore during 2014, and Baltimore County Government is particularly pleased to offer an online edition at www.baltimorecountymd.gov/communityresources.

We believe this directory provides one-stop shopping for every member of your community. Please take a few moments to review the wide range of services and programs serving our citizens through Baltimore County Government.

Community Resources is a revenue-producing publication that helps support volunteerism in the County and is printed at no cost to Baltimore County Government.

Thank you for using *Community Resources 2014*. I hope you and your family will use the directory to explore all of the resources and services that Baltimore County and Baltimore City have to offer.

Very Truly Yours,



Kevin Kamenetz
Baltimore County Executive



BALTIMORE COUNTY COMMISSION ON AGING

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MESSAGE FROM THE BALTIMORE COUNTY COUNCIL



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www.baltimorecountymd.gov/countycouncil

Community Resources 2014, an annual publication of Baltimore County Government, celebrates its 17th year tradition by providing a complimentary consumer directory to Baltimore communities. For the second year, we are pleased to welcome Baltimore City Government as a partner in order to provide one regional resource directory which combines both City and County resources and information.

The newest edition of *Community Resources* contains the most current information to support a range of activities and services. Upon reviewing the directory, please take note of the array of government services, non-profits and business partnership listings. We ask that you use and recommend *Community Resources* frequently by supporting the circulation of 75,000 copies in the Baltimore region.

We are proud to say *Community Resources* is created each year at no cost to Baltimore County citizens. Educate yourself, loved ones and friends with *Community Resources 2014*.

Yours very truly,

The Baltimore County Council

Elder Abuse is a Crying Shame



www.bcpl.info/stopelderabuse

Baltimore County Restoring Elder Safety Today

MESSAGE FROM THE DIRECTOR

It is my pleasure to introduce Baltimore County Department of Aging's (BCDA) 17th edition of *Community Resources 2014*; an annual resource directory serving older adults, baby boomers, caregivers, families, adults with disabilities and professionals. For the second year, this respected publication represents a collaboration with Baltimore City Government as a way to provide one informational resource for both Baltimore County and City residents. Our valued partnership forges an exciting opportunity to enrich the directory's content while expanding the publication's distribution through a regional outreach.

The content of *Community Resources* includes the most current information available for all citizens. As a Maryland Access Point site, particular emphasis has been placed on expanding the publication's resources to support persons with disabilities. The directory's content includes government, non-profit and business listings. Readers will also notice blue highlighted listings throughout the directory. These highlighted listings represent sponsors of the directory. By sponsoring this publication, businesses and non-profits are supporting the mission of BCDA. To learn more about powerful sponsorship and or advertising opportunities at the BCDA, please phone 410-887-2012.

Community Resources will be distributed in senior centers, libraries, hospitals, government agencies, doctor's offices, community associations, senior housing, faith communities, business partners, professional conferences, nutrition sites/services, outreach events and more. Also available online at www.baltimorecountymd.gov/communityresources, this resource is available 24/7 to support Internet-savvy clients, professionals and long-distance caregivers.

Creating a foundation for informed decision-making relies on consumer education. We believe *Community Resources* helps to provide the foundation that supports

Baltimore communities. Whether you are searching for an assisted living or determining where to exercise, this publication contains the resources for living life to the fullest. Help educate and empower your family, friends and community by using *Community Resources* to guide your path to resources in Baltimore. Enjoy!

Sincerely,



Joanne E. Williams, Director
Baltimore County Department of Aging



BALTIMORE COUNTY DEPARTMENT OF AGING MISSION STATEMENT

*The Baltimore County
Department of Aging
strengthens lives by
connecting individuals
to community resources,
programs and services.*

MESSAGE FROM THE BALTIMORE CITY MAYOR



**BALTIMORE CITY HEALTH
DEPARTMENT OFFICE OF
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On behalf of the City of Baltimore, and in partnership with the Baltimore County Department of Aging, we are excited for the second edition of *Community Resources*.

The publication contains information regarding programs and services for older adults and persons with disabilities in our region. The 2014 edition is the second annual Regional Resource Directory published for both residents of Baltimore City and Baltimore County.

With this guide, information is at your fingertips and answers to your questions are just a phone call away. Baltimore City is proud to serve you by providing this valuable collection of agencies and organizations to educate consumers about benefits they may be eligible for and other important service options.

If you cannot find what you are looking for in this directory, please do not hesitate to contact the Baltimore City Health Department's Office of Aging and CARE Services, Maryland Access Point at 410-396-2273.

Sincerely,

A handwritten signature in black ink that reads "Stephanie Rawlings-Blake". The signature is fluid and cursive, written over a light-colored background.

Stephanie Rawlings-Blake
Mayor
Baltimore City



STEPHANIE RAWLINGS-BLAKE
Mayor
250 City Hall, 100 North Holliday Street
Baltimore, Maryland 21202

MESSAGE FROM THE BALTIMORE CITY COUNCIL

Dear Friends,

The City of Baltimore is pleased to again partner with the Baltimore County Department of Aging to publish a comprehensive directory of programs and services for older adults and people with disabilities in the Baltimore area. Maryland Access Point is an exciting publication that makes it easier to find helpful resources anywhere in the region.

Baltimore City is continually looking for ways to foster innovative partnerships and develop creative solutions that make life easier for our residents. With the help of the Baltimore County Department of Aging and dozens of other agencies in both jurisdictions, we've made another stride toward making government work more effectively and efficiently.

Please feel free to call the Baltimore City Health Department's Office of Aging and CARE Services, Maryland Access Point at 410-396-2273 if you have suggestions or questions about the directory or available services.

Sincerely,



Bernard C. "Jack" Young
President Baltimore City Council



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MESSAGE FROM THE BALTIMORE CITY HEALTH COMMISSIONER



I am pleased to bring you the second edition of this health and wellness resource directory for older adults, caregivers and persons with disabilities in Baltimore City and Baltimore County. Baltimore City has once again partnered with Baltimore County to create this Regional Resource Directory providing an “at a glance” composite of agencies, organizations, health and social programs serving the citizens of Baltimore.

As outlined in Healthy Baltimore 2015, the Baltimore City Health Department (BCHD) is committed to partnering with public and private institutions to reduce health risks and promote a better quality of life for our seniors, persons with disabilities and their caregivers. Educating consumers on resources available to them and their loved ones is an important step toward ensuring the health and safety of Baltimore City’s seniors.

It is with great appreciation to the BCHD Office of Aging and CARE and the Baltimore County Department of Aging that we provide this *Community Resources 2014* guide to our citizens free of charge. We hope that the wealth of health-related services and wellness options included in this publication provides individuals and their families with resources enabling them to stay active and independent in their communities.

Warmest regards,

A handwritten signature in blue ink that reads "Oxiris Barbot". The signature is fluid and cursive.

Oxiris Barbot, M.D., Commissioner of Health





Project DOCS, “Doctors Offering Caregiver Support” is an initiative of the Department of Aging in partnership with physicians and area hospitals. The goal of Project DOCS is to provide literature about the many services available for seniors. Participating physicians and hospitals have brochure racks in waiting room areas that provide valuable information about services and programs.

Charter Members of Project DOCS include:
Greater Baltimore Medical Center
University of Maryland - St. Joseph Medical Center

BCDA invites physicians in private practice the option of providing **Community Resources 2014** to their patients. To make arrangements for delivery, please contact the Baltimore County Department of Aging at 410-887-2012.

If you are a family caregiver for an older loved one and would like to learn about available resources, call the Baltimore County Department of Aging Caregivers Program at 410-887-4724.

USING COMMUNITY RESOURCES 2014

Every effort has been made to assure that the entries in *Community Resources 2014* are accurate and up-to-date. We strongly urge you to make use of the Internet in obtaining additional information about the resources in this publication.

This directory has been developed for use by the public. As such, we encourage you to copy and share the publication with others. If additional copies are needed, or if the directory is needed in an alternative format, contact the Office of Communications at 410-887-2012, or by e-mail at dorlove@baltimorecountymd.gov.

DISCLAIMER

The listings or omissions of individuals, businesses and organizations in this directory does not constitute an endorsement, recommendation, or guarantee regarding their services or products. No liability may inure to Baltimore County, the Baltimore County Department of Aging, its agents, employees or directors, as a result of goods or services provided by individuals, businesses or organizations in this directory.

The listings or omissions of Medicare Prescription Drug Plans, including but not limited to information regarding their charges, drug coverage or formulary lists in this directory does not constitute an endorsement, recommendation, or guarantee regarding their services or products. No liability may inure to Baltimore County, the Baltimore County Department of Aging, its agents, employees or directors, as a result of goods, information or services provided by any individual, business or organization listed in this directory.

Community Resources 2014 is available in alternative formats upon request.

ACKNOWLEDGEMENTS

Community Resources 2014 is an annual directory which is published by the Baltimore County Department of Aging (BCDA). We are pleased to welcome Baltimore City Government as a partner of this publication for the second year. BCDA’s partnership with Baltimore City Government created the unique opportunity to expand the publication’s content to include City services and listings. As a result of this partnership, we can now offer *Community Resources 2014* as a regional resource in both scope and distribution to Baltimore communities. With that said, it is with gratitude that the following committed leadership and team members are recognized for their many contributions to the continued development and enhancement of this well-respected publication.

Special thanks to Baltimore County Executive Kevin Kamenetz, the Baltimore County Council and the Baltimore County Commission on Aging. Special thanks to Mayor Stephanie Rawlings-Blake, the Baltimore City Council and the Baltimore City Health Commissioner Dr. Oxiris Barbot.

Thank you to Joanne Williams, director of the Baltimore County Department of Aging, for her support and commitment to public-private partnerships and consumer empowerment through education and Laura Riley, deputy director, for her continued support of this publication. Special acknowledgment is made to the many advertisers in the directory who are noted with blue highlighted listings or larger ads which can be seen throughout the publication.

It is with gratitude that the following team members of the BCDA receive special recognition for their contributions to *Community Resources 2014*: Joe Barrett, Rekha Bhave, Tom Buckmeier, Michele Kehl, Annette Lambright, Peggy Miller, Diane O’Brien, Mary Pivawer, Ethel Rasmussen and Jillian Roberts. In Baltimore City, thank you to Arnold Eppel, Uprenia Willis and Thelma Winn.

With pleasure, Baltimore County and Baltimore City Governments jointly present *Community Resources 2014* – your one stop shopping for Baltimore residents.

Debbie Orlove, MA
Program Manager
Baltimore County Department of Aging

Baltimore County Government Services

www.baltimorecountymd.gov • www.baltimorecountymd.gov/aging

► ADA COORDINATOR

410-887-3580

► ADMINISTRATIVE

OFFICE

410-887-2460

► AGING, DEPARTMENT OF

For a description of Baltimore County Department of Aging services, see Summary of Services.

Director

410-887-2109

Deputy Director

410-887-2109

Baby Boomer/Senior Expo

410-887-2012

Caregiver Program

410-887-4724

Center Connection Program

410 887 2970

Communications, Office of

410-887-2379

Community Resources 2015

410-887-2012

Guardianship

410-887-5793

Health Programming

410-887-3423

Home Team

410-887-4141

Loan Closet

410-887-2594

Maryland Access Point (MAP)

of Baltimore County

410-887-2594

Nursing Home Ombudsman

410-887-4200

Nutrition Services

410-887-3052

Outreach Casework Services

410-887-2050

Senior Box Office

410-887-5399

Senior Centers

410-887-2040

(See individual center listings in Senior Centers and Fitness Centers)

Senior Digest

410-887-3050

Senior Employment

410-887-4006

Transportation/CountyRide

410-887-2080

Volunteer Services

410-887-2715

► BUDGET AND FINANCE, OFFICE OF

410-887-3313

► CIRCUIT COURT, COURT ADMINISTRATOR'S OFFICE

410-887-2687

► CODE ENFORCEMENT

410-887-3351

Inspects properties for livability code.

► COMMUNITY COLLEGE OF BALTIMORE COUNTY (CCBC)

443-840-4099

Campuses at Catonsville, Essex and Dundalk with satellite locations in Hunt Valley and Owings Mills.

► COUNTY COUNCIL

410-887-3196

► DISABILITIES, COMMISSION ON

410-887-3580

► ECONOMIC DEVELOPMENT, DEPARTMENT OF

410-887-8000

► ELECTIONS, BOARD OF SUPERVISORS OF

410-887-5700

► ENVIRONMENTAL PROTECTION AND SUSTAINABILITY

410-887-3733

► EXECUTIVE OFFICE

410-887-2450

► FIRE DEPARTMENT

Emergencies: 911

Non-Emergencies:

410-887-4500

► HEALTH, DEPARTMENT OF

(See also Health Clinics for additional resources.)

AIDS Counseling and Information Line

410-887-2437

AIDS/HIV - Housing Opportunities for People with AIDS (HOPWA)

410-887-5918

Adult Evaluation and Review Services

410-887 2754

Animal Control

410-887-5961



Behavioral Health

410-887-3828

Bureau of Clinical Services

410-887-2705

Cancer Screening (Breast and Cervical)

410-887-3432

Communicable Disease Control

410-887-2724

Dentistry-Dental Access/ Dental Referral Program

410-887-2780

Developmental Disabilities

410-887-2720

Health Care Access

410-887-5918

Home Health/Home Care Program

410 887 2725

Medical Assistance

Personal Care Program

410-887-3485

Sexually Transmitted Disease Control

410-887-2724

TB Control

410-887-2711

► HEALTH, DEPARTMENT OF - PUBLIC HEALTH CENTERS

(See also Health Clinics for additional resources.)

Baltimore Highlands

Lansdowne Health Center

410-887-1003

Dundalk Health Center

410-887-7182

Eastern Family Resource Center

410-887-0400

Essex Health Center

410-887-0246

Hannah More Center

410-887-1152

Liberty Family Resource Center

410-887-0607

Woodlawn Health Center

410-887-1332

► HUMAN RESOURCES

OFFICE

410-887-3135

► HUMAN RELATIONS COMMISSION

410-887-5917

► INFORMATION

SERVICES

Baltimore County

Government/Directory

Assistance

410-887-0000

Telephone numbers for county agencies and staff.

Circuit Court Information Desk

410-887-2139

Information regarding court proceedings.

Maryland Access Point (MAP) of Baltimore County, Department Of Aging

410-887-2594

Information and referrals for older adults, baby boomers, family members, caregivers, persons with disabilities and professionals. Provides access to language interpreter service.

Baltimore County Government Services

www.baltimorecountymd.gov

www.baltimorecountymd.gov/aging

► **LAW OFFICE**

410-887-4420

► **LIBRARY SYSTEM**

410-887-6100

► **OFFICE OF**

ADMINISTRATIVE

HEARINGS

410-887-3868

► **ORPHANS COURT**

410-887-6516

Information on the administration of estates of deceased persons.

► **PAROLE AND**

PROBATION, DIVISION OF

410-832-2200

► **PERMITS,**

APPROVALS AND

INSPECTIONS,

DEPARTMENT OF

410-887-3353

► **PLANNING,**

DEPARTMENT OF

410-887-3211

► **POLICE DEPARTMENT**

Emergencies: 911

Non Emergencies:

410-887-2222

General Information/

Referral: 410-887-2214

► **PUBLIC SCHOOLS**

410-887-5555

► **PUBLIC WORKS,**

DEPARTMENT OF

410-887-3300

► **RECREATION AND**

PARKS, DEPARTMENT OF

410-887-3871

► **REGISTER OF WILLS**

410-887-6680

► **SHERIFF'S OFFICE**

410-887-3151

► **SOCIAL SERVICES,**

DEPARTMENT OF

(See also Financial Assistance for phone numbers and addresses of district offices.)

General Information

410-853-3000

► **STATE'S ATTORNEY,**

OFFICE OF

410-887-6600

► **TAXPAYER SERVICES**

410-887-2403

► **UNIVERSITY OF**

MARYLAND EXTENSION,

BALTIMORE COUNTY

OFFICE

410-771-1761

► **VOLUNTEERS,**

BALTIMORE COUNTY

410-887-2715

► **WOMEN, COMMISSION**

FOR

410-887-3448



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Pads	<input type="checkbox"/>
Skin care	<input type="checkbox"/>

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Moderate	<input type="checkbox"/>
Heavy	<input type="checkbox"/>

Medicaid Yes _____ No _____



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Baltimore City Government Services

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► **BALTIMORE CITY 311**
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► **BOARD OF ELECTION SUPERVISORS**
410-396-5550/ 5580

► **CIVIL SERVICE COMMISSION**
410-396-3860

► **ENOCH PRATT FREE LIBRARY**
410-396-5430

► **EMPLOYMENT DEVELOPMENT, MAYOR'S OFFICE OF**
443-984-3014

► **FIRE DEPARTMENT**
410-396-5616

► **HEALTH DEPARTMENT**
410-396-4398

Acute Communicable Diseases
410-396-4436

Adult Evaluation and Review Services (AERS)
410-396-6006

Animal Control
410-396-4688

Animal Pick-Up 311

B'more for Healthy Babies
410-396-1834

Baltimore Health System
410-637-1900

Behavioral Health System
410-837-2647

Bureau of Child Health & Immunization
410-396-4454

Bureau of Healthy Homes
443-984-2460

Childhood Lead Poisoning Program
443-984-2470

Community Action Partnership:

Southeast
410-545-6518

Eastern
410-545-0136

Northwest
443-984-1384

Southern
410-545-0900

Northern
410-396-6084

Employment (with BCHD)
410-396-1420

Emergency Preparedness
443-984-2622

Health Care Access Maryland
410-649-0500

Health Clinics:

Druid
410-396-0176

Eastern
410-396-9410

Cancer
410-396-0186

Dental
410-396-4501

443-984-3548 Eastern

Family Planning and Reproductive Health
410-396-0186

HIV Clinics
410-396-0176

Maternal and Infant Nursing Program
410-396-9404

Mayor's Commission on Disabilities
443-484-3170

Mayor's Office of Human Services
410-396-7370

Men's Health Center
410-383-8300, Ext:70101

Sexually Transmitted Infections (STD)
410-396-4398

Tuberculosis
410-396-9413

Healthy Teens/Young Adults
410-396-0353

Maryland Children's Health Program Eligibility Services
410-649-0512

Needle Exchange Program
410-396-3731

Operation Safe Kids (OSK)
443-984-4012

Ryan White
410-396-1408

School Health Programs / School-Based Health Center
410-396-3185

School Health Assessment Program
410-396-5246

Office of Youth Violence Prevention
443-984-3566

Virtual Supermarket Project
410-545-7544

WIC
443-984-3702

► **HEALTH DEPARTMENT'S OFFICE OF AGING AND CARE SERVICES**
Adult Evaluation and Review Services (AERS)
410-396-6006

► **BALTIMORE CITY HEALTH DEPARTMENT, CARE OPERATED CENTERS:**

Hatton Senior Center
410-396-9025

John Booth Senior Center
410-396-9202

Oliver Senior Center
410-396-3861

Sandtown-Winchester
410-396-7724

Waxter Senior Center
410-396-1324

Zeta Senior Center
410-396-3535

Bar Association of Baltimore City Legal Services to the Elderly
410-396-1322

Eating Together in Baltimore
410-664-0700

Family Caregiver Program
410-396-4932

Health Promotion and Education
410-396-4932

Home Delivered Meals
410-558-0827

Housing and Homeless Services
410-396-4932

Maryland Access Point (MAP)
410-396-2273

Medical Assistance Personal Care (MAPC)
410-396-4494

Medicaid Waiver for Older Adults
410-396-4932

Money Follows the Person (MFP)
410-396-4932

Ombudsman Program
410-396-3144

Public Guardianship
410-545-7702

Retired Seniors and Volunteer Program (RSVP)
410-361-9400

Senior Assisted Living Subsidy Program
410-396-4932

Senior Care
410-396-1605

Senior Companion Program
410-361-9405

Senior Centers
410-396-4932

State Health Insurance Assistance Program (SHIP)
410-396-2273

Senior Information and Assistance Program
410-396-2273

Senior Medicare Patrol (SMP)
410-396-2273

Taxi Card Program
410-664-1123

Volunteer Opportunities
410-396-4932

► **HOUSING AUTHORITY (HABC)**
410-396-3225

► **HOUSING AND COMMUNITY DEVELOPMENT, DEPARTMENT OF**
410-396-1969

► **LAW OFFICE**
410-396-3297

► **ORPHANS' COURTS**
410-396-5034

► **PARKING AUTHORITY**
443-573-2800

► **PAROLE AND PROBATIONS**
410-585-3500

► **PLANNING, DEPARTMENT OF**
410-396-5911

► **POLICE DEPARTMENT**
Non-emergency: 311
443-263-2220

► **PUBLIC SCHOOL SYSTEM**
410-396-8792



Baltimore City Government Services

www.baltimorecity.gov • www.baltimorehealth.org

► **PUBLIC WORKS,
DEPARTMENT OF**
410-396-8497
► **RECREATION AND
PARKS**
410-396-7900
► **SENIOR CITIZENS
DIVISION**
410-396-2920
► **SHERIFF'S OFFICE**
410-396-1155

► **POLICE DEPARTMENT
Non-Emergency
Assistance**
311 or 443-263-2220
**Report crime tips
(anonymously):**
410-276-8888
**Local District/Senior Liaisons
Senior Citizen Liaisons (SCL)**
serve as direct contact
between the senior community
and the police department.
Central District
410-396-2411

Eastern District
410-396-2433
Northeastern District
410-396-2444
Southeastern District
410-396-2422
Northern District
410-396-2455
Western District
410-396-2477
Northwestern District
410-396-2466
Southwestern District
410-396-2488

Southern District
410-396-2499
► **SOCIAL SERVICES,
DEPARTMENT OF**
443-378-4600
► **STATE'S ATTORNEY
OFFICE OF BALTIMORE
CITY**
410-984-6000
► **UNIVERSITY OF
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410-856-1850



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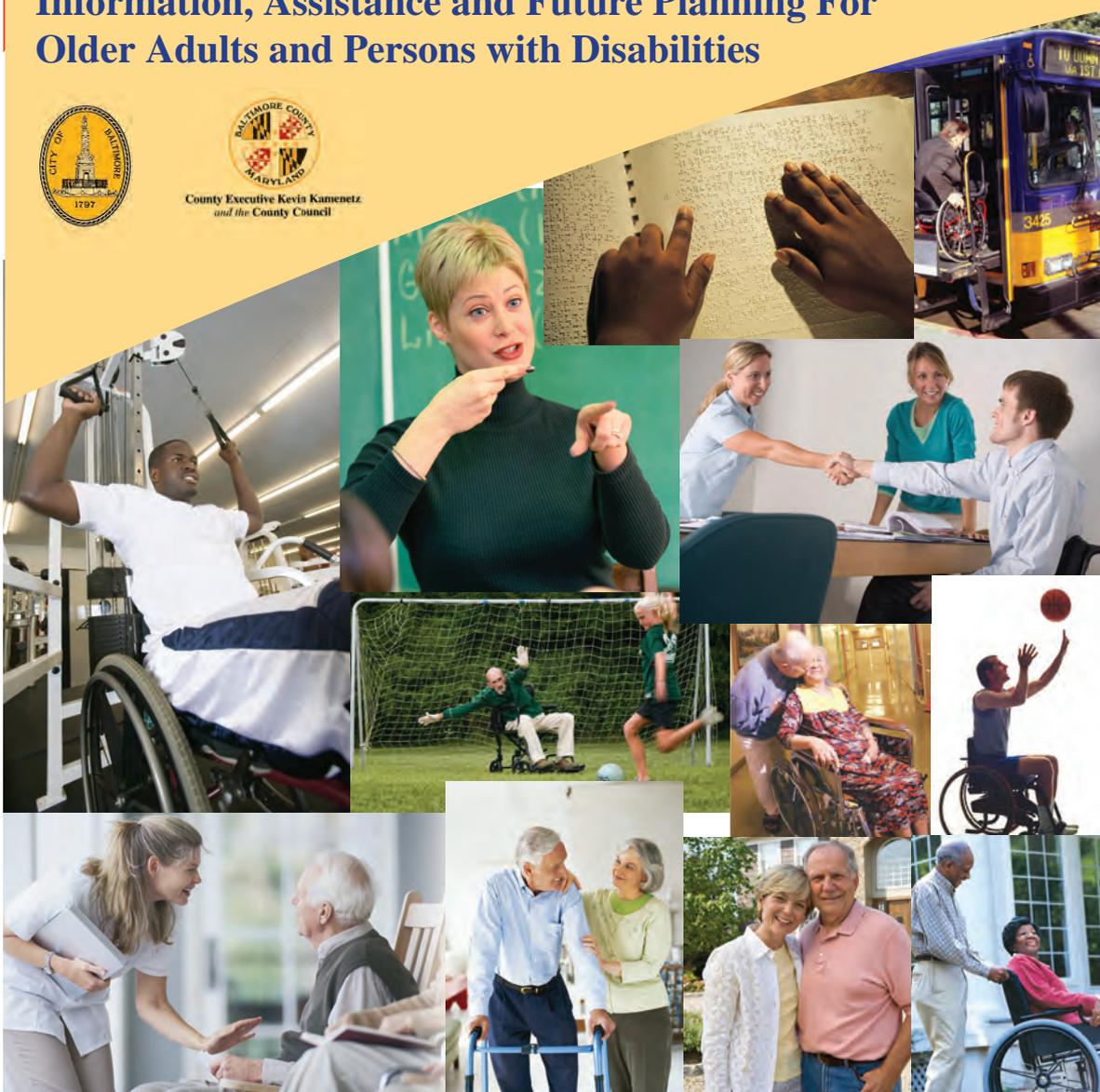
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ADVOCACY SERVICES

ADVOCACY SERVICES

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443-984-6000

410-396-1897/1899

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▶ **BALTIMORE CITY POLICE DEPARTMENT, NON-EMERGENCY ASSISTANCE**

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▶ **BALTIMORE COUNTY ASSOCIATION OF SENIOR CITIZENS ORGANIZATIONS, INC. (BCASCO)**

410-484-6866

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Beth Wiseman, Advocate.

▶ **BALTIMORE COUNTY COMMISSION ON AGING**

410-887-2109

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▶ **BALTIMORE COUNTY COMMISSION ON DISABILITIES**

410-887-3580

Legally enacted commission of county government to initiate recommendations and review legislation which concerns or impacts individuals with disabilities.

▶ **BALTIMORE COUNTY DEPARTMENT OF AGING, LONG-TERM CARE OMBUDSMAN PROGRAM**

410-887-2594

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▶ **BALTIMORE COUNTY DEPARTMENT OF AGING, MARYLAND ACCESS POINT OF BALTIMORE COUNTY**

410-887-2594

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▶ **BALTIMORE COUNTY DEPARTMENT OF HEALTH**

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▶ **BALTIMORE COUNTY DEPARTMENT OF SOCIAL SERVICES (SCREENING UNIT)**

410-853-3000

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▶ **BALTIMORE COUNTY HUMAN RELATIONS COMMISSION**

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▶ **BALTIMORE COUNTY LEGAL AID BUREAU, INC., NURSING HOME PROGRAM, ASSISTED LIVING PROGRAM**

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ADVOCACY SERVICES

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410-887-3151

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Information about fair housing laws, discrimination, rights and responsibilities of landlords and tenants.

► **BETTER BUSINESS BUREAU, INC.**

410-347-3990
Provides information regarding consumer issues, determination of reliability of businesses or charities, and opportunity to file a complaint.

► **CENTERS FOR MEDICARE & MEDICAID SERVICES (CMS), MEDICARE HELPLINE**

800-633-4227
www.medicare.gov

► **CREDIT REPORTS**

877-322-8228
www.annualcreditreport.com
All Maryland residents have access to free annual personal credit reports from Experian, Equifax and TransUnion.

► **DEPARTMENT OF HEALTH AND MENTAL HYGIENE (DHMH)**

410-767-6500
Office of Health Care Quality
410-402-8000
www.dhmh.state.md.us/ohcq
Licenses and provides oversight of adult day care, nursing homes, assisted living facilities, health care agencies, etc. See website for licensee directory.

► **FEDERAL TRADE COMMISSION**

877-382-4357
877-438-4338 (Identity Theft)
www.ftc.gov
Provides information on filing a complaint regarding identity theft, internet fraud, telemarketing scams, Do Not Call Registry, etc.

► **IMAGE CENTER OF MARYLAND**

410-982-6311
Information and referral, peer mentoring, independent living skills training, and educational transition program for individuals with disabilities.

► **LEGAL AID, INC.**

410-951-7750
Free civil legal services to the low income in Maryland.

► **MARYLAND ATTORNEY GENERAL'S OFFICE**

410-576-6300 (General)
Consumer Protection Division
410-528-8662

Investigates complaints regarding unfair and deceptive business practices and acts as mediator between consumers and merchants.

Health Advocacy Unit Hotline and Health Care Mediation
410-528-1840

Accepts complaints involving medical billing or reimbursement problems and provides the complaint history of health care providers.

Securities Division
410-576-6360

Accepts complaints and supplies information about financial planners/brokers.

► **MARYLAND COMMISSION ON CIVIL RIGHTS**

410-767-8600
Enforces Maryland anti-discrimination laws concerning employment, housing, public accommodations and commercial non-discrimination.

► **MARYLAND DEPARTMENT OF AGING**

410-767-1100
800-AGE-DIAL
www.aging.maryland.gov
In partnership with the Area Agencies on Aging (AAA), promotes an enhanced quality of life for a diverse population of older adults in Maryland.

► **MARYLAND DEPARTMENT OF HOUSING AND COMMUNITY DEVELOPMENT**

410-514-7000
Administers "Bridge to Hope" and other programs to assist in the prevention of mortgage foreclosures. Free counseling on housing issues.

► **MARYLAND DISABILITY LAW CENTER**

410-727-6352
www.mdclaw.org
Investigates allegations of abuse and/or neglect of individuals with disabilities.

► **MARYLAND HEALTH CARE COMMISSION**

410-764-3460
www.mhcc.state.md.us (Click On Consumers)
Reviews and compares nursing homes, assisted living facilities (ten or more beds), health plans, hospitals and prescription prices.

► **MARYLAND HOME IMPROVEMENT COMMISSION**

410-230-6309
www.dlir.state.md.us (Click On Occupational/Professional Licensing)
Verifies contractors' licenses and provides information about complaints filed against specific companies.

► **MARYLAND INSURANCE ADMINISTRATION**

410-468-2000
www.mdinsurance.state.md.us
Consumer information and complaints concerning accident, automobile, health, life, long-term care and property insurance as well as agent licensing requirements and insurance fraud.

► **MARYLAND MEDICAL ASSISTANCE BENEFICIARY SERVICES & PHARMACY ACCESS HOTLINE**

800-492-5231
Assists Medical Assistance recipients to select doctors, address coverage issues and answer questions about Medicare prescription drug coverage.





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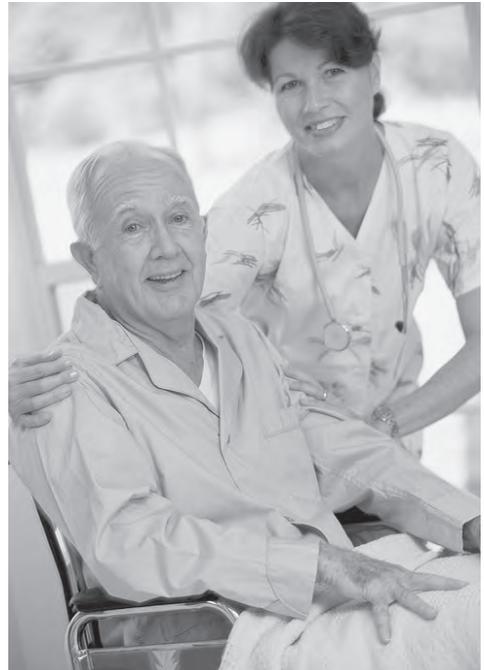
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Oak Crest: **1-800-428-6704**



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Oak Crest | Parkville

EricksonLiving.com

A - C

ADVOCACY SERVICES - CAREGIVERS SUPPORT/GRANDPARENT SUPPORT



► **MARYLAND OFFICE OF PEOPLE'S COUNSEL**
410-767-8150
Advocates on behalf of residential utility customers and can assist with dispute resolution.

► **MARYLAND OFFICE OF THE SECRETARY OF STATE, CHARITABLE ORGANIZATIONS DIVISION**
800-825-4510
Answers questions and takes complaints about charitable organizations.

► **MARYLAND STATE BOARD OF MORTICIANS AND FUNERAL DIRECTORS**
410-764-4792
Verifies and issues licenses and accepts complaints about funeral homes, funeral directors, crematoriums and morticians.

► **MAYOR'S COMMISSION ON DISABILITIES**
443-984-3170
Promotes equal rights opportunities for people with disabilities.

► **MAYOR'S OFFICE OF NEIGHBORHOOD AND CONSTITUENT SERVICES**
410-396-4735
Contributes to an improved quality of life for Baltimore City residents.

► **NATIONAL ALLIANCE ON MENTAL ILLNESS (NAMI), METROPOLITAN BALTIMORE, INC.**
410-435-2600
Sponsors self-help, support, education and advocacy groups for families and individuals coping with mental illness.

► **TAXPAYER ADVOCATE SERVICE**
410-962-2082
800-865-6198
Independent organization within the IRS to help taxpayers resolve problems.

► **U. S. DEPARTMENT OF HEALTH & HUMAN SERVICES, OFFICE OF THE INSPECTOR GENERAL**
800-447-8477 (Fraud/Abuse Hotline)
Handles fraud and abuse related to Medicare, Medicaid, mental health services, medical equipment/employee or contractor complaints, Social Security, food supplements and housing subsidy.

► **U. S. DEPARTMENT OF HOUSING AND URBAN DEVELOPMENT (HUD)**
410-962-2520
Provides information on public housing, HUD homes, rental assistance, homeless assistance, FHA loans, Fair Housing and foreclosure prevention.

► **U.S. DEPARTMENT OF VETERANS AFFAIRS**
800-827-1000
www.va.gov
Beneficiary information for veterans, their widows, widowers and children.

► **U.S. POSTAL INSPECTION SERVICE**
877-876-2455
800-372-8347
www.usps.com
Investigates crimes involving postal service, including mail fraud.

ANIMAL SERVICES

► **ANIMAL CONTROL PROGRAM BUREAU OF ENVIRONMENTAL HEALTH**
410-396-4688
Enforces City and State codes, rules and regulations; investigates animal neglect and cruelty cases.

► **BALTIMORE COUNTY DEPARTMENT OF HEALTH, DIVISION OF ANIMAL CONTROL**
410-887-5961
Issues violations, enforces laws, accepts animal cruelty calls. Free euthanizing (per criteria), rabies shots, microchipping, and licensing. Operates shelter for animal adoption.

► **BALTIMORE COUNTY DEPARTMENT OF PERMITS, APPROVALS AND INSPECTIONS, DIVISION OF MISCELLANEOUS PERMITS AND LICENSES, ANIMAL LICENSES**
410-887-3630
Available at full service libraries - \$2.00 convenience fee.

► **MARYLAND SPCA - KIBBLE CONNECTION**
410-235-8826, Ext. 107
Provides free pet food to the clients of Meals On Wheels.

► **SPAY/NEUTER ALL PETS (SNAP)**
410-885-5783 (County)
410-235-8826 (City)
Provides low cost certificates for spaying/neutering dogs and cats.

ASSISTIVE TECHNOLOGY

See also Hearing Resources, Loan Closet for Medical Equipment, Medical Alert Systems, Medical Equipment and Supplies and Vision Resources.

► **ASSISTIVE TECHNOLOGY GUARANTEED LOAN PROGRAM**
410-554-9230
800-832-4827
866-881-7488 (TTY)
Low interest loans for home modifications and assistive devices for persons with disabilities.

► **MARYLAND TECHNOLOGY ASSISTANCE PROGRAM**
800-832-4827
Information and referral resources for people with disabilities to live and work independently. Programs include temporary equipment borrowing, technology and telework loan programs.

► **V-LINC**
410-554-9134
Provides technological solutions and customized assistive technology for persons with disabilities.

CAREGIVERS SUPPORT/ GRANDPARENT SUPPORT

See also Disability Assistance, Home Health Services, Hotlines and Websites, Housing-Assisted Living, Medical Equipment and Supplies, Nursing Homes, Respite Services and Support Groups-Caregivers.

► **ALZHEIMER'S ASSOCIATION**
410-561-9099
800-272-3900
Educational resources and other services.

► **BALTIMORE CITY FAMILY CAREGIVER SUPPORT PROGRAM**
410-396-4932

C

CAREGIVERS/ GRANDPARENT SUPPORT – CLINICAL TRIALS

► BALTIMORE COUNTY DEPARTMENT OF AGING, CAREGIVERS PROGRAM

410-887-4724
Provides information and resources to caregivers of older adults. Publishes the *Caregiver Connection* newsletter, available free by US mail or e-mail. Offers free consultations with family caregivers.

► BALTIMORE COUNTY DEPARTMENT OF AGING, MARYLAND ACCESS POINT OF BALTIMORE COUNTY

410-887-2594
Information about services and benefits available to older adults, baby boomers, persons with disabilities, caregivers and professionals.

► CATHOLIC CHARITIES CHILD AND FAMILY SERVICES AT ST. RITA PARISH HOUSE, GRANDPARENT SERVICES AND SUPPORT GROUP

410-282-9430

► FAMILY TREE

410-576-2414
Sponsors self-help, support, education and advocacy groups for families and individuals coping with mental illness.

► NATIONAL ALLIANCE ON MENTAL ILLNESS (NAMI), METROPOLITAN BALTIMORE, INC.

410-435-2600
Sponsors self-help, support, education and advocacy groups for families and individuals coping with mental illness.

CASE MANAGEMENT

Assistance in helping adults and persons with special needs. See also Disability Assistance, Geriatric Assessment Services and Mental Health Services. For additional services/information call Maryland Access Point of Baltimore County at 410-887-2594 or the Baltimore City Health Department Office of Aging and CARE Services at Maryland Access Point at 410-396-2273.

► BALTIMORE COUNTY DEPARTMENT OF AGING, COMMUNITY OUTREACH SPECIALISTS

410-887-2594 (Intake/Referral)
Case management services for older adults including assistance with completing financial applications.

► BALTIMORE COUNTY DEPARTMENT OF HEALTH, ADULT EVALUATION AND REVIEW SERVICES

410-887-2754
In-home screening, assessment and case management services for individuals experiencing multiple health and social problems.

► BALTIMORE COUNTY DEPARTMENT OF SOCIAL SERVICES

410-853-3000, Press 2
Screening and case management for vulnerable adults (age 18 and over). Includes Adult Protective Services and Aging Services (age 65 and over).

► FAMILY & CHILDREN'S SERVICES OF CENTRAL MARYLAND, ELDER SERVICES DIVISION

410-366-1980

► FERRETTO ELDERCARE CONSULTING, INC.

Mary Faith Ferretto, LCSW-C, C-ASWCM
410-661-6720
www.ferrettoeldercare.com
1400 Front Avenue, Suite 200
Lutherville 21093
Excellence in geriatric assessments, eldercare coaching and care management services.

► JEWISH COMMUNITY SERVICES

410-466-9200

► NATIONAL ASSOCIATION OF PROFESSIONAL GERIATRIC CARE MANAGERS, MID-ATLANTIC CHAPTER

www.midatlanticgcm.org
Professional organization which sets standards for fee-for-service case managers.

CEMETERIES AND MEMORIAL PARKS

See also Funeral Resources.

► MARYLAND DEPARTMENT OF VETERANS AFFAIRS

410-260-3838
www.mdva.state.md.us
Administers Maryland Veterans Cemetery and Memorial

CLINICAL TRIALS

► PAREXEL CLINICAL RESEARCH

877-617-8839
www.baltimoretrials.com
Harbor Hospital
3001 South Hanover Street
Baltimore 21225
Clinical trials for healthy seniors - diabetes, psoriasis and Alzheimer's, Parkinson's and multiple sclerosis.



Make A Difference By Supporting The Fund For Needy Seniors!

The *Fund For Needy Seniors* provides Baltimore County seniors with one-time emergency assistance for electric turn-offs, medications and more. You can help support the Fund by making a donation in honor of a loved one, relative, friend or colleague.

Donations may be made in any amount. Contributions over \$25 will be acknowledged in the Senior Expo program guide. All donors will receive a letter along with the individual and family being honored. Contributions are tax deductible.

Please make your check payable to the Baltimore County Department of Aging. Payment should be mailed to:

Baltimore County Department of Aging
ATTN: Fund for Needy Seniors
611 Central Avenue, Room 304, Towson, MD 21204

To learn more about the Fund For Needy Seniors, please call **410-887-2002**.

D

DENTAL SERVICES

DENTAL SERVICES

For additional services/information call Maryland Access Point of Baltimore County at 410-887-2594 or the Baltimore City Health Department Office of Aging and CARE Services at Maryland Access Point at 410-396-2273.

► BALTIMORE CITY COMMUNITY COLLEGE, DEPARTMENT OF DENTAL HYGIENE

410-462-7712
2901 Liberty Heights Avenue
Baltimore 21215
Preventive visits and set pricing for adults and children. Spanish interpreter.

► BALTIMORE CITY HEALTH DEPARTMENT

Eastern Clinic
443-984-3548
620 N. Caroline Street
Baltimore 21205
Preventive care from ages 3 and older; ages 7 and older for dental problems. Adults treated for emergencies only. MA accepted. Baltimore City residency only.

► BALTIMORE CITY HEALTH DEPARTMENT, ORAL HEALTH CLINIC

410-396-0840

► BALTIMORE COUNTY DENTISTRY

410-887-2781 (Appointments)
Eastern Family Resource Center Dental Clinic
9100 Franklin Square Drive
Rosedale 21237
Liberty Family Resource Center Dental Clinic
3525 Resource Drive
Randallstown 21133
Call for appointments for the Dental Access Program and dental clinics.

► BALTIMORE MEDICAL SYSTEMS

Belair-Edison Family Center
410-558-4800
3120 Erdman Avenue
Baltimore 21213
Federally qualified health center.

► CHASE BREXTON HEALTH SERVICES

410-837-2050, Ext. 2602
10 W. Eager Street
Baltimore 21201
Preventive and dental problems. MA accepted; sliding scale. Baltimore City and County residents.

► CHERRY HILL FAMILY HEALTH CENTER

410-354-2000, Ext. 11296
631 Cherry Hill Road
Baltimore 21225
Preventive and dental problems from 2 years old to adults. Spanish interpreter.

► DENTAL HYGIENE CLINIC-CCBC

443-840-3495 (Dundalk Campus)
Students provide low-cost basic dental hygiene services under close supervision from clinical faculty.

► ESPERANZA CENTER

410-522-8668
430 S. Broadway
Baltimore 21231
Primary dental care for children and adults of immigrant clients.

► GIVING RETIRED ADULTS MIGHTY SMILES INITIATIVE (GRAMS)

Eastern Dental Clinic
443-984-3548
Affordable basic dental care for uninsured low income persons 55 years and older. Baltimore City residency required.

► HEALTH CARE FOR THE HOMELESS

410-837-5533
421 Fallsway
Baltimore 21202
Free to persons who are homeless.

► JAI MEDICAL SYSTEMS

410-433-2200
5010 York Road
Baltimore 21212
410-327-5100
1235 E. Monument Street
Baltimore 21202

► JOHNS HOPKINS EAST BALTIMORE MEDICAL CENTER

410-522-9800
100 E. Eager Street
Baltimore 21202
Preventative and dental problems from ages 3 to adults. MA accepted.

► MARYLAND FOUNDATION OF DENTISTRY FOR THE HANDICAPPED, DONATED DENTAL SERVICES

410-964-1944
Dental care for Maryland residents with disabilities; income requirements.

► PARK WEST MEDICAL CENTER

410-542-7800
3319 W. Belvedere Avenue
Baltimore 21215
Preventive and dental problems from ages 2 to adults. MA accepted; sliding scale.

► PEOPLE'S COMMUNITY HEALTH CENTER

410-467-6040
3028 Greenmount Avenue
Baltimore 21218
Preventive and dental problems from ages 3 to adults. MA accepted; sliding scale.



► TOTAL HEALTH CARE

410-383-8300
1501 Division Street
Baltimore 21217
Preventive and dental problems from ages 3 to adults. MA accepted; emergencies treated.

► UNIVERSITY OF MARYLAND REHABILITATION & ORTHOPEDIC INSTITUTE, DENTAL DEPARTMENT

410-448-6290
2200 Kernan Drive
Baltimore 21207
Must be referred by a doctor or dentist. All ages by appointment only. MA and private insurance accepted. Spanish interpreter.

► UNIVERSITY OF MARYLAND, SCHOOL OF DENTISTRY

410-706-7063
Discounted dental services performed by dental students under supervision of licensed dentists.

IN-HOME DENTAL SERVICES

For information about in-home dentistry, call Maryland Access Point of Baltimore County at 410-887-2594 or the Baltimore City Health Department Office of Aging and CARE Services at Maryland Access Point at 410-396-2273.

D

DISABILITY ASSISTANCE

DISABILITY ASSISTANCE

For additional services/information call Maryland Access Point of Baltimore County at 410-887-2594 or the Baltimore City Health Department Office of Aging and CARE Services at Maryland Access Point at 410-396-2273. See also Adult Day Care-Specialized Services, Assistive Technology, Case Management, Employment, Geriatric Assessment Services, Hearing Resources, Loan Closet for Medical Equipment, Medical Equipment and Supplies, Mental Health Services, Personal Needs, Transportation Services and Vision Resources.

DEVELOPMENTAL DISABILITIES

The Maryland Developmental Disabilities Administration (DDA) provides funding for multiple agencies which serve the needs of persons with developmental disabilities. These agencies provide a wide range of services, including residential, day services and family support services.

In order to receive funding from the DDA, it is imperative than an individual goes through the application process. The first step in that process is calling the DDA Regional Office to request an application. 410-234-8200 877-874-2494 (Toll Free) 800-735-2258 (TTY) The application can also be downloaded from DDA's website at www.dda.dhmh.maryland.gov/sitepages/apply.aspx. Once the application is received by the DDA Regional Office, the DDA will assign a representative to conduct a personal interview with the applicant.

► **ARC OF BALTIMORE**
410-296-2272
Provides employment, counseling, recreation, housing, vocational and foster care for persons with developmental disabilities.

► **BALTIMORE CITY DEPARTMENT OF SOCIAL SERVICES TEMPORARY DISABILITY ASSISTANCE PROGRAM (TDAP)**
443-423-6300

► **COORDINATING CENTER, THE**
410-987-1048
301-621-7830
Coordinates services for persons with disabilities to enable them to be as independent as possible.

► **MARYLAND DEVELOPMENTAL DISABILITIES ADMINISTRATION, REGIONAL OFFICE**
410-234-8200
877-874-2494
800-735-2258 (TTY)
www.ddamaryland.org

OTHER DISABILITY RESOURCES

► **ALLIANCE, INC., THE**
410-282-5900
410-675-4704 (Broadway Branch)
Provides a variety of services to residents with psychiatric, developmental and other disabilities.

► **BALTIMORE COUNTY COMMISSION ON DISABILITIES**
410-887-3580
Initiates recommendations and reviews legislation which impacts individuals with disabilities.

► **CARING COMMUNITIES, INC.**
410-549-5707 (Office)
866-CARING-4 (Toll Free)
Offers disability-related training, education, publications and events.

► **CHIMES, THE**
410-358-6400

► **DIVISION OF REHABILITATION SERVICES**
410-554-9442

► **FAMILY NET WORKS**
410-767-3670
Comprehensive online resource for disability-related information.

► **FOUNDATIONS**
410-789-7772
410-269-3250
www.foundationsgroup.net
1025 W. Nursery Road, Suite 112
Linthicum 21090
Medical day care/psychiatric rehabilitation services for over ten years.

► **HEARING AND SPEECH AGENCY, THE**
410-318-6780

► **HUMANIM, INC.**
866-349-1633
Offers workforce development, mental health, neuro-rehabilitation, developmental disabilities and deaf services for individuals of all ages.

► **IMAGE CENTER OF MARYLAND**
410-982-6311
Information and referral, peer mentoring, independent living skills training, and educational transition program for individuals with disabilities.



► **LEAGUE FOR PEOPLE WITH DISABILITIES, INC.**
410-323-0500
www.leagueforpeople.org
Vocational training, employment and recreational activities for persons with disabilities.

► **MARYLAND DISABILITY LAW CENTER**
410-727-6352, Ext. 0 (Intake Specialist)
410-235-5387 (TTY)
www.mdclaw.org
Advocates for persons with disabilities. Investigates allegations of abuse and/or neglect.

► **MARYLAND MOTOR VEHICLE ADMINISTRATION**
www.mva.maryland.gov
Automated Information
410-768-7000
Handicapped Plates/Mirror Tags
410-787-2958
Handicapped Signs For The Front Of The Home
410-768-7646
Registration Renewal By Touch-Tone Phone
888-834-7344
800-492-4575 (TTY)

► **MARYLAND PUBLIC MENTAL HEALTH SYSTEM**
800-888-1965
Provides names and numbers of mental health providers who accept Medical Assistance.

► **MARYLAND STATE DEPARTMENT OF EDUCATION, DIVISION OF REHAB SERVICES**
410-554-9208

D - E DISABILITY ASSISTANCE



► MARYLAND TECHNOLOGY ASSISTANCE PROGRAM

800-832-4827
Provides information and referral for individuals with disabilities to support independence.

► MAYOR'S COMMISSION ON DISABILITY

443-984-3170

► NATIONAL REHABILITATION INFORMATION CENTER

800-346-2742
Information and referral service to assist persons with disabilities.

► SNYDER CENTER FOR APHASIA LIFE ENHANCEMENT (SCALE)

410-323-1777

► UNITED COMMUNITY CONNECTIONS

410-484-4540
800-451-2452(Toll Free)
For adults with intellectual or developmental disabilities.

► WWW.DISABILITY.GOV

Resource information on benefits, employment, education, health, housing, civil rights, etc.

DRIVING/DRIVING REHABILITATION

See also Transportation Services.

► AARP DRIVER SAFETY

410-895-7604
410-895-7602
www.aarp.org/drive
A driver safety training program that may reduce your auto insurance by 10 percent.

► GOOD SAMARITAN ADAPTIVE DRIVING PROGRAM

443-444-4601 (Outpatient Rehabilitation)
Driver assessment and training. Physician prescription usually required.

► SINAI REHABILITATION CENTER, DRIVE FOR INDEPENDENCE

410-601-5830
Driver assessment and training. Physician prescription is not required.

► ST. AGNES DRIVER HABILITATION PROGRAM

410-368-2800

► UNIVERSITY OF MARYLAND - ST. JOSEPH MEDICAL CENTER SAFE DRIVER ASSESSMENT PROGRAM

410-337-1412
Driver assessment and training. Physician prescription usually required.

ACCESSIBLE CARS/VANS (FUNDING RESOURCES)

► IMAGE CENTER

410-982-6311

► MARYLAND TECHNOLOGY ASSISTANCE PROGRAM

800-832-4827

EDUCATION

► COMMUNITY COLLEGE OF BALTIMORE COUNTY (CCBC)

443-840-4099
Campuses at Catonsville, Essex and Dundalk with satellite locations in Hunt Valley and Owings Mills.

► COMMUNITY COLLEGE OF BALTIMORE COUNTY (CCBC), SENIOR INSTITUTE

443-840-1685
www.ccbcmd.edu
Classes held at locations throughout the county.

► JEWISH COMMUNITY CENTER OF GREATER BALTIMORE

410-542-4900, Press 2
Trips, classes, holiday programs and community-wide events.

► OSHER LIFELONG LEARNING INSTITUTE AT JOHNS HOPKINS UNIVERSITY

410-516-9719
Stimulating learning experiences for semi-retired and retired individuals.

► OSHER LIFELONG LEARNING INSTITUTE AT TOWSON UNIVERSITY

410-704-3535
Offering older adults daytime courses, special lectures, day trips and social events.

► UNIVERSITY OF MARYLAND, BALTIMORE COUNTY (UMBC)

410-455-1000

► UNIVERSITY OF MARYLAND BALTIMORE, GERONTOLOGY PROGRAMS

410-706-4327

OTHER EDUCATION PROGRAMS

Classes in reading, writing, math, English as a Second Language (ESL), and GED® Preparation.

► BALTIMORE CITY COMMUNITY COLLEGE ADULT BASIC EDUCATION PROGRAM

410-986-5444

► BALTIMORE READS

410-752-3595

► GREATER HOMEWOOD COMMUNITY CORPORATION ADULT LEARNING CENTER

410-261-3524

► LEARNING IS FOR TOMORROW (LIFT)

410-522-1705

► SOUTH BALTIMORE LEARNING CENTER

410-625-4215



E

EMERGENCY PREPAREDNESS - EMPLOYMENT

EMERGENCY PREPAREDNESS

► **AMERICAN RED CROSS
GREATER CHESAPEAKE
AND POTOMAC BLOOD
REGION**
410-624-2000
www.redcross-cmd.org

► **BALTIMORE COUNTY
OFFICE OF HOMELAND
SECURITY AND
EMERGENCY
MANAGEMENT**
410-887-5996
www.baltimorecountymd.gov
Coordination of a
comprehensive emergency
management program for
Baltimore County.

► **GOVERNOR'S OFFICE
ON COMMUNITY
INITIATIVES, SERVICE AND
VOLUNTEERISM (GOSV)**
410-767-1216
www.gosv.state.md.us
Volunteer training programs,
outreach, interagency and
donations management
coordination.

► **HUMANE SOCIETY OF
THE UNITED STATES**
301-258-3103
www.hsus.org
Promotes preparedness
education, community
planning, response training
and field rescue response for
animals.

► **MARYLAND
DEPARTMENT OF
DISABILITIES**
410-767-3660
Prepares persons with
disabilities for natural or man-
made disasters or emergencies.

► **MARYLAND
EMERGENCY
MANAGEMENT AGENCY
(MEMA)**
877-MEMA-USA
www.mema.maryland.gov
Coordinates the State response
to any major emergency or
disaster.

► **MAYOR'S OFFICE OF
EMERGENCY
MANAGEMENT**
410-396-6188

► **UNITED STATES COAST
GUARD AUXILIARY,
AMERICA'S WATERWAY
WATCH**
www.americaswaterwaywatch.org
Investigates reports of
suspicious waterway activities.

EMPLOYMENT

► **ALLIANCE, INC., THE**
410-282-5900
Vocational rehabilitation
services for persons with
disabilities.

► **BALTIMORE CITY
HEALTH DEPARTMENT,
OFFICE OF HUMAN
RESOURCES**
410-396-1420

► **BALTIMORE COUNTY
DEPARTMENT OF AGING,
SENIOR COMMUNITY
SERVICE EMPLOYMENT
PROGRAM (SCSEP)**
410-887-4006
Employment, training and
skill development in public
and non-profit agencies, 20
hours per week, for low-income
individuals age 55 and over.

► **BALTIMORE COUNTY
OFFICE OF HUMAN
RESOURCES**
410-887-3135
Employment opportunities with
Baltimore County government.

► **BALTIMORE COUNTY
DEPARTMENT OF
ECONOMIC DEVELOPMENT**
410-887-8000

► **BALTIMORE WORKS
ONE-STOP CAREER
CENTER**
410-767-2148

► **COMMUNITY
CONNECTIONS ENOCH
PRATT FREE LIBRARY**
410-396-6588

► **EASTSIDE ONE-STOP
CAREER CENTER**
410-396-9030

► **LEAGUE FOR PEOPLE
WITH DISABILITIES, INC.**
410-323-0500
Employment services for
persons with disabilities.

► **MARYLAND
DEPARTMENT OF
EDUCATION, DIVISION OF
REHABILITATION
SERVICES (DORS)**
Administrative Office
410-554-9385
Catonsville Office
410-744-8460
**Eastern Baltimore County
Office**
410-554-3320
Towson Office
410-321-4044
443-275-9444
Services and programs for
eligible individuals who have a
disability.

► **MAYOR'S OFFICE OF
EMPLOYMENT
DEVELOPMENT**
410-396-6392

► **PAREXEL CLINICAL
RESEARCH**
877-617-8839
www.baltimoretrials.com
Harbor Hospital
3001 South Hanover Street
Baltimore 21225
Clinical trials for healthy seniors
- diabetes, psoriasis and
Alzheimer's, Parkinson's and
multiple sclerosis.

► **RE-ENTRY CENTER @
NORTHWEST ONE-STOP
CAREER CENTER, THE
MONDAWMIN MALL**
410-523-1060



► **SENIOR COMMUNITY
EMPLOYMENT
PROGRAMS:
CATHOLIC CHARITIES**
410-261-6767

► **SENIOR COMMUNITY
SERVICE EMPLOYMENT
PROGRAM, FAMILY &
CHILDREN SERVICES OF
CENTRAL MARYLAND**
410-366-1980
Call to schedule an
appointment for interview.

► **SOCIAL SECURITY
ADMINISTRATION, TICKET
TO WORK PROGRAM**
866-968-7842
866-833-2967 (TTY)
www.choosework.net
An employment program for
persons with disabilities.

► **STATE OF MARYLAND
DEPARTMENT OF LABOR,
LICENSING AND
REGULATION, DIVISION
OF EMPLOYMENT AND
TRAINING**
**Office of Workforce
Development**
410-767-2173
**Unemployment Insurance
(Claimant Information)**
410-949-0022

FINANCIAL ASSISTANCE

*See Financial Eligibility Guidelines. Please refer to Index for page location. See also Home Repairs, Modifications and Assistance.

► ACCESSIBLE HOMES FOR SENIORS*

410-887-2594 (Maryland Access Point of Baltimore County)
410-396-2273 (Baltimore City Health Department Office of Aging and CARE Services at Maryland Access Point)
www.mdhousing.org
Interest-free, 30 year loans for individuals 55 and older who meet income requirements. Loans for housing accessibility modifications.

► ASSISTANCE CENTER OF TOWSON CHURCHES

410-296-4855
Serves northern Baltimore County and City with food, utility turn-off and eviction assistance.

► BALTIMORE CITY DEPARTMENT OF SOCIAL SERVICES, MEDICAL ASSISTANCE

443-423-6400 (Northeast Regional Office)

► BALTIMORE CITY HEALTH DEPARTMENT OFFICE OF AGING AND CARE SERVICES AT MARYLAND ACCESS POINT

410-396-2273
www.marylandaccesspoint.info
Provides application and benefit enrollment assistance.



► BALTIMORE CITY HOMEOWNERSHIP PROGRAM

410-396-4151

► BALTIMORE COUNTY DEPARTMENT OF AGING, MARYLAND ACCESS POINT OF BALTIMORE COUNTY

410-887-2594
www.baltimorecountymd.gov
aginginfo@baltimorecountymd.gov
Information regarding financial benefits and assistance with completing applications.

► BALTIMORE COUNTY DEPARTMENT OF SOCIAL SERVICES, DISTRICT OFFICES

Catonsville
410-853-3450
746 Frederick Road
Catonsville 21228
Dundalk
410-853-3400
1400 Merritt Boulevard, Suite C
Dundalk 21222
Essex
410-853-3800
439 Eastern Avenue
Essex 21221
Reisterstown
410-853-3010
130 Chartley Drive
Reisterstown 21136
Towson
410-853-3340
Drumcastle Government Center
6401 York Road
Baltimore 21212

► BALTIMORE COUNTY DEPARTMENT OF SOCIAL SERVICES, MEDICAL ASSISTANCE*

410-853-3000, Press 1, Then Press 4
Assists clients to pay certain medical and pharmaceutical bills when eligibility requirements are met.

► BENEFITSCHECK UP

www.benefitscheckup.org
A web-based service to help determine if individuals qualify for specific programs and benefits, including prescriptions and healthcare.

► CATONSVILLE EMERGENCY FOOD MINISTRIES

410-747-4357
Food and utility assistance; emergency pharmacy; eviction prevention for people from the Catonsville area.

► COMMUNITY ASSISTANCE NETWORK

410-285-4674
Assistance with utility turn-off, eviction, food, employment, training, fuel fund, prescriptions, weatherization and outreach.

► CRIMINAL INJURY COMPENSATION BOARD

410-585-3010
www.dpscs.state.md.us
Offers financial compensation for innocent victims of crimes.

► EARNBENEFITS

410-261-5824 (Appointment Required)
Counselor screens applicants to identify eligibility for benefits.

► ELECTRIC UNIVERSAL SERVICES PROGRAM (EUSP)*

410-853-3385 (County)
410-396-5555 (City)
Assistance with electricity costs for income eligible persons.

► HEALTHCARE ACCESS MARYLAND

410-649-0500
Agency charged with helping residents in Baltimore City and County to learn about and apply for health insurance under the Affordable Care Act. Partners with other organizations to provide outreach, education, and enrollment assistance.

► HOME AND COMMUNITY BASED OPTIONS WAIVER

866-417-3480
Enables individuals 18 and older, who are financially eligible and meet Medicaid's long-term care admission criteria to remain in a community setting. Provides supports planning, personal care, medical day care, nurse monitoring, assisted living, home delivered meals, assistive devices, environmental assessment and more.

► HOMEOWNER'S TAX CREDIT

410-767-4433, Press 1
Credit on property tax based on gross household income. Persons age 70 and older may apply for previous 3 years.

► LIBERTY ASSISTANCE CENTER

410-887-0600
Food pantry, help with BGE, eviction prevention, prescriptions.

► MARYLAND DEPARTMENT OF HUMAN RESOURCES, SERVICE ACCESS AND INFORMATION LINK (SAIL)

800-332-6347
www.marylandsail.org
A web-based screening/application tool that allows applicants to apply, renew, update, or learn about SNAP (Food Supplements), Medical Assistance, MA Long Term Care, MEAP and EUSP.

► MARYLAND ENERGY ASSISTANCE PROGRAM (MEAP)*

410-853-3385 (County)
410-396-5555 (City)
Assists in payment of heating costs for income eligible persons.

F

FINANCIAL ASSISTANCE - FINANCIAL COUNSELING

► MARYLAND HEALTH CONNECTION

855-642-8572
855-642-8573 (TTY)
www.marylandhealthconnection.gov

Marketplace in Maryland to compare health insurance options and enroll in a plan under the Affordable Care Act. Applications online, by phone, by mail or in person.

► MARYLAND HEALTH INSURANCE PLAN (MHIP)

443-725-1010
Former state health insurance program for people unable to obtain health insurance. All MHIP programs end by June 30, 2014. New programs available through Maryland Health Connection. See Maryland Health Connection.

► MD BENEFITS CENTER

855-444-4998
Free service for low income Maryland residents to access benefits.

► MEDBANK

410-821-9262
Provides access to medications for patients who are uninsured or underinsured and meet financial guidelines.

► PROPERTY TAX HARDSHIP INSTALLMENT PAYMENT PROGRAM

410-887-2404 (County)
Assistance to property owners experiencing temporary financial hardship.

► QUALIFIED MEDICARE BENEFICIARY PROGRAM (QMB)*

410-887-2594 (County)
410-396-2273 (City)
Pays the premium, deductibles and coinsurance payments for financially eligible individuals who receive Medicare.

► RENTER'S TAX CREDIT

410-767-4433, Press 2
A tax credit for renters when rent exceeds a fixed percentage of gross income.

► SALVATION ARMY OF THE GREATER BALTIMORE AREA

410-783-2920, Press 2
Assists with BGE turn-offs, evictions, food and clothing. Based on needs and availability of funds.

► SENIOR PRESCRIPTION DRUG ASSISTANCE PROGRAM (SPDAP)*

800-551-5995
www.marylandspdap.com
Income eligible MD residents enrolled in certain Medicare prescription drug plans may receive assistance with monthly premiums and the doughnut hole coverage gap.

► SNAP (FORMERLY FOOD STAMPS PROGRAM)*

Baltimore County Department of Social Services
410-853-3000, Press 1, Then Press 4
Baltimore City Department of Social Services
443-423-4445
Eligible clients allotted subsidy for food based on income and household size.

► SOCIAL SECURITY ADMINISTRATION

800-772-1213
www.socialsecurity.gov

► SOCIAL SECURITY ADMINISTRATION, SUPPLEMENTAL SECURITY INCOME (SSI)*

800-772-1213
Provides income for individuals age 65 and older, blind or disabled who are low income.

► SOUTHWEST EMERGENCY SERVICES

410-247-8154
Food pantry, help with BGE, eviction prevention and clothing (for residents of 21227).

► SPECIFIED LOW-INCOME MEDICARE BENEFICIARY (SLMB)*

410-887-2594 (County)
410-396-2273 (City)
Pays the Medicare Part B premium for individuals whose income is slightly above QMB criteria.

► UNITED CHURCHES ASSISTANCE NETWORK

410-628-2102
Food pantry for homeless, eviction prevention, help with BGE, prescriptions and referrals (for residents of northern Baltimore County).

FINANCIAL COUNSELING

See also Reverse Mortgages and Housing; Other Housing Options.

► CONSUMER CREDIT COUNSELING SERVICE OF MARYLAND AND DELAWARE

410-747-6803 (Appointments/Information)
Reviews financial situations and credit problems; plans budget and assists with contacting creditors to develop a payment plan. Housing counseling available.

► HEALTHCARE ACCESS MARYLAND

410-649-0500
Agency charged with helping residents in Baltimore City and County to learn about and apply for health insurance under the Affordable Care Act. Partners with other organizations to provide outreach, education, and enrollment assistance.

► INTERNAL REVENUE SERVICE (IRS)

800-829-1040
Federal tax information.

► SOCIAL SECURITY ADMINISTRATION

800-772-1213
Administers Social Security programs for retirees, survivors, the blind or persons with disabilities. Administers Medicare enrollment.

► STATE HEALTH INSURANCE ASSISTANCE PROGRAM (SHIP)

410-887-2059 (County)
410-396-2273 (City)
Counseling on health insurance, Medicare, Medicare Prescription Drug Programs, Medigap, Medicare Advantage plans and long-term care insurance. Advocates on behalf of beneficiaries. Speakers available.



F

FINANCIAL COUNSELING - FITNESS CENTERS

► SOCIAL SECURITY OFFICES

Belair-Edison Crossing
866-336-9653
2401 Belair Road, #106
Baltimore, 21213

Downtown
866-931-0155
1010 Park Avenue
Baltimore, 21201

Randallstown/Owings Mills
866-681-1412
5 Park Center Court, Suite 100
Owings Mills 21117

Reisterstown
866-708-3210
6722 Reisterstown Road
Baltimore 21215

Rossville
866-348-5818
6820 Hospital Drive, Suite 100
Baltimore 21237

Rotunda
866-838-7074
711 West 40th Street,
Suite 415
Baltimore 21211

Towson
866-667-7698
28 Allegheny Avenue, 4th Floor
Towson 21204

West
877-840-7695
3431 Benson Avenue, Suite C
Baltimore 21227

► TAX COUNSELING FOR THE ELDERLY

410-887-2594 (County)
410-396-2273 (City)
Joint program of AARP and IRS. Offers free tax assistance to older adults at local senior centers during tax season.

► VETERANS HELPLINE

410-230-4500 (Baltimore Regional Office)
800-827-1000
Counsels veterans on available services.

FINANCIAL RESOURCES

► BALTIMORE COUNTY EMPLOYEES FEDERAL CREDIT UNION

410-828-4730
800-234-4730
www.bcefcu.com
23 W. Susquehanna Avenue
Towson 21204
The financial institution for Baltimore County Government employees and volunteers.

REVERSE MORTGAGES

► BALTIMORE CITY OFFICE OF AGING AND CARE SERVICES MARYLAND ACCESS POINT

410-396-2273
To obtain counseling resources.

► GREAT OAK LENDING PARTNERS

888-967-3837
www.greatoaklending.com
1920 Greenspring Drive,
Suite 160
Timonium 21093
A solid foundation for home financing.
NMLS# 36659

► NET EQUITY FINANCIAL, INC.

Bill Peterson
443-725-3543
www.netequitymtg.com
4940 Campbell Boulevard,
Suite 210
Nottingham 21236
A family-oriented, trustworthy,
SeniorChecked® financial
organization here for you.

FITNESS CENTERS, BALTIMORE COUNTY

BALTIMORE COUNTY

See also Senior Centers and Recreation And Leisure Activities.

FITNESS CENTERS, with state-of-the-art cardio and strength training equipment, are conveniently located at thirteen senior centers in Baltimore County. Participants must be senior center members. Membership dues are \$100/year to use all 13 fitness centers, or \$60/year to use the five smaller fitness studios (indicated with an asterisk *). Personal trainers available for a fee.

► ARBUTUS SENIOR CENTER*

410-887-1410
www.baltimorecountymd.gov/arbutus
855A Sulphur Spring Road
Baltimore 21227

► ATEAZE SENIOR CENTER

410-887-7233
www.baltimorecountymd.gov/ateaze
7401 Holabird Avenue
Dundalk 21222

► BYKOTA SENIOR CENTER

410-887-3094
www.baltimorecountymd.gov/bykota
611 Central Avenue
Towson 21204

► CATONSVILLE SENIOR CENTER

410-887-0900
www.baltimorecountymd.gov/catonsville
501 North Rolling Road
Catonsville 21228

► COCKEYSVILLE SENIOR CENTER

410-887-7694
www.baltimorecountymd.gov/cockeyville
10535 York Road
Cockeysville 21030

► EDGEMERE SENIOR CENTER*

410-887-7530
www.baltimorecountymd.gov/edgemere
6600 North Point Road
Baltimore 21219

► ESSEX SENIOR CENTER*

410-887-0267
www.baltimorecountymd.gov/essex
600 Dorsey Avenue
Essex 21221

► JACKSONVILLE SENIOR CENTER*

410-887-8208
www.baltimorecountymd.gov/jacksonville
3605A Sweet Air Road
Phoenix 21131

► LIBERTY SENIOR CENTER

410-887-0780
www.baltimorecountymd.gov/liberty
3525 Resource Drive
Randallstown 21133

► PARKVILLE SENIOR CENTER

410-887-5338
www.baltimorecountymd.gov/parkville
8601 Harford Road
Baltimore 21234

► PIKESVILLE SENIOR CENTER

410-887-1245
www.baltimorecountymd.gov/pikesville
1301 Reisterstown Road
Baltimore 21208

► REISTERSTOWN SENIOR CENTER*

410-887-1143
www.baltimorecountymd.gov/reisterstown
12035 Reisterstown Road
Reisterstown 21136



F - H

FITNESS CENTERS - HEALTH CLINICS



► SEVEN OAKS SENIOR CENTER

410-887-5192

www.baltimorecountymd.gov/sevenoaks
9210 Seven Courts Drive
Baltimore 21236

BALTIMORE CITY

See Also Senior Centers

► WEINBERG FOUNDATION FITNESS CENTER, EDWARD A. MYERBERG CENTER

410-358-6856
3101 Fallstaff Road
Baltimore 21209

FUNERAL RESOURCES

See also Cemeteries and Memorial Parks.

► CREMATION AND FUNERAL ALTERNATIVES

410-321-1005
www.cafa.com
8717 Green Pastures Drive
Baltimore 21286
Discount alternative funeral home offering cremations, burials and personalized ceremonies.

► SOCIAL SECURITY ADMINISTRATION

800-772-1213
May provide a death benefit of \$255.

► VETERANS AFFAIRS, DEPT. OF

800-827-1000
Assistance with burial expenses to eligible veterans. Referrals to national cemeteries.

GERIATRIC ASSESSMENT SERVICES

Evaluation of physical, mental and social factors affecting an older adult's lifestyle. Evaluations are done by professionals in the field of geriatrics, who develop a plan for future care of the patient. Medicare may cover part of the cost. See also Case Management.

► DEPARTMENT OF HEALTH, ADULT EVALUATION AND REVIEW SERVICES

410-887-2754 (County)
410-396-6006 (City)
In-home screening, assessment and case management services to individuals experiencing multiple health and social problems.

► JOHNS HOPKINS MEMORY AND ALZHEIMER'S TREATMENT CENTER

410-550-6337

► UNIVERSITY OF MARYLAND MEDICAL CENTER, GERIATRIC PSYCHIATRY

410-328-8415

HEALTH CLINICS

See also Baltimore County Government Services/ Department of Health-Public Health Centers and Disability Assistance, Baltimore City Health Department and Mental Health Services.

► BALTIMORE CITY HEALTH DEPARTMENT

410-396-4938

► BALTIMORE MEDICAL SYSTEMS

Annapolis Road
410-789-8399

Middlesex
410-558-4700
Sinclair Lane
410-732-8800

St. Agnes Center
443-703-3200

Medical and psychiatric services. Sliding scale for uninsured; eligibility requirements.

► CHASE BREXTON HEALTH SERVICES

Randallstown
410-496-6441

Mt. Vernon Center
410-837-2050

Medical, mental health and dental services. Sliding scale for uninsured.

► COPPIN STATE UNIVERSITY

410-951-4188

► FAMILY HEALTH CENTER OF BALTIMORE

410-354-2000

► HARBOR FAMILY CENTER

410-350-3200

► HEALTH CARE FOR THE HOMELESS

443-777-2300 (County)
410-837-5533 (City)

Free non-emergency medical and health services for homeless individuals.

► JOHNS HOPKINS BAYVIEW CHILDREN'S MEDICAL PRACTICE

410-550-0100

► JOHNS HOPKINS COMMUNITY PHYSICIANS Canton Crossing Health Center

410-522-9940

East Baltimore Medical Center
410-522-9800

Greater Dundalk
410-288-4800

Green Spring Station

410-847-3535

White Marsh
443-442-2300

Medical services and some specialty care for adults. Sliding scale for uninsured.

► LOYOLA CLINICAL CENTERS

Belvedere Square
410-617-1200

Provides a broad range of audiology, education, psychological, speech and language services.

► PARK WEST HEALTH SYSTEM

410-542-7800

► PEOPLE'S COMMUNITY HEALTH CENTER

410-467-6040

► SHEPHERD'S CLINIC

410-467-7140

► TOTAL HEALTH CARE

410-383-8300



Baltimore City Health Department Office of Aging & CARE Services **TAXICARD® PROGRAM**



TaxiCard is a transportation program that provides a monthly subsidy to eligible **Baltimore City residents age 60 and older and**

individuals with disability under the age of 60 with a completed medical form.

What is the Cost? Participant cost is based upon income. Low (L) income under \$900.00 per month or Moderate (M) income over \$900.00 per month.

Payment Code "L"			Payment Code "M"		
Your Monthly Payment	+ CARE TaxiCard Subsidy	= Total Money added to your CARE TaxiCard	Your Monthly Payment	+ CARE TaxiCard Subsidy	= Total Money added to your CARE TaxiCard
\$6.00	\$19.00	\$25.00	\$12.00	\$13.00	\$25.00
\$12.00	\$38.00	\$50.00	\$24.00	\$26.00	\$50.00

How Do I Register?

Call TaxiCard Customer Service Monday-Friday from 8am to 5pm at **410-664-1123** or visit our website www.caretaxicard.com

Participating Cab Companies:

A.A. County Cab Connection Checker Cab of AA County Diamond Cab Valley Cab
Arrow Cab County Cab Jimmy's Cab Yellow-Checker Cab

TaxiCard can be used with participating taxicab companies for fare payment 24 hours per day, 7 days per week.



MARYLAND ACCESS POINT
YOUR LINK TO HEALTH & SUPPORT SERVICES

www.marylandaccesspoint.info

TAXICARD PROGRAM, 1501 Sulgrave Avenue, Suite 200 • Baltimore, MD 21209

H

HEARING RESOURCES - HOME AND COMMUNITY BASED SERVICES WAIVERS

HEARING RESOURCES

See also Assistive Technology and Disability Assistance.

▶ A&A HEARING GROUP

410-321-7960
888-HEAR-505 (432-7505)
www.aahearinggroup.com
1813 B York Road
Timonium 21093
Providing hearing healthcare to meet your individual needs.

▶ AT&T NATIONAL CENTER FOR CUSTOMERS WITH DISABILITIES

866-241-6568, Press 2

▶ AUDIENT ALLIANCE FOR ACCESSIBLE HEARING CARE PROGRAM

866-956-5400, Press 1
Hearing care for financially eligible.

▶ BALTIMORE COUNTY DEPARTMENT OF HEALTH, SPEECH, LANGUAGE AND AUDIOLOGY SERVICES

Eastern Family Resource Center
410-887-6443
9100 Franklin Square Drive
Rosedale 21237
Liberty Family Resource Center
410-887-0611
3525 Resource Drive
Randallstown 21133

▶ BELTONE/AUDIO SERVICES

410-256-7700
410-879-7737
www.beltone.com
9608 Belair Road
Perry Hall 21236
Digital hearing aids, hearing test and all make repairs.

▶ BMS HIGHLANDTOWN COMMUNITY HEALTH CENTER

410-342-8309

▶ COMMUNITY SUPPORT SERVICES FOR THE DEAF

410-597-8780
410-597-8806 (TTY)

▶ GBMC OTOLARYNGOLOGY CENTER OF EXCELLENCE

443-849-2151
www.gbmc.org/
eamosethroat
Physicians Pavilion North
6535 N. Charles Street,
Suite 250
Baltimore 21204
Treating patients with ear, nose and throat problems.

▶ GOVERNOR'S OFFICE OF THE DEAF AND HARD OF HEARING

410-767-7756 (Voice/TTY)

▶ HEAR NOW

800-648-4327
Discounted hearing aids to adults and children who qualify. Non-refundable processing fee.

▶ HEARING AND SPEECH AGENCY

410-318-6780
Audiological testing, hearing aid fittings, sign language interpreters and classes.

▶ HEARING LOSS ASSOCIATION OF AMERICA

301-657-2248
Information and referral about hearing loss, communication access and assistive technology.

▶ MARYLAND RELAY SERVICE

To place a call:
Dial 711 or 800-201-7165
Customer relations:
800-552-7724
Operators transmit conversation between hearing persons and those with speech or hearing loss. Free telecommunications equipment to qualified individuals.

▶ STARKY HEARING FOUNDATION (HEAR NOW)

800-769-2799

▶ TOWSON UNIVERSITY, INSTITUTE FOR WELL - BEING HEARING AND BALANCE CENTER

410-704-3095
Offering audiology and balance evaluations, hearing aid sales and fittings.

▶ UNITED STATES VETERANS ADMINISTRATION

410-605-7000
877-222-8387
Provides hearing aids and assistive technology for eligible veterans.

▶ VERIZON CENTER FOR CUSTOMERS WITH DISABILITIES

800-974-6006
www.verizon.com/disabilities
Mobile phone technology for the hearing impaired.

HOME AND COMMUNITY BASED SERVICES WAIVERS

See also Financial Resources, Housing: Assisted Living Programs and Nursing Homes.

A Medicaid Waiver program helps an eligible person to receive services in the home rather than in an institution. Each waiver program has different eligibility criteria and services. Individuals must meet medical, financial, and technical criteria. For further information and screening, please call Maryland Access Point of Baltimore County at 410-887-2594 or the Baltimore City Health Department Office on Aging and Care Services Maryland Access Point at 410-396-2273.



▶ COMMUNITY FIRST CHOICE

410-887-2594 (County)
410-396-2273 (City)
Enables individuals 18 and older, who have Community Medical Assistance and meet Medicaid's institutional level of care to remain in a community setting. Provides support planning, personal care, nurse monitoring, home delivered meals, assistive devices and environmental assessment.

▶ COMMUNITY PATHWAYS

410-234-8200
Serves financially eligible individuals with developmental disabilities who meet medical criteria. Offers service coordination, residential and day habilitation, environmental modifications, assistive technology, transportation and more.

▶ HOME AND COMMUNITY BASED OPTIONS WAIVER

866-417-3480
Enables individuals 18 and older, who are financially eligible and meet Medicaid's long-term care admission criteria to remain in a community setting. Provides supports planning, personal care, medical day care, nurse monitoring, assisted living, home delivered meals, assistive devices, environmental assessment and more.

H

HOME AND COMMUNITY BASED SERVICES WAIVERS - HOME HEALTH SERVICES

► MEDICAL ASSISTANCE PERSONAL CARE

410-887-3485 (County)

410-396-4494 (City)

Enables individuals 18 and older, who have Community Medical Assistance and who need assistance with at least one activity of daily living, to receive personal care services, supports planning and nurse monitoring.

► MEDICAL DAY CARE SERVICES WAIVER

410-767-1444

Offers qualified Medicaid participants services in a day care center. Individuals must be at least 16 years old and can receive nursing services, medication monitoring, meals, transportation, personal care services, activity programs and more.

► NEW DIRECTIONS

410-234-8200

Provides financially qualified individuals with developmental disabilities the opportunity to self-direct services. Offers service coordination, day habilitation, environmental modifications, assistive technology, transportation and more.

► TRAUMATIC BRAIN INJURY WAIVER

410-402-8476

For individuals with traumatic brain injuries who are currently residing in state psychiatric hospitals. The brain injury must have occurred between the ages of 22 and 64, and the individual must meet medical and financial criteria. Services include: case management, day and residential habilitation, supported employment, medical day care and more.

RELATED PROGRAMS

► MONEY FOLLOWS THE PERSON

410-887-8739 (County)

410-545-7702 (City)

Assists current residents of nursing homes to move back into the community. An individual must have lived in a qualifying nursing home for at least 90 days and must have received Long Term Care Medical Assistance for at least 30 days.

HOME HEALTH SERVICES

The following agencies provide services such as nursing, medical social services, physical therapy, occupational therapy and home health services. Each licensing category has different parameters. Usually the client must pay for aide services; Medicare and other insurance will pay for aides only in limited situations. Some agencies employ staff to provide direct services while other agencies act as a registry, referring care providers to the client. For questions regarding these agencies, call the Office of Health Care Quality (OHCQ) at 410-402-8015.

When bringing a care provider into your home:

- Ask for the payment structure in writing, including whether payment is made to the agency or the care provider. You may be responsible for paying Social Security, IRS withholding taxes, insurance, etc., if you pay the individual directly.
- Request proof that the aide is either covered by Workers Compensation or that the aide is self-insured.
- Confirm the agency is licensed by OHCQ to specifically perform the services that you request, including medication management. The health care workers should be properly trained for the services provided.
- Confirm that a background check has been done on the care provider.
- Request the license or certification of any care provider coming into your home.
- Confirm the agency has Dishonesty Bonding

for the care provider or check to see whether your homeowner's insurance will cover any loss that may occur.

(HH) HOME HEALTH

AGENCY: accepts patients for skilled care upon a signed order of a physician. Agencies are approved to accept Medicare payment. Can provide many types of services, including physical and occupational therapy.

(RS) RESIDENTIAL

SERVICE AGENCY: agency may have employees to provide services in the home or may contract with health care providers that a client can select.

(NR) NURSING REFERRAL

SERVICE AGENCY: agency refers care providers to clients at the family's request to provide services in the home. Care providers are not employed by the agency.

This list from OHCQ is current as of November 4, 2013.

► ABLE HEALTH CARE SERVICES, INC. (RS)

410-637-3005

► ABRAHAM HEALTHCARE SERVICES, INC. (RS)

410-254-3004

► ABSOLUTE CARE (RS)

301-518-5687

► ABSOLUTE COMPANION CARE (RS)

410-357-9640

► ABSOLUTE HOME HEALTH CARE, INC. (RS)

410-580-9100





▶ **ACCESS NURSING SERVICES (RS)**
410-321-5560
www.accessnursing.com
JCAHO accredited Baltimore family providing quality care for 25 years.

▶ **ACTIVE QUALITY CARE, INC. (RS)**
410-901-7694

▶ **ADKEM HEALTH SERVICES (RS)**
443-286-5401

▶ **ADONAI HEALTHCARE SERVICES, INC. (RS)**
410-521-7004

▶ **ADVANCED HEALTHCARE PROVIDERS, INC. (RS)**
410-655-1202

▶ **ADVANCED HOME CARE SERVICES, INC (RS)**
410-663-3133

▶ **ALL ABOUT HOME CARE, LLC (RS)**
443-460-2120

▶ **ALL ABOUT YOU HEALTH CARE SERVICES, INC. (RS)**
410-655-6606

▶ **ALL STAFFING, INC. (RS)**
410-486-8650

▶ **ALL THE BEST CARE, LLC (RS)**
410-205-7345

▶ **ALTERNATIVE HEALTH CARE SERVICE (RS)**
410-769-8094

▶ **ALWAYS THERE NURSING AND COMPANION CARE (RS)**
410-356-7070

▶ **AMAZING GRACE RESIDENTIAL SERVICES AGENCY, INC. (RS)**
443-742-5944

▶ **AMAZING HOME HEALTHCARE, INC. (RS)**
301-272-5511

▶ **AME HOME CARE, LLC (RS)**
443-739-5052

▶ **AMEDISYS HOME HEALTH (HH)**
410-686-8413

▶ **AMERICOAST MARYLAND, LLC (RS)**
410-918-0616

▶ **ANGEL HEART HOME HEALTH (RS)**
410-764-2787

▶ **ANGELS HEALTH CARE, INC. (RS)**
410-391-8457

▶ **APPEALING MULTI SERVICES (RS)**
443-414-3704

▶ **ASSERTIVE HOME CARE SERVICES (RS)**
443-675-8097

▶ **ATOSK HEALTHCARE SERVICES, INC. (RS)**
410-321-6826

▶ **BALTIMORE COUNTY DEPARTMENT OF HEALTH, HOME HEALTH SVCS (HH)**
410-887-2725

▶ **BALTIMORE NURSES EXCHANGE, INC. (NR)**
410-747-6100

▶ **BAYADA HOME HEALTH, INC. (HH)**
410-823-0880

▶ **BAYADA HOME HEALTH CARE (RS)**
410-944-5999

▶ **BAYVIEW HOMECARE, INC. (RS)**
410-665-0107

▶ **BEING THERE SENIOR CARE (NR)**
410-971-8999

▶ **BESTCARE RESIDENTIAL SERVICES, INC. (RS)**
410-415-6505

▶ **BLESSED HOPE HOME CARE (RS)**
410-444-8133

▶ **BOLPAT HEALTH SERVICES (RS)**
410-967-9202

▶ **BRIGHTSTAR HEALTHCARE OF BALTIMORE CITY/COUNTY (NR, RS)**
443-275-2796 (24-Hr. Service)
www.brightstarcare.com/
baltimore-citycounty/
Private duty homocare: nursing assistants, RN's LPN'S, Joint Commission Accreditation.

▶ **CANTYS HELPING HANDS (RS)**
410-449-0244

▶ **CAPITAL CITY NURSES (RS)**
410-344-0057

▶ **CARE FOR U HOMECARE SERVICE, INC. (RS)**
410-961-6850

▶ **CAREREACH, INC. (RS)**
443-985-1279

▶ **CELTIC HEALTHCARE (HH)**
877-845-3077

▶ **CHESAPEAKE MEDICAL STAFFING (RS)**
410-321-4267

▶ **CHIKA DIVINE CARE, INC. (RS)**
443-405-3647

▶ **CHRISTADEL HEALTHCARE SERVICES, INC. (RS)**
410-655-5872

▶ **CHRISTIAN CARE (RS)**
410-592-7270

▶ **CLEARVIEW MEDICAL SERVICES, LLC (RS)**
410-779-9162

▶ **COMFORCARE HOME CARE SERVICES (RS)**
410-922-6262

▶ **COMFORT HEALTHCARE SOLUTIONS (NR)**
443-315-4020

▶ **COMFORT KEEPERS (RS)**
410-795-7495

▶ **COMMUNITY CARE NURSING SERVICES, INC. (RS)**
410-665-7566

▶ **COMMUNITY HOME HEALTH OF MARYLAND (HH)**
410-356-1600

▶ **COMPANION HOME CARE, INC. (RS)**
410-583-0447

H

HOME HEALTH SERVICES

► **COMPASSIONATE HOME HEALTHCARE, INC. (RS)**

410-719-0672

► **DB HOME HEALTHCARE SOLUTIONS (RS)**

410-484-8196

► **D.O.T. COORDINATION CARE (NR)**

410-946-6077

► **DAY BY DAY RESIDENTIAL SERVICES (RS)**

443-286-5134

► **DEPENDABLE NURSING SERVICES, LLC (NR)**

410-444-5500

► **DEPENDABLE SERVICES GROUP, LLC (RS)**

410-444-5500

► **DIVINELY GUIDED HEALTH CARE SERVICES (RS)**

410-944-5451

► **DOMINION HOME HEALTH SYSTEM (RS)**

410-655-1741

► **DYNAMIC HEALTH MANAGEMENT, INC. (RS)**

410-254-3910

► **DYNAMICS NURSING AGENCY (RS)**

443-518-6017

► **ELDERSCHOICE OF MARYLAND, LLC (NR)**

443-762-4676

► **ELITE HOME CARE SERVICES (RS)**

410-277-3337

► **ELIZABETH COONEY CARE NETWORK (NR, RS, RS)**

410-323-1700 (24 Hr. Service)
www.elizabethcooney.agency.com

Celebrating 57 years - caring professional PT's, RN's, LPN's, CNA's, companions.

► **EXCEED HOME CARE (RS)**

410-238-3179

► **EXCEL STAFFING AND PERSONNEL SERVICES, INC. (RS)**

410-747-7293

► **EYES ON US AT THE VIEW (NR)**

443-447-6568

► **FAITHFUL NURSES HOME HEALTH CARE (RS)**

609-220-0432

► **FAMILY AND CHILDREN'S SERVICES OF CENTRAL MARYLAND (RS)**

410-366-1980

► **FLAMING TOUCH HEALTHCARE SERVICES, INC. (RS)**

443-996-5809

► **FLOREN HEALTH CARE SERVICES, INC. (RS)**

410-254-5062

► **FRIENDLY BEST HOME CARE, LLC (RS)**

443-244-2777

► **GBEMISTIC ENTERPRISES, INC. (RS)**

410-961-0151

► **GENESIS SELECTCARE (RS)**

410-832-7761

► **GILMO RESIDENTIAL SERVICES, LLC (RS)**

410-845-8555

► **GLOBAL HEALTHCARE GROUP (RS)**

410-663-6313

► **GOOD SHEPHERD HEALTH CARE SERVICES (RS)**

443-621-6235

► **GRACE HEALTHCARE SERVICES, INC. (RS)**

410-444-4748

► **GUARDIAN COMMUNITY HEALTH SYSTEM (RS)**

410-800-4572

► **HALAG HEALTH SERVICES (RS)**

443-794-1285

► **HAMLET SERVICES, LLC (NR)**

443-931-6076

► **HEALTH AT HOME (HH,RS)**

410-602-2843

► **HEARTS OF GOLD HOME HEALTH AGENCY LLC (NR)**

410-277-0215

► **HEARTS OF IRELAND REFERRAL AGENCY, LLC (NR)**

410-321-4785

► **HELP AT HOME SERVICES (RS)**

443-275-1524

► **HOME HELP MARYLAND LLC (RS)**

410-566-5015

► **HOME HELPERS (RS)**

301-275-1445

► **HOME INSTEAD SENIOR CARE (RS)**

410-337-8910

► **HOME WITH YOU, LLC (RS)**

410-654-3300

► **HOME CALL OF BALTIMORE (HH)**

410-644-0105

► **HOMECARE MARYLAND, LLC (HH)**

410-879-7976

► **HOMECARE WORKS, INC. (NR)**

410-602-5101

► **HOMESTEAD HEALTH SERVICES (RS)**

410-393-1111

► **HOMEWATCH CAREGIVERS OF MARYLAND (RS)**

410-821-1944 (24-hour)

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410-497-0684

► **JESSEJOSH HEALTHCARE SERVICES, INC. (RS)**

443-791-9038

► **JOHNS HOPKINS HOME CARE GROUP (HH, RS)**

410-288-8000

► **JPS HEALTH SERVICES (RS)**

443-310-1205

► **KADRIS HEALTHCARE SERVICES (RS)**

410-521-3651

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HOME HEALTH SERVICES



- ▶ **KIND NURSES (NR)**
443-220-2973
- ▶ **LAMPS HEALTHCARE RESOURCES (RS)**
443-253-5264
- ▶ **LIFE CARE HEALTH SERVICES, LLC (RS)**
443-253-5264
- ▶ **LIVING WATERS VENTURES, INC. (RS)**
443-878-6741
- ▶ **LOVING CARE SVCS, INC. (NR)**
410-602-8666
- ▶ **LUBA'S SERVICES, INC. (RS)**
410-869-7840
- ▶ **MARGARET'S CARE AGENCY (RS)**
410-864-8333
- ▶ **MARYLAND HOME HEALTH, LLC (HH)**
410-486-8303
- ▶ **MAXIM HEALTHCARE SERVICES (RS)**
410-494-0260
- ▶ **MCH HEALTHCARE SERVICES (RS)**
410-963-3993
- ▶ **MARYLAND HEALTHCARE RESOURCES, INC. (RS)**
410-523-7400
- ▶ **MEDSTAR HEALTH VISITING NURSE ASSOCIATION, INC. (HH)**
410-933-2900
- ▶ **MICHAEL HEALTHCARE SERVICES (RS)**
443-204-2916
- ▶ **MULTIFOLD HEALTHCARE SERVICES INC. (RS)**
410-585-9550
- ▶ **NO PLACE LIKE HOME CARE & SUPPORT SERVICES, LLC (RS)**
410-444-1900
- ▶ **NURSE BANK OF MARYLAND, INC. (NR)**
410-486-3350 (Pikesville)
410-321-4202 (Towson)
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- ▶ **NURSES ON DEMAND, INC. (RS)**
443-841-2060
- ▶ **NURSEZ R US (RS)**
443-847-3749
- ▶ **NURSING ASSISTANCE HOME CARE, INC. (NR)**
443-850-4829
- ▶ **NURSNG CARE EXPERTS (RS)**
443-527-4581
- ▶ **OKOJIE HEALTHCARE, INC (RS)**
410-242-0750
- ▶ **ONE CHOICE NURSING SERVICES (RS)**
410-536-1026
- ▶ **OPEFUL HEART HEALTHCARE SERVICES (RS)**
443-280-2515
- ▶ **OPTIMA HEALTH CARE, INC. (RS)**
443-794-4339
- ▶ **OPTIONS FOR SENIOR AMERICA (RS)**
410-448-1100
- ▶ **PARKVILLE NURSING AND REHABILITATION (RS)**
410-661-1582
- ▶ **P-B HEALTH HOME CARE AGENCY, INC. (HH)**
410-235-0160
- ▶ **PATHFINDER HEALTHCARE SERVICES (RS)**
443-804-9966
- ▶ **PATIENCE HEALTH CARE (RS)**
443-801-8693
- ▶ **PEACE & LOVE HEALTHCARE SERVICES (RS)**
410-505-8636
- ▶ **PERSONAL HOME CARE, INC. (RS)**
410-486-5330
- ▶ **PERSONAL TOUCH HOME CARE OF BALTIMORE, INC. (HH, RS)**
410-321-8448
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32 years providing nurses, therapists and aides. Medicare, private insurance.
- ▶ **PETRA HEALTHCARE (RS)**
443-824-9461
- ▶ **PREFERRED HOME CARE, LLC (RS)**
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- ▶ **PRIVATE HOME CARE, LLC (RS)**
410-486-6565
- ▶ **PROBITY HEALTH, INC. (RS)**
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- ▶ **PROGRESSIVE NURSING STAFFERS OF VA, INC. (NR)**
410-337-5200
- ▶ **PROVIDENTIAL HEALTH CARE (RS)**
410-998-9978
- ▶ **QUICKSTART HEALTH SERVICES LLC (NR)**
443-623-2445
- ▶ **REJOICE HEALTH SERVICES (RS)**
443-854-5678

H

HOME HEALTH SERVICES

► **RELIABLE MEDICAL NURSING SERVICES (RS)**
410-929-8942

► **RELIABLE MEDICAL & HEALTHCARE SERVICES, INC. (RS)**
410-602-6493

► **RESORT HEALTH SERVICES (RS)**
410-444-4104

► **RESPONSIVE HOMECARE (RS)**
410-561-4848

► **RIGHT AT HOME #1367 (RS)**
410-630-1221

► **ROSE TOUCH STAFFING AGENCY LLC (NR)**
240-441-0265

► **ROYAL EXPRESS MEDICAL (RS)**
410-298-3431

► **SENIOR HELPERS, LLC (RS)**
410-453-6172

► **SHILOH HOMECARE SERVICES (RS)**
410-521-0091

► **SMITH HEALTHCARE REGISTRY, INC. (RS)**
410-296-6855

► **SMITH'S PRIVATE DUTY NURSING (NR)**
410-262-8594

► **STEIN HOME HEALTH CARE (RS)**
443-405-7436

► **STELLA MARIS HOME HEALTH CARE AND HOSPICE (HH, RS)**
410-252-4500, Ext. 7294
www.stellamarisinc.com
Long-term, hospice, home care, housing, respite, rehab services available.

► **SUPERIOR HEALTH SERVICES, LLC (RS)**
443-600-1559

► **SUPPORT NETWORK, INC. (NR)**
410-788-6334

► **SYNERGY HOME CARE OF BALTIMORE (RS)**
410-339-7260

► **TEAM CARE NURSING SERVICES, INC. (RS)**
443-405-7676

► **TENDER HEART HEALTHCARE SERVICES, INC. (RS)**
443-388-4158

► **THE LISA VOGEL AGENCY (RS)**
410-363-7770

► **THE NURSE CONCIERGE (NR)**
443-471-6189

► **TILLER'S PRIVATE DUTY AGENCY, LLC (NR)**
443-226-5932

► **TONI'S HOME CARE (RS)**
410-206-6941

► **TOTAL ACCESS HOME HEALTH CARE INC. (RS)**
410-655-3498

► **TRULIFE THERAPY SERVICES (RS)**
410-298-3431

► **TRUSTWORTHY STAFFING SOLUTIONS, LLC (RS)**
410-484-4156

► **UK NURSING SERVICES (RS)**
443-629-3233

► **UNITED MEDICAL CARE (RS)**
443-986-2606

► **VAUGHAN HOME CARE SERVICES, INC. (RS)**
443-559-6097

► **VERSATILE HOME HEALTHCARE, LLC (RS)**
410-889-0727

► **VICENZA HOME CARE SERVICES, INC. (RS)**
410-882-0568

► **VICTABOL HEALTHCARE AGENCY (RS)**
410-258-0565

► **VISITING ANGELS - BALTIMORE EAST (RS)**
410-323-6856

► **VISITING ANGELS - PIKESVILLE (RS)**
410-218-9506

► **VISITING ANGELS - TOWSON (RS)**
410-337-7838

► **VISITING NURSE ASSOCIATION OF MARYLAND (HH)**
410-594-2600

► **WE CARE PRIVATE DUTY SERVICES, INC. (NR, RS)**
410-602-3993

► **XAVIER HEALTH SERVICES (RS)**
410-370-9223

► **ZIBAH CARE (RS)**
240-441-0239

HOME CARE (NON-MEDICAL)

These agencies have no licensing requirements. They provide services such as light chores, grocery shopping, errand running, companionship, and more, but without a medical component. Follow the previous guidelines for bringing a care provider into your home regarding payment, Workers Compensation, background checks and bonding.

► ACCESS NURSING SERVICES

410-321-5560
www.accessnursing.com
JCAHO accredited Baltimore family providing quality care for 25 years.

► BRIGHTSTAR HEALTHCARE OF BALTIMORE CITY/COUNTY

443-275-2796 (24-Hr. Service)
www.brightstarcare.com/baltimore-citycounty/
Private duty homecare: nursing assistants, RN's LPN'S, Joint Commission Accreditation.

► COMFORT KEEPERS

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855-809-6512 (Toll Free)
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► HOMEWATCH CAREGIVERS OF MARYLAND

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HOME REPAIRS, MODIFICATIONS AND ASSISTANCE - HOSPICE SERVICES

HOME REPAIRS, MODIFICATIONS AND ASSISTANCE

See also Assistive Technology and Disability Assistance.

▶ ACCESSIBLE HOMES FOR SENIORS

Maryland Access Point of Baltimore County
410-887-2594
Baltimore City Health Department Office of Aging and CARE Services at Maryland Access Point
410-396-2273
www.mdhousing.org

Home modification loans for housing accessibility features. Interest-free, 30 year loans for income eligible individuals 55 and older.

▶ ASSISTIVE TECHNOLOGY GUARANTEED LOAN PROGRAM

410-554-9230
800-832-4827
866-881-7488 (TTY)
Low interest loans for home modifications and assistive devices for persons with disabilities.

▶ BGE SMART ENERGY SAVERS PROGRAM

800-845-6195
Eligible homeowners can receive free home energy audit and assistance to increase energy efficiency.

▶ CHAI: COMPREHENSIVE HOUSING ASSISTANCE INC.

410-466-1990

▶ CIVIC WORKS

410-366-8533

▶ DEVELOPMENTAL DISABILITIES ADMINISTRATION

410-234-8200

▶ EMPOWER MARYLAND LOW INCOME ENERGY EFFICIENCY PROGRAM (LIEEP)

855-583-8976
Assists eligible households by providing improvements to the home to lower utility bills.

▶ FEDERAL HOME SOLUTIONS, INC.

410-409-8128
443-324-4419
MHIC #129880
www.federalhomesolutions.com
147 Greenmeadow Drive
Timonium 21093
Full service custom home remodeling specializing in modifications for accessibility.

▶ HOUSING OPPORTUNITIES

410-887-3124 (County)
410-396-4151 (City)
Housing Rehabilitation, Emergency Repair Program and Residential Accessibility Modification Program for income eligible residents through low interest loans.

▶ KITCHEN SAVER

800-427-0108
MHIC #28743
www.kitchensaver.com
10315 South Dolfield Road, Suite A
Owings Mills 21117
A quarter century of remodeling – prepare to be impressed.

▶ LEAD SAFE BALTIMORE COUNTY

410-887-3668
Lead hazard reduction program and education. Criteria and income eligible requirements.

▶ MARYLAND HOME IMPROVEMENT COMMISSION

410-230-6309
Licenses and regulates home improvement contractors and sub-contractors.

▶ REBUILDING TOGETHER

410-889-2710

▶ WEATHERIZATION ASSISTANCE PROGRAM (WAP)

410-514-7621
855-583-8976
Assistance for low income households with installation of free energy conservation materials to help reduce energy costs. Application also accepted through local agencies.

Baltimore County Community Assistance Network
410-285-4674
Diversified Housing Development
410-496-1214

MD Energy Conservation
866-879-2283

Baltimore City Department of Housing/WAP Program
443-984-1066

CERTIFIED AGING IN PLACE SPECIALISTS (CAPS)

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443-324-4419
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Timonium 21093
Full service custom home remodeling specializing in modifications for accessibility.

▶ HOME BUILDERS ASSOCIATION OF MARYLAND

410-265-7400 (CAPS Information)



HOSPICE SERVICES

Hospice provides non-curative medical and support services for those with a terminal illness. Services may be provided in the home or in a facility. Insurance may cover most costs. This list from OHCQ is current as of November 4, 2013. Supplemental information is from the Maryland Health Care Commission. For additional services/information call Maryland Access Point of Baltimore County at 410-887-2594 or the Baltimore City Health Department Office of Aging and CARE Services at Maryland Access Point at 410-396-2273.

▶ AMEDISYS HOSPICE OF GREATER CHESAPEAKE

410-686-5635

▶ CARROLL HOSPICE

410-871-8000

▶ COMMUNITY HOSPICE OF MARYLAND, THE

410-248-3000

▶ EVERCARE HOSPICE & PALLIATIVE CARE

410-379-3599

▶ GILCHRIST HOSPICE CARE

443-849-8200
800-HOSPICE (467-7423)
www.gilchristhospice.org
11311 McCormick Road, Suite 350
Hunt Valley 21031
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▶ HEARTLAND HOSPICE SERVICES

410-719-8670

▶ JOSEPH RICHEY HOSPICE/DR. BOB'S PLACE

410-523-2150



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► SEASONS HOSPICE & PALLIATIVE CARE OF MARYLAND

410-594-9100

► STELLA MARIS

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www.stellamarisinc.com
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Timonium 21093
Long-term, hospice, home care, housing, respite, rehab services available.



NURSING AGENCIES OFFERING HOSPICE SUPPORT

See also Home Health Services and Home Care (Non-Medical).

► ACCESS NURSING SERVICES

410-321-5560
www.accessnursing.com
1407 York Road, Suite 306
Lutherville 21093
JCAHO accredited Baltimore family providing quality care for 25 years.

► BRIGHTSTAR HEALTHCARE OF BALTIMORE CITY/COUNTY

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www.brightstarcare.com/
baltimore-citycounty/
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Lutherville-Timonium 21093
Private duty homecare: nursing assistants, RN's LPN's, Joint Commission Accreditation.

► COMFORCARE HOME CARE SERVICES

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410-922-6221
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comforcare.com
9952 Liberty Road
Randallstown 21133
ComForcare provides care to help persons thrive in their home.

► ELIZABETH COONEY CARE NETWORK

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► HOMEWATCH CAREGIVERS OF MARYLAND

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HOSPITALS

► BON SECOURS BALTIMORE HEALTH SYSTEM

410-362-3000
2000 W. Baltimore Street
Baltimore 21223

► GREATER BALTIMORE MEDICAL CENTER

443-849-2000
443-849-GBMC (4262)
www.gbmc.org
6701 N. Charles Street
Baltimore 21204

► JOHNS HOPKINS BAYVIEW MEDICAL CENTER

410-550-0100
www.hopkinsbayview.org
4940 Eastern Avenue
Baltimore 21224

► JOHNS HOPKINS HOSPITAL

410-955-5000
1800 Orleans Street
Baltimore 21287

► LEVINDALE HEBREW GERIATRIC CENTER AND HOSPITAL

410-601-2400
2434 West Belvedere Avenue
Baltimore 21215

► MEDSTAR FRANKLIN SQUARE MEDICAL CENTER

443-777-7000
9000 Franklin Square Drive
Baltimore 21237

► MEDSTAR GOOD SAMARITAN HOSPITAL

443-444-8000
5601 Loch Raven Boulevard
Baltimore 21239

► MEDSTAR HARBOR HOSPITAL & HARBOR HOSPITAL LIFE RESOURCE CENTER

410-350-3200
3001 S. Hanover Street
Baltimore 21225

► MEDSTAR UNION MEMORIAL HOSPITAL

410-554-2000
201 E. University Parkway
Baltimore 21218

► MERCY MEDICAL CENTER

410-332-9000
301 Street Paul Place
Baltimore 21202

► NORTHWEST HOSPITAL CENTER

410-521-2200
5401 Old Court Road
Randallstown 21133

► SAINT AGNES HOSPITAL

410-368-6000
900 Caton Avenue
Baltimore 21229

► SINAI HOSPITAL

410-601-9000
2401 W. Belvedere Avenue
Baltimore 21215

► UNIVERSITY OF MARYLAND MEDICAL CENTER

800-492-5538
22 S. Greene Street
Baltimore 21201

► UNIVERSITY OF MARYLAND MIDTOWN CAMPUS

410-225-8000
827 Linden Avenue
Baltimore 21201

► UNIVERSITY OF MARYLAND REHABILITATION & ORTHOPAEDIC INSTITUTE

888-4KERNAN
2200 Kernan Drive
Baltimore 21207

► UNIVERSITY OF MARYLAND - ST. JOSEPH MEDICAL CENTER

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7601 Osler Drive
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410-605-7000
10 North Green Street
Baltimore 21201

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www.ccbcmd.edu



HOTLINES

► 2-1-1 MARYLAND AT FIRST CALL FOR HELP 2-1-1

The 24/7 telephone number for accessing information about health and human services.

► BALTIMORE CHILD AND ADOLESCENT RESPONSE SYSTEM (B-CARS) 410-752-2272

► BALTIMORE CITY ADULT PROTECTIVE SERVICES

410-361-5000 (Adult)
410-361-2235 (Child)

► BALTIMORE CITY CRISIS RESPONSE SYSTEMS 410-433-5175

► BALTIMORE COUNTY CRISIS RESPONSE SYSTEMS

410-931-2214

Twenty-four hour crisis and suicide prevention hotline with linkage to community treatment and support.

► BALTIMORE COUNTY DEPARTMENT OF SOCIAL SERVICES, 24-HOUR SEXUAL ASSAULT/ DOMESTIC VIOLENCE CRISIS HOTLINE

410-828-6390

Hotline responding to sexual assault and domestic violence calls.

► BALTIMORE COUNTY DEPARTMENT OF SOCIAL SERVICES (SCREENING UNIT)

410-853-3000

Advocates and provides protective services for residents of all ages through assessments, case management, residential services and access to financial benefit programs.

► CHANA JEWISH FEDERATION OF BALTIMORE 410-234-0023

► CRISIS HOTLINE/ EMERGENCY SHELTERS 410-433-8145

► GLBTQ DOMESTIC VIOLENCE PROJECT 800-832-1901

► HOUSE OF RUTH 410-889-0840

► MARYLAND CRISIS HOTLINE

800-422-0009

Crisis hotline for people of all ages.

► NATIONAL DOMESTIC VIOLENCE HOTLINE 800-799-7233 (SAFE) 800-787-3224 (TTY)

► NATIONAL SEXUAL ASSAULT HOTLINE 800-656-4673 (HOPE)

► POISON CENTER 800-222-1222

► TURNAROUND, INC. 410-377-8111

► VETERANS SUICIDE PREVENTION 800-273-8255

HOUSEKEEPING

See also Home Health Services and Home Care (Non-Medical). Additional services may be required. Please discuss specific service requirements with agency.

► COMFORCARE HOME CARE SERVICES

410-922-6262

410-922-6221

<http://nwbaltimore.comforcare.com>

ComForcare provides care to help persons thrive in their home.

► COMFORT KEEPERS

410-795-7495

855-809-6512 (Toll Free)

www.comfortkeepers.com/office-667

Providing exceptional in-home care and safety technology to preserve independence.

► SENIOR HELPERS, LLC

410-453-6172

www.seniorhelpers.com/baltimore

Care and comfort at a moments notice.

HOUSING

For additional services/ information call Maryland Access Point of Baltimore County at 410-887-2594 or the Baltimore City Health Department Office of Aging and CARE Services at Maryland Access Point at 410-396-2273. Please also refer to www.baltimorecountymd.gov/Agencies/aging/housing and www.mdhousingsearch.org.

APARTMENTS FOR SENIORS

Eligibility for these apartments is based on income. Most units are for persons age 62 and older, although a few accept younger persons with disabilities. There are usually no supportive services. All apartments have elevators. The Eating Together program is on-site at designated (*) apartments. Waiting lists are typical. Contact each facility for application information. Rent differs from apartment to apartment. Rent is below market value and is based on different criteria, including the type of building (HUD building, tax-credit building, etc). Some rent may be 30 percent of adjusted income. Housing Vouchers (Section 8) may or may not be accepted. Size of the apartment and income may affect rent. Some apartment complexes have a set number of apartments for different rental fees. Contact the apartment complex for specific details.

► ABUNDANT LIFE TOWERS*

410-367-5433

3915 Callaway Avenue

Baltimore 21215

99 units, one/two bedrooms.

► ABUNDANT LIFE TOWERS II*

410-233-2002

5110 Baltimore National Pike

Baltimore 21229

60 units, one-bedroom/ efficiencies.

► AHEPA SENIOR HOUSING

410-732-1275

1351 S. Clinton Street

Baltimore 21231

57 units, one/two bedrooms.

H

HOUSING

▶ AIGBURTH VALE SENIOR COMMUNITY

Managed by St. Ambrose Housing
410-296-6695
www.stambros.org/pages/rentalservices.html
212 Aigburth Road
Towson 21286

6 one-bedroom mansion bldg. apts.
64 one-bedroom new bldg. apts.
Elevator buildings with wheelchair accessibility.
Gracious living in a convenient and park-like setting.

▶ ALCOTT PLACE

410-466-4960
2702 Keyworth Avenue
Baltimore 21215

▶ APOSTOLIC TOWERS

410-342-1353
201 N. Washington Street
Baltimore 21231
149 units, one/two bedrooms.

▶ ARLINGTON ESTATES CO-OP

800-362-0548
www.csi.coop
4601 W. Northern Parkway
Baltimore 21215
68 one-bedroom units, elevator.
Affordable rental community for seniors.

▶ BASILICA PLACE*

410-539-0418
124 W. Franklin Street
Baltimore 21201
200 units, one/two bedrooms.

▶ BELLVIEW MANCHESTER

410-462-4186
342 Bloom Street
Baltimore 21217
48 one-bedroom units.

▶ BELVEDERE GREEN*

410-433-7255
1651 E. Belvedere Avenue
Baltimore 21239
165 units, one-bedroom/efficiencies.

▶ BOLTON HOUSE APARTMENTS

410-728-3100
1100 Bolton Street
Baltimore 21201
One/two bedrooms/efficiencies.

▶ BOLTON NORTH*

410-462-5433
1600 W. Mt Royal Avenue
Baltimore 21217
208 one-bedroom units.

▶ BON SECOURS BENET HOUSE

410-566-0701
400 Millington Avenue
Baltimore 21223
101 units, one-bedroom/efficiencies.

▶ BON SECOURS HOLLINS TERRACE

410-566-2701
1800 Hollins Street
Baltimore 21223
84 units, one-bedroom/efficiencies.

▶ BON SECOURS SMALLWOOD SUMMIT

410-566-5792
2 N. Smallwood Street
Baltimore 21223
90 units, one/two bedrooms.

▶ BOWLEYS GARDEN VILLA CO-OP

800-362-0548
www.csi.coop
5200 Bowleys Lane
Baltimore 21206
78 one-bedroom units, elevator.
Affordable rental community for seniors.

▶ BROADWAY COURT

410-522-5053
925 N. Broadway
Baltimore 21205
47 units.

▶ CATHOLIC CHARITIES AT HOLY KOREAN MARTYRS SENIOR HOUSING*

410-944-5959
5500 Lexington Road
Baltimore 21207
74 one-bedroom units.

▶ CATHOLIC CHARITIES AT OWINGS MILLS

410-902-8222
9773 Groffs Mill Drive
Owings Mills 21117
68 one-bedroom units.

▶ CENTER PLACE APARTMENTS*

410-285-6666
101 Center Place
Dundalk 21222
160 units, 152 one-bedroom, 8 two-bedroom.

▶ CHARLES R. UNCLES SENIORS PLAZA

410-523-3890
607 N. Pennsylvania Avenue
Baltimore 21201
47 units, one/two bedrooms.

▶ CHERRY HILL SENIOR MANOR

410-354-3740
901 Cherry Hill Road
Baltimore 21225
80 units, one/two bedrooms.

▶ CHRIST CHURCH HARBOR APARTMENTS

410-837-1010
600 Light Street
Baltimore 21230
288 units, one bedroom/efficiencies.

▶ COLE GRANT-HIGGS SENIOR APARTMENTS

410-532-1501
1700 N. Gay Street
Baltimore 21230
57 units, one-bedroom/efficiencies.

▶ COURSEY STATION

410-242-6167
200 First Avenue
Baltimore 21227
37 one-bedroom units,
12 efficiencies, 6 disabled.

▶ COVE POINT APARTMENTS

410-288-2344
7801 Peninsula Expressway
Dundalk 21222
147 units, one/two bedrooms.

▶ COVE POINT II APARTMENTS

410-288-2344
7795 Peninsula Expressway
Dundalk 21222
47 units, one/two bedrooms.

▶ DAY VILLAGE

410-284-7100
503 Avondale Road
Dundalk 21222
20 one-bedroom units.

▶ DE-PAUL HOUSE*

410-644-8484
3300 Benson Avenue
Baltimore 21227
109 units, one/two bedrooms.

▶ DISTILLERY APARTMENTS

410-631-6033
2108 Boston Street
Baltimore 21231
36 units.

▶ EDNOR APARTMENTS

410-243-0180
1040 E. 33rd Street
Baltimore 21218
110 units, one/two bedrooms.

▶ EDNOR APARTMENTS II

410-243-4301
1050 E. 33rd Street
Baltimore 21218
85 units, one/two bedrooms.

▶ EPIPHANY HOUSE*

410-323-3040
5610 York Road
Baltimore 21212
33 units, efficiencies.

▶ ESSEX CO-OP APARTMENTS*

800-362-0548
www.csi.coop
1000 Franklin Avenue
Essex 21221
209 one-bedroom units,
elevator.
Affordable rental community for seniors.

▶ EVERALL GARDENS SENIOR APARTMENTS

410-444-5837
6100 Everall Avenue
Baltimore 21206
69 one-bedroom units.



► **EVERGREEN AT RENAISSANCE SQUARE**
410-780-4888
1600 Evergreen Way
Essex 21221
81 one/two bedroom units.

► **FAIRBROOKE APARTMENTS**
410-272-8880
410-367-0766
www.mtwashingtonmgtgroup.com
700 W. Bel Air Avenue
Aberdeen 21001
114 one-bedroom units, 8 two-bedroom units, 2 elevators, 4 stories, some units w/balconies and patios.
Your new home - affordable independent lifestyle.

► **FAIRGREEN SENIOR COMMUNITY**
410-642-9080
877-443-6114
www.mtwashingtonmgtgroup.com
100 Greenway
Perryville 21903
92 units, 74 one-bedroom, 18 two-bedroom, 2 elevators, some units w/balconies and patios.
Your new home - affordable independent lifestyle.

► **FAIRSPRING APARTMENTS**
410-869-8740
410-367-0766
www.mtwashingtonmgtgroup.com
1121 St. Agnes Lane
Baltimore 21207
100 units, 88 one-bedroom, 4 one-bedroom w/den, 8 two-bedrooms, 2 elevators.
Your new home - affordable independent lifestyle.

► **FAIRVIEW APARTMENTS**
410-658-0488
877-443-6114
www.mtwashingtonmgtgroup.com
100 McNamee Lane
Rising Sun 21911
75 units, 67 one-bedroom, 8 two-bedroom, elevator, some units w/balconies and patios.
Your new home - affordable independent lifestyle.

► **FOXWELL MEMORIAL**
410-728-4550
3700 Greenspring Avenue
Baltimore 21215
155 units, one/two bedrooms.

► **FRANKLIN SQUARE SCHOOL APARTMENTS**
410-947-9000
229 N. Mount Street
Baltimore 21223
1 bedroom apartments.

► **GALLAGHER MANSION**
410-435-6988
431 Notre Dame Lane
Baltimore 21212
40 one-bedroom units.

► **GOLDEN RING CO-OP***
800-362-0548
www.csi.coop
8620 Kelso Drive
Essex 21221
154 one-bedroom units, elevator.
Affordable rental community for seniors.

► **GREATER NEW HOPE APARTMENTS**
410-225-0003
725 Walbrook Avenue
Baltimore 21216
80 units, one-bedroom/efficiencies.

► **GREENS AT ENGLISH COUNSEL, THE**
443-701-9225
4120 Oak Road
Halethorpe 21227
Opening in the spring of 2014.

► **GREENS AT LIBERTY ROAD, THE**
410-655-1100
9707 Liberty Road
Randallstown 21133
105 one/two bedroom units.

► **GREENS AT LOGAN FIELD, THE**
410-332-7400
3455 Dundalk Avenue
Dundalk 21222
81 one/two bedroom units.
Opening in early 2014.

► **GREENS AT ROLLING ROAD, THE**
410-744-9988
1505 N. Rolling Road
Catonsville 21228
83 one/two bedroom units.

► **HANOVER SQUARE APARTMENTS***
410-962-1131
1 W. Conway Street
Baltimore 21201
199 one-bedroom units.

► **HARLEM GARDENS**
410-728-4009
1700 Edmondson Avenue
Baltimore 21223
94 units, one/two bedrooms.

► **HARVEY JOHNSON TOWERS**
410-728-1166
1510 W. Mosher Street
Baltimore 21217
120 units, one-bedroom/efficiencies.

► **HIGHLANDTOWN PLAZA CO-OP**
800-362-0548
www.csi.coop
155 Grundy Street
Baltimore 21224
74 one-bedroom units, elevator.
Affordable rental community for seniors.

► **HOPKINS VILLAGE***
410-687-2828
3 Brett Court
Essex 21221
164 one-bedroom units.

► **INDECCO HOUSING**
410-276-5114
940 S. Lakewood Avenue
Baltimore 21224
45 units, one-bedroom/efficiencies.

► **IRVINGTON MEWS**
410-644-4487
4300 Frederick Avenue
Baltimore 21223
100 units.

► **IRVINGTON PLACE APARTMENTS**
410-644-0589
4025 Frederick Avenue
Baltimore 21223
One-bedroom senior studios.

► **JOHNSON SENIOR APARTMENTS**
410-837-3383
501 E. Preston Street
Baltimore 21202
217 units, one/two bedrooms/efficiencies.

► **KESSLER PARK SENIOR APARTMENTS**
410-247-9244
4230 Hollins Ferry Road
Lansdowne 21227
64 units, efficiency, one/two bedroom.

► **KIRKWOOD***
410-323-8910
6401 Loch Raven Boulevard
Baltimore 21239
262 one-bedroom units.

► **LAKEWOOD**
410-522-7444
1401 Lakewood Avenue
Baltimore 21213
102 units, one-bedroom/two-bedroom efficiencies.

► **LANVALE TOWERS**
410-685-4600
1300 E. Lanvale Street
Baltimore 21213
184 units, one/two/three/four bedrooms/efficiencies.

H

HOUSING

► **LEMKO HOUSING**
410-342-7200
603 S. Ann Street
Baltimore 21231
110 units, one/two bedrooms/
efficiencies.

► **LIBERTY VILLAGE
SENIOR HOUSING**
410-523-1113
3000 Towanda Avenue
Baltimore 21215
84 units, one/two bedrooms.

► **MARLBOROUGH
APARTMENTS**
410-669-3005
1701 Eutaw Place
Baltimore 21217
227 units, one-bedroom/
efficiencies.

► **MEADOWS OF
REISTERSTOWN, THE**
410-526-3380
300 Cantata Court
Reisterstown 21136
80 units.

► **MEADOWS OF
REISTERSTOWN II, THE**
410-526-3380
302 Cantata Court
Reisterstown 21136
76 units.

► **MEMORIAL
APARTMENTS***
410-523-0013
301 McMechen Street
Baltimore 21217
260 units, one-bedroom/
efficiencies.

► **MESSIAH HALL**
410-732-1275
1024 S. Decker Street
Baltimore 21224
17 units, one-bedroom/
efficiencies.

► **MONTEVERDE**
410-728-4422
2501 & 2503 Violet Avenue
Baltimore 21215
301 units, one/two bedrooms.

► **MORNINGSIDE SENIOR
APARTMENTS**
410-356-4798
www.coniferllc.com
104 Pleasant Ridge Drive
Owings Mills 21117
82 units, one/two bedrooms,
elevator.
Must be 62 or older. Income
limits apply.

► **MORRELL PARK
APARTMENTS**
410-644-2334
1820 Spence Street
Baltimore 21230
99 units, one/two bedrooms.

► **MT. CLARE OVERLOOK
APARTMENTS***
410-727-4477
833 W. Pratt Street
Baltimore 21201
110 units, one/two bedrooms.

► **N.M. CARROLL
MANOR***
410-669-4270
701 N. Arlington Avenue
Baltimore 21217
99 units, one/two bedrooms.

► **NEW SHILOH VILLAGE
APARTMENTS**
410-523-1649
1901 Elgin Avenue
Baltimore 21217
80 units, one/two bedrooms.

► **OAKS AT LIBERTY**
410-466-9267
3501 Howard Park Avenue
Baltimore 21207
One/two bedroom units.

► **OLD COURT ESTATES
CO-OP**
800-362-0548
www.csi.coop
5105 Old Court Road
Randallstown 21133
51 one-bedroom units, elevator.
Affordable rental community for
seniors.

► **OLIVER PLAZA
APARTMENTS**
410-347-9694
1401 E. Oliver Street
Baltimore 21213
One-bedroom/ efficiencies.

► **OUR LADY OF FATIMA***
410-631-3555
6424 E. Pratt Street
Baltimore 21224
54 one-bedroom units.

► **PARK HEIGHTS AVENUE
APARTMENTS**
410-367-5959
5900 Parks Heights Avenue
Baltimore 21215
100 one-bedroom units.

► **PARK HEIGHTS PLACE**
410-578-3445
5430 Park Heights Avenue
Baltimore 21215
83 one-bedroom units.

► **PARKVIEW AT ASHLAND
TERRACE**
410-276-6440
1705 E. Eager Street
Baltimore 21205
74 units, one/two bedrooms.

► **PARK VIEW AT
CATONSVILLE***
410-719-9464
303 Maiden Choice Lane
Catonsville 21228
101 one-bedroom units.

► **PARKVIEW AT
COLDSPRING***
410-542-4400
4803 Tamarind Road
Baltimore 21209
99 units, one/two bedrooms.

► **PARK VIEW AT
DUNDALK***
410-288-5483
103 Center Place
Dundalk 21222
101 one-bedroom units.

► **PARK VIEW AT
FULLERTON**
410-663-0665
4300 Cardwell Avenue
Fullerton 21236
90 one-bedroom units.

► **PARK VIEW AT
MIRAMAR LANDING**
410-391-8375
705 Compass Road
Middle River 21220
80 one-bedroom units, 20 two-
bedroom units.

► **PARK VIEW AT
RANDALLSTOWN**
410-655-5673
3530 Resource Drive
Randallstown 21133
103 one-bedroom units.

► **PARK VIEW AT
ROSEDALE**
410-866-1886
1315 Chesaco Avenue
Rosedale 21237
109 units.

► **PARK VIEW AT TAYLOR**
410-663-0363
4102 Taylor Avenue
Baltimore 21236
100 units, one/two bedrooms.

► **PARK VIEW AT
TOWSON***
410-828-7185
20 Dunvale Road
Towson 21204
112 units.

► **PARK VIEW AT
WOODLAWN**
410-281-1120
2020 Featherbed Lane
Woodlawn 21207
101 one/two-bedroom units.

► **PENN-NORTH PLAZA 8***
410-383-8595
1520 W. North Avenue
Baltimore 21217
66 units, one/two bedrooms/
efficiencies.

► **POLISH NATIONAL
ALLIANCE**
410-732-1100
1627 Eastern Avenue
Baltimore 21231
20 units, one-bedroom/
efficiencies.

► **RANDALLSTOWN
PAVILION CO-OP**
800-362-0548
www.csi.coop
5109 Old Court Road
Randallstown 21133
76 one-bedroom units, elevator.
Affordable rental community for
seniors.

► **RANDALLSTOWN VILLA CO-OP**

800-362-0548
www.csi.coop
5107 Old Court Road
Randallstown 21133
74 one-bedroom units, elevator.
Affordable rental community for seniors.

► **REISTER'S CLEARING**

410-517-4994
304 Cantata Court
Reisterstown 21136
68 one-bedroom units.

► **REISTER'S VIEW***

410-517-4994
306 Cantata Court
Reisterstown 21136
72 one-bedroom units.

► **RIVER POINT**

410-780-2881
1900 Grove Manor Drive
Essex 21221
120 units, one/two bedrooms.

► **ROLAND VIEW TOWERS EAST**

410-235-3939
3939 Roland Avenue
Baltimore 21211
250 one-bedroom units.

► **ROLAND VIEW TOWERS WEST**

410-889-8255
3838 Roland Avenue
Baltimore 21211
150 two-bedroom units.

► **RUSCOMBE GARDENS APARTMENTS**

410-664-4800
4800 Yellowwood Avenue
Baltimore 21209
150 one-bedroom units.

► **SALONY HOUSE SENIOR LIVING**

410-833-0077
300 Salony Drive
Reisterstown 21136
58 one-bedroom units,
2 two-bedroom.

► **SHARP-LEADENHALL COURT**

410-727-2677
911 Leadenhall Street
Baltimore 21230
155 units, one to four
bedrooms.

► **SOUTHERN HIGH SCHOOL ELDERLY APARTMENTS**

410-528-1195
201 Warren Avenue
Baltimore 21230
49 units, one-bedroom/
efficiencies.

► **ST. CHARLES HOUSE**

410-484-6125
11 Church Lane
Pikesville 21208
18 one-bedroom units,
6 efficiencies.

► **ST. ELIZABETH HALL**

410-252-4500, Press 5, then
Ext. 7385
2300 Dulaney Valley Road
Timonium 21093
190 one-bedroom units, 10
disabled.

► **ST. ELIZABETH SENIOR HOUSING**

410-732-1275
35 N. Lakewood Avenue
Baltimore 21224
20 units, one-bedroom/
efficiencies.

► **ST. JAMES TERRACE APARTMENTS**

410-669-0862
827 Arlington Avenue
Baltimore 21217
151 units, one-bedroom/
efficiencies.

► **ST. JOACHIM HOUSE**

410-525-1101
3310 Benson Avenue
Baltimore 21227
90 one-bedroom units.

► **ST. LUKE'S PLACE APARTMENTS***

410-477-3661
2825 Lodge Farm Road
Edgemere 21219
125 one-bedroom units.

► **ST. MARK'S APARTMENTS**

410-788-0972
19 Winters Lane
Catonsville 21228
20 one-bedroom units.

► **TABCO TOWERS***

410-821-9220
305 E. Joppa Road
Towson 21286
80 one-bedroom units, 120
efficiencies.

► **TERRACE GARDEN CO-OP**

800-362-0548
www.csi.coop
751 W. Saratoga Street
Baltimore 21201
88 one-bedroom units, 4 two-
bedroom units, elevator.
Affordable rental community for
seniors.

► **TRINITY HOUSE***

410-825-5288
409 Virginia Avenue
Towson 21286
82 one-bedroom units.

► **VENABLE APARTMENTS @ STADIUM PLACE**

410-338-0661
1030 E. 33rd Street
Baltimore 21218
74 one-bedroom units.

► **VILLAGE CROSSROADS I**

410-882-5431
4313 Fitch Avenue
Nottingham 21236
94 one-bedroom units.

► **VILLAGE CROSSROADS II**

888-710-9806
4313 Fitch Avenue
Nottingham 21236
86 units.
Opening in early 2014.

► **VILLAGE OAKS APARTMENTS***

410-747-1344
815 Winters Lane
Catonsville 21228
181 one-bedroom units.

► **VIRGINIA TOWERS***

410-321-9661
500 Virginia Avenue
Towson 21286
150 units.

► **WALKER CO-OP**

800-362-0548
www.csi.coop
1 Cooperative Drive
Baltimore 21212
88 one-bedroom units, elevator.
Affordable rental community for
seniors.

► **WALKER DANIELS HOUSE**

410-462-4186
2100-02 Madison Avenue
Baltimore 21217
One-bedroom/efficiencies.

► **WALKER MEWS***

410-323-8507
6225 York Road
Baltimore 21212
167 one-bedroom units.

► **WALKER SENIOR CO-OP**

410-377-0200
711 Walker Avenue
Baltimore 21212
88 one-bedroom units.

► **WARREN PLACE SENIOR APARTMENTS**

410-666-1030
10535 York Road
Cockeysville 21030
121 one-bedroom units,
elevator.
Free utilities and cable.

► **WATERS TOWERS***

410-342-6240
1400 E. Madison Street
Baltimore 21205
203 one-bedroom units.

Catholic Charities Senior Communities

Exceptional, Affordable Apartment Communities for Older Adults

- **Service Coordination** available to all residents at all locations at no cost.
- **Senior Support Services** offered at 9 locations. Daily meals, weekly in-home and personal services for an affordable monthly fee.
- Most residents pay just **30%** of adjusted income for rent. To be eligible for 21 of the 24 communities, income must not exceed \$30,000 for an individual and \$34,250 for a couple.*
- **At Everall Gardens in Overlea, Kessler Park in Lansdowne and St. Mark's Apartments in Catonsville:**
Income must not exceed \$36,000 for one person (\$41,100 for two).
 - Rents vary from \$570 to \$730. Housing Choice Vouchers and TBRA are accepted, lowering rent further for those who qualify.
 - Applicant must be 62 or older and meet lease requirements.

**Note: Income limits change annually*



Baltimore County – 12 locations

Catonsville

St. Mark's Apartments

Edgemere

St. Luke's Place

Lansdowne

Kessler Park & Coursey Station

Nottingham

Village Crossroads I & II

Owings Mills

Owings Mills New Town

Pikesville

St. Charles House

Reisterstown

Reister's Clearing & Reister's View

Towson

Trinity House

Woodlawn

Holy Korean Martyrs

Anne Arundel County – 3 locations

Glen Burnie

Arundel Woods

Odenton

Friendship Station &

Friendship Village

Baltimore City – 6 locations

East Baltimore

Our Lady of Fatima I & II

Mount Vernon

Basilica Place

Overlea

Everall Gardens

Violetville

**DePaul House &
St. Joachim House**

Garrett County

Grantsville

Starner Hill

Harford County – 2 locations

Aberdeen

Aberdeen Court

Abingdon

Abingdon Gardens

CATHOLIC CHARITIES SENIOR COMMUNITIES

Call 443-798-3423 for more information or to request an application
Tour an Apartment and Visit us at cc-md.org/senior-communities



Catholic Charities welcomes people regardless of faith and is an Equal Housing Opportunity provider.



► **WAYLAND VILLAGE SENIOR APARTMENTS**
410-542-4580
3020 Garrison Boulevard
Baltimore 21215
90 units, one/two bedrooms.

► **WEINBERG COURT AT STADIUM PLACE**
410-235-0500
1020 East 33rd Street
Baltimore 21218
One-bedroom units.

► **WEINBERG GARDENS***
410-602-8200
1500 Bedford Avenue
Pikesville 21208
84 one-bedroom units.

► **WEINBERG HOUSE***
410-602-2405
16 Old Court Road
Pikesville 21208
116 one-bedroom units.

► **WEINBERG MANHATTAN PARK APARTMENTS**
410-466-8080
5715 Park Heights Avenue
Baltimore 21215
123 units, one/two bedrooms/efficiencies.

► **WEINBERG MANOR EAST**
410-358-5581
3601 Fords Lane
Baltimore 21215
186 units, one/two bedrooms/efficiencies.

► **WEINBERG MANOR WEST**
410-358-9393
3615 Fords Lane
Baltimore 21215
105 units, one-bedroom/efficiencies.

► **WEINBERG PLACE***
410-542-4111
2500 W. Belvedere Avenue
Baltimore 21215
231 units, one-bedroom/efficiencies.

► **WEINBERG TERRACE**
410-602-3950
1450 Bedford Avenue
Pikesville 21208
86 one-bedroom units.

► **WEINBERG VILLAGE I***
410-581-7878
3420 Associated Way
Owings Mills 21117
75 one-bedroom units.

► **WEINBERG VILLAGE II**
410-581-3800
3440 Associated Way
Owings Mills 21117
85 units, one-bedroom, two-bedrooms, one-bedroom w/ den.

► **WEINBERG VILLAGE III***
410-363-1600
3414 Associated Way
Owings Mills 21117
100 one-bedroom units.

► **WEINBERG VILLAGE IV**
410-363-8866
3410 Associated Way
Owings Mills 21117
100 units.

► **WEINBERG VILLAGE V**
410-356-4660
3430 Associated Way
Owings Mills 21117
86 units.

► **WEINBERG WOODS**
410-318-6625
3211 Clarks Lane
Baltimore 21209
72 one-bedrooms units.

► **WESTMINSTER HOUSE**
410-837-0180
524 N. Charles Street
Baltimore 21218
168 units, one-bedroom/efficiencies.

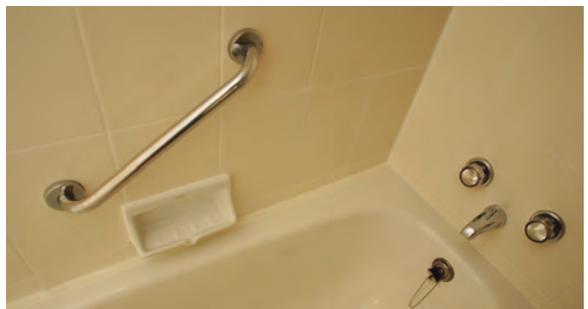
► **WOODBOURNE WOODS**
410-433-7255
1650 Woodbourne Avenue
Baltimore 21239
142 units, 23 efficiencies.

► **ZION TOWERS***
410-669-3900
1100 Pennsylvania Avenue
Baltimore 21201
210 one-bedroom units.

CONGREGATE HOUSING

APARTMENTS TO MEET SPECIAL NEEDS

Residents live in their own apartments located in senior rental apartment buildings and receive additional services for a fee. Subsidies are available to those who are asset and income eligible. Residents must be able to live independently with the supportive services provided.



► **BASILICA PLACE***
410-539-0418

► **BELVEDERE GREEN***
410-433-7255

► **BERNARD MASON**
410-396-0488

► **DEPAUL HOUSE***
410-644-8484

► **N.M. CARROLL MANOR***
410-669-4270

► **ST. ELIZABETH HALL***
410-252-4500, Press 5, then Ext. 7385

► **ST. JOACHIM**
3310 Benson Avenue
410-525-1101

► **ST. LUKE'S PLACE APARTMENTS***
410-477-3661

► **TRINITY HOUSE***
410-828-5288

► **WEINBERG PLACE***
410-542-4111

► **WOODBOURNE WOODS**
410-433-7255

► **WYMAN HOUSE**
410-396-6194
See previous section (Housing Apartments for Seniors) for addresses.

H

HOUSING - ASSISTED LIVING: 5-15 RESIDENTS

ASSISTED LIVING PROGRAMS

Provides housing and supportive services, supervision, personalized assistance and/or health-related services to meet the needs of residents who are unable to perform activities of daily living independently, or who need assistance. All Assisted Living (AL) Programs are regulated by the Maryland Department of Health and Mental Hygiene, Office of Health Care Quality. They are licensed to provide a specific level of care, as follows:

- *Level 1: Low Level of Care
- *Level 2: Moderate Level of Care
- *Level 3: High Level of Care

*Most facilities also accept residents at a level of care lower than the maximum for which they are licensed.

Levels of care are determined by a functional assessment. For additional services/information call Maryland Access Point of Baltimore County at 410-887-2594 or the Baltimore City Health Department Office of Aging and CARE Services at Maryland Access Point at 410-396-2273.

All Maryland Assisted Living programs are required by law to include a Disclosure Statement in their marketing materials to consumers and to provide information upon request. The Disclosure Statement outlines the services and policies of the assisted living program. Each facility uses the same standardized form which allows consumers to easily compare services and select the site that best meets their needs. The purpose of the Disclosure Statement is to empower consumers by describing an assisted living program's policies and services in a uniform manner.

Visit <http://www.dhmh.state.md.us/ohcq>. Click on *Assisted Living*, then click on *Consumer Information Page*. This will provide links to the Provider Service Disclosure Form and a list of licensed assisted facilities as well as additional information.

MONEY FOLLOWS THE PERSON

410-887-8739 (County)
410-545-7702 (City)
Assists current residents of nursing homes to move back into the community. An individual must have lived in a qualifying nursing home for at least 90 days and, for the last 30 days, be receiving Long Term Care Medical Assistance for at least 30 days.

ASSISTED LIVING: 1-4 RESIDENTS

For a list of these homes which house 1 - 4 residents, call the Maryland Department of Health and Mental Hygiene, Office of Health Care Quality at 410-402-8217, or visit the website at www.dhmh.state.md.us/ohcq (Licensee Directory). Please refer to Baltimore City's listing in the Directory on page 60 and 61.

ASSISTED LIVING: 5-15 RESIDENTS

Live-in residents must be age 18 or older, requiring a level of care for which an Assisted Living is licensed. The Maryland Department of Health and Mental Hygiene, Office of Health Care Quality surveys homes to maintain re-licensure requirements and to ensure compliance of the Code of Maryland regulations for Assisted Living programs. In addition, the Baltimore County Health Department provides Environmental Surveys for county locations only. Senior Assisted Housing subsidy (indicated by *) and Medicaid Waiver payment may be available, pending grant funds. This list from OHCQ is effective as of December 2, 2013.

► **303 N. ROLLING ROAD, LLC***
410-788-6612
303 North Rolling Road
Catonsville 21228
Level 3

► **A CARING PLACE, INC. OAKLEIGH HOUSE***
410-952-2499
410-592-2711
7700 Oakleigh Road
Parkville 21234
Level 3
Since 1996, homey, private rooms, some with half-baths.

► **ABC ASSISTED LIVING**
410-488-5468
4215 Bayonne Avenue
Baltimore 21206
Level 3

► **ABOUT YOUR CARE, INC.**
410-435-1557
801 Beaumont Avenue
Baltimore 21212
Level 2

► **AGAPE ASSISTED LIVING HOME I**
410-325-5940
5706 Denwood Avenue
Baltimore 21206
Level 3

► **AGAPE ASSISTED LIVING HOME II**
410-488-6926
4610 Eugene Avenue
Baltimore 21206
Level 3

► **ALHAMBRA ASSISTED LIVING FACILITY**
410-486-8650
5503 Alhambra Avenue
Baltimore 21212
Level 3

► **ALL ABOUT LOVE II**
410-323-7793
901 Woodbourne Avenue
Baltimore 21212
Level 3

► **ALL TOGETHER NETWORK, INC.**
410-486-8650
643 Tunbridge Road
Baltimore 21212
Level 3

► **ALMOST HOME ASSISTED LIVING, INC.**
410-448-9499
4813 Gwynn Oak Avenue
Baltimore 21207
Level 3

► **ALMOST HOME III**
410-833-0537
624 Main Street
Reisterstown 21136
Level 3



▶ **ALMOST LIKE HOME**

410-367-5521
4202 Maine Avenue
Baltimore 21207
Level 3

▶ **AMBROZEAN ASSISTED LIVING CARE CENTER**

410-367-8800
3800 W. Rogers Avenue
Baltimore 21215
Level 3

▶ **AMERICAN HOME CARE AND HEALTH SERVICES**

410-744-0986
2914 E. Federal Street
Baltimore 21213
Level 3

▶ **ANGEL CORE HOME OF CARE**

410-488-0394
4719 Elison Avenue
Baltimore 21206
Level 3

▶ **ANGEL CORE HOME OF CARE AT PARKMONT**

410-485-0605
4304 Parkmont Avenue
Baltimore 21206
Level 2

▶ **ANGELIC HANDS ASSISTED LIVING**

410-878-0374
5801 Clover Road
Baltimore 21215
Level 3

▶ **ANGELS AMONG US***

410-365-1633
12820 Eastern Avenue,
Extended
Baltimore 21220
Level 3



▶ **ANGEL'S COVE ASSISTED LIVING**

410-483-5339
5404 Belair Road
Baltimore 21215
Level 3

▶ **AUNT SHUG'S ASSISTED LIVING**

410-367-0517
4313 Belvieu Avenue
Baltimore 21215
Level 2

▶ **BEECHWOOD ASSISTED LIVING***

410-455-0492
101 N. Beechwood Avenue
Catonsville 21228
Level 3

▶ **BEST CARE ASSISTED LIVING***

410-526-2433
639 Main Street
Reisterstown 21136
Level 3

▶ **BETTY'S & DEBBIE'S FAMILY PLACE I**

410-254-5828
5411 Walther Avenue
Baltimore 21214
Level 3

▶ **CALMING ACRES**

410-655-1202
5329 Hamlin Avenue
Baltimore 21215
Level 3

▶ **CARE MATTERS ASSISTED LIVING**

410-415-5525
4003 Buckingham Road
Baltimore 21207
Level 3

▶ **CARE MATTERS, LLC**

410-415-5525
3604 Grantley Road
Baltimore 21215
Level 3

▶ **CARING CORNERS I**

410-496-2589
9217 Allenswood Road
Randallstown 21133
Level 3

▶ **CARING CORNERS II**

410-496-3653
3720 Lamoine Road
Randallstown 21133
Level 3

▶ **CARING CORNERS III**

410-922-4646
9208 Allenswood Road
Randallstown 21133
Level 3

▶ **CARING HEARTS OF HARFORD, LLC**

443-919-7388
4532 Harford Road
Baltimore 21214
Level unavailable.

▶ **CASSIE'S CORNER**

410-698-5581
7007 Brompton Road
Baltimore 21207
Level 3

▶ **CHARM CITY CARE I**

202-368-4400
2945 Clifton Avenue
Baltimore 21216
Level unavailable.

▶ **CHELSEA MANOR, INC.**

410-664-4748
2309 Chelsea Terrace
Baltimore 21216
Level 3

▶ **CHERYL'S PLACE #1**

443-668-3001
8707 Trumps Mill Road
Baltimore 21237
Level 3

▶ **CLARK MANOR ASSISTED LIVING HOME**

410-496-3336
9407 Lencrest Road
Randallstown 21133
Level 3

▶ **CLEM AND DOLL II**

443-804-9556
8335 Liberty Road
Baltimore 21244
Level 3

▶ **CLEM AND DOLL ASSISTED LIVING I**

443-804-9556
8337 Liberty Road
Baltimore 21244
Level 3

▶ **CORNERSTONE ASSISTED LIVING**

443-415-0846
3617 Fairview Avenue
Baltimore 21216
Level 3

▶ **DAISY GROUP, THE**

410-367-5768
5247 Reisterstown Road
Baltimore 21215
Level 3

▶ **DORCHESTER HOUSE**

410-542-4815
3912 Dorchester Road
Baltimore 21207
Level 3

▶ **DULANEY VALLEY ASSISTED LIVING AT HUNT VALLEY***

410-370-6288
10815 Powers Avenue
Cockeysville 21030
Level 3

▶ **DULANEY VALLEY ASSISTED LIVING, INC.***

410-252-3430
5001 Carroll Manor Road
Baldwin 21013
Level 3

▶ **EBENEZER HOUSE, LLC**

410-889-4175
5008 Walther Avenue
Baltimore 21214
Level 3

▶ **EDEN'S ASSISTED LIVING**

410-254-9537
3007 Louise Avenue
Baltimore 21214
Level 3

▶ **ELAINE'S HOME CARE, INC.**

410-383-0703
803 Chauncey Avenue
Baltimore 21217
Level 3

H

HOUSING - ASSISTED LIVING: 5-15 RESIDENTS

▶ ELLA'S IN HOME CARE

410-327-2516
3007 Belair Road
Baltimore 21213
Level 3

▶ EMPOWERING LIVES

410-225-7447
1716 Harlem Avenue
Baltimore 21217
Level 3

▶ ERIKA & ERIC HOME OF CARE II

410-944-4211
2400 Roslyn Avenue
Baltimore 21216
Level 3

▶ ESTHER'S PLACE AT MONTEBELLO

410-254-1010
2831 Montebello Terrace
Baltimore 21214
Level 3

▶ EVERGREEN VALLEY ASSISTED LIVING

410-252-3430
3009 Evergreen Avenue
Baltimore 21214
Level 3

▶ EZRA'S PORCH AT BAKER

804-931-8008
2200 Baker Street
Baltimore 21216
Level 1

▶ FREEDOM WAY HOME CARE

410-285-0255
201 Ash Avenue
Baltimore 21222
Level 3

▶ GEORGIE & JETTA LOVING CARE HOME

443-682-9365
720 E. 35th Street
Baltimore 21218
Level 3

▶ GLORIA FRIEND'S HOME*

410-686-0448
929 Back River Neck Road
Baltimore 21221
Level 3

▶ GODLY EMBRACE

410-945-3273
1211 Poplar Grove Street
Baltimore 21216
Level 3

▶ GOLDEN YEARS MANOR

410-668-3084
4607 Kenwood Avenue
Baltimore 21206
Level 3

▶ GOODWIN MANOR INCORPORATED

410-254-6453
3132 Harview Avenue
Baltimore 21234
Level 2

▶ GRACE MANOR

410-944-2790
6729 Windsor Mill Road
Gwynn Oak 21207
Level 3

▶ GRACEFUL ASSISTED LIVING FACILITY

410-662-2375
5310 Wabash Avenue
Baltimore 21215
Level 3

▶ GRACIOUS LIVING OF REISTERSTOWN, LLC

410-982-3435
64 Main Street
Reisterstown 21136
Level 3

▶ HAMPTON MEADOWS, LLC*

410-825-1743
1412 Providence Road
Towson 21286
Level 3

Housing Authority Baltimore City - Mixed Population Developments

Allendale

410-396-0273
3600 W. Franklin Street
Baltimore, MD 21229

Bel-Park Towers

410-396-3292
3800 W. Belvedere Ave.
Baltimore, MD 21215

Bernard E. Mason Sr.

410-396-1704
2121 Windsor Gardens Ln.
Baltimore, MD 21207

Brentwood

410-396-7424
401 E. 25th Street
Baltimore, MD 21218

Broadway Overlook

410-675-3900
100 N. Broadway
Baltimore, MD 21201

Chase House

410-545-7285
1027 Cathedral Street
Baltimore, MD 21201

Ellerslie

410-396-3005
601 Wyanoke Avenue
Baltimore, MD 21218

Govans Manor

410-396-1542
5220 York Road
Baltimore, MD 21212

Hollins House

443-984-3137
1010 W. Baltimore Street
Baltimore, MD 21223

J. Van Story Branch

410-396-3272
11 W. 20th Street
Baltimore, MD 21218

Lakeview Towers

410-396-1714
717 Druid Park Lake Dr.
Baltimore, MD 21217

Mc Culloh Homes

443-984-1608 (High-rise)
410-545-3660 (Low-rise)
501 Dolphin Street
Baltimore, MD 21217

Monument East

410-545-6610
633 Aisquith Street
Baltimore, MD 21202

Orchard Ridge

410-485-4646/2219
4312 Clareway
Baltimore, MD 21213

Pleasant View Gardens

410-534-6182
201 N. Aisquith Street
Baltimore, MD 21202

Primrose Place

410-396-4644
820 S. Caton Avenue
Baltimore, MD 21229

Rosemont Towers

443-984-3155
740 Poplar Grove Street
Baltimore, MD 21216

Wyman House

410-545-1910
123 W. 29th Street
Baltimore, MD 21218



H

HOUSING - ASSISTED LIVING: 5-15 RESIDENTS

HAWKINS CHRISTIAN CARE HOME

410-947-5003
802 Walnut Avenue
Baltimore 21229
Level 3

▶ HEART THAT CARES HEIGHTS, A

410-708-1140
3210 Harford Road
Baltimore 21218
Level 3

▶ HEAVENLY GRACE ASSISTED LIVING 2

443-271-0884
3201 Windsor Avenue
Baltimore 21216
Level 3

▶ HIS GOODNESS ASSISTED LIVING ONE

443-465-9958
3705 Collier Road
Randallstown 21133
Level 3

▶ HIS GOODNESS ASSISTED LIVING TWO

410-922-0841
3719 Vega Road
Randallstown 21133
Level 3

▶ HOLBROCK ESTATES AT ARUNAH AVENUE

202-320-0501
3007 Arunah Avenue
Baltimore 21216
Level 3

▶ HOLBROCK ESTATES AT GARRISON BOULEVARD

202-320-0501
3017 Garrison Boulevard
Baltimore 21216
Level 3

▶ HOLBROCK ESTATES AT LIBERTY HEIGHTS AVENUE II

202-320-0501
4107 Liberty Heights Avenue
Baltimore 21207
Level 3

▶ HOLBROCK ESTATES AT LITCHFIELD

800-381-8671
5000 Litchfield Avenue
Baltimore 21215
Level 3

▶ HOLBROCK ESTATES AT PARK HEIGHTS AVENUE

800-381-8671
3827 Park Heights Avenue
Baltimore 21215
Level 3

▶ HOLBROCK ESTATES AT QUANTICO AVENUE

202-320-0501
2606 Quantico Avenue
Baltimore 21215
Level 3

▶ HOLBROCK ESTATES, LLC

800-381-8671
3506 Lucille Avenue
Baltimore 21215
Level 3

▶ HOLLAND MANOR ELDERCARE

410-828-1290
1812 Landrake Road
Towson 21204
Level 3

▶ HOME OF TENDER CARE, LLC

410-448-5685
5315 Norwood Road
Baltimore 21207
Level 3

▶ HOUSE OF PEACE

410-542-1797
3725 Belle Avenue
Baltimore 21215
Level 3

▶ HOUSE OF VICTORY APOSTOLIC HOME CARE

410-732-3105
3001 Belair Road
Baltimore 21213
Level 3

▶ INNOCENSE HOME, INC.

410-665-0664
2911 Echodale Avenue
Baltimore 21214
Level 3

▶ ISAIAH 43:19 ASSISTED LIVING

410-457-7446
2631 Quantico Avenue
Baltimore 21215
Level 3

▶ J. L. CARE ENTERPRISES, INC. * HOME AGAIN II

410-719-8520
601 Aldershot Road
Baltimore 21229
Level 3

▶ JOHN 8:12 ASSISTED LIVING

410-457-7446
2535 Park Heights Terrace
Baltimore 21215
Level 3

▶ JONES-WILLIAMS FAMILY CARE, INC.

410-523-1829
3716 Park Heights Avenue
Baltimore 21215
Level 3

▶ JOY'S BLESSING I

410-521-1159
3919 Innerdale Court
Randallstown 21133
Level 3

▶ JOY'S BLESSING II

410-496-2135
4122 Tiverton Road
Randallstown 21133
Level 3

▶ JOYOUS LIVING*

410-344-0020
11130 Philadelphia Road
White Marsh 21162
Level 3

▶ KINGDOM HOUSE, INC., THE

410-466-4177
4001 Carlisle Avenue
Baltimore 21216
Level unavailable.

▶ KOZY KOTTAGE ASSISTED LIVING, LLC

410-542-4569
2807 Lawina Road
Baltimore 21216
Level 3

▶ LIFESPRING, LLC*

410-744-0934
2200 Pleasant Villa Avenue
Catonsville 21228
Level 3

▶ LINS LOVING CARE ASSISTED LIVING II

410-236-7199
2902 Bayonne Avenue
Baltimore 21214
Level 3

▶ LINS LOVING CARE III

410-532-7845
2909 Halcyon Avenue
Baltimore 21214
Level 3

▶ LIVE WELL ASSISTED LIVING SPRINGDALE, LLC

410-837-3600
4212 Springdale Avenue
Baltimore 21207
Level 3

▶ LOVING TOUCH PERSONAL CARE, INC.

410-944-5451
2229 Southland Road
Baltimore 21207
Level 3

▶ MA MAISON I*

410-248-0545
9404 Belair Road
Baltimore 21236
Level 3

▶ MA MAISON II*

410-248-0545
9402 Belair Road
Baltimore 21236
Level 3

▶ MA MAISON III*

410-248-0545
9412 Belair Road
Baltimore 21236
Level 3

H

HOUSING - ASSISTED LIVING: 5-15 RESIDENTS

► MAGNOLIA MANOR

410-788-9146
410-701-0502
900 S. Rolling Road
Catonsville 21228
Level 3

Taking care of our residents like only family can.

► MAPLEBROOK HOME, THE

410-922-4646
8912 Maplebrook Road
Randallstown 21133
Level 3

► MARIES COMFORT & CARE II, LLC

410-292-2090
3925 Maine Avenue
Baltimore 21207
Level 3

► MARLEA MANOR

410-488-3135
4405 Raspe Avenue
Baltimore 21206
Level 3

► MARLYN PLACE*

410-365-1633
951 N. Marlyn Avenue
Baltimore 21221
Level 3

► MARTHA'S PLACE

410-298-8141
5444 Dogwood Road
Baltimore 21207
Level 3

► MARYLAND LIVING, INC.

443-680-7231
4610 Springdale Avenue
Baltimore 21207
Level 3

► MAXIMUM ASSISTED LIVING I

410-655-0562
8419 Allenswood Road
Randallstown 21133
Level 3

► MAXIMUM ASSISTED LIVING II

410-298-0277
7204 Barlow Court
Woodlawn 21244
Level 3

► MAXIMUM ASSISTED LIVING III

410-521-3060
4816 Old Court Road
Randallstown 21133
Level 3

► MAYFIELD HOUSE

410-788-9919
123 Fairfield Drive
Catonsville 21228
Level 3

► MEN ON THE MOVE ASSISTED LIVING

443-537-5253
3431 Piedmont Avenue
Baltimore 21216
Level unavailable.

► MOSLEY CARE PROVIDER, INC.

410-655-2685
3515 Melody Lane
Baltimore 21244
Level unavailable.

► MSC FAMILY CARE

410-814-3302
4400 Belvieu Avenue
Baltimore 21215
Level 3

► MUMSEY'S RESIDENTIAL CARE

410-466-4597
3512 Devonshire Drive
Baltimore 21215
Level unavailable.

► MY CARING ASSISTED LIVING

410-655-1555
4008 Boarman Avenue
Baltimore 21215
Level 3

► MY HOUSE

410-484-3278
4168 Crest Heights Road
Baltimore 21215
Level 3

► MY HOUSE 2

410-484-8720
6612 Dalton Drive
Baltimore 21207
Level unavailable.

► MY LOVING CARE HANDS ASSISTED LIVING

410-464-7153
3410 Woodbine Avenue
Baltimore 21207
Level 3

► NA'S PLACE, A HAVEN OF REST*

410-682-3540
1604 Browns Road
Baltimore 21221
Level 3

► NEW START #1

410-203-0003
3917 Innerdale Court
Randallstown 21133
Level 3

► NORTH OAKS RETIREMENT COMMUNITY

410-484-7300
725 Mount Wilson Lane
Baltimore 21208
Level 3

► OPEN ARMS

443-919-7457
5005 Sipple Avenue
Baltimore 21206
Level 3

► OPEN HEAVENS ASSISTED LIVING, INC.

443-850-0114
3006 Fleetwood Avenue
Baltimore 21214
Level 2

► P. J.'S HOUSE OF CARE

410-905-2066
2909 Woodland Avenue
Baltimore 21215
Level 3

► PALMER HOME CARE FACILITY, INC.

410-542-8511
3820 W. Coldspring Lane
Baltimore 21215
Level 3

► PEACE AND SERENITY ASSISTED LIVING

410-485-5056
4010 Southern Avenue
Baltimore 21206
Level 1

► PEACE DIAMOND ASSISTED LIVING, INC.

202-486-7290
3402 Callaway Avenue, #1
Baltimore 21215
Level 3

► PHIL 4 13 ASSISTED LIVING

800-381-8671
3825 Park Heights Avenue
Baltimore 21215
Level 3

► PHO ASSISTED LIVING II

410-225-3790
3125 Gwynns Falls Parkway
Baltimore 21216
Level 3

► PHO ASSISTED LIVING III

410-566-2069
1116 North Bentallou Street
Baltimore 21216
Level 3

► PHOENIX RISING, LLC

443-315-6152
6511 Rosemont Avenue
Baltimore 21206
Level 3

► PINWOOD MANOR

410-254-1219
3905 Pinewood Avenue
Baltimore 21206
Level 3

► PINWOODS MANOR

410-655-6441
5606 Old Court Road
Baltimore 21244
Level 3

► PLEASANT GARDEN CLOVER

410-870-0758
5426 Clover Road
Baltimore 21215
Level 3

ASSISTED LIVING FACILITIES FOR 1-4 RESIDENTS IN BALTIMORE CITY

Information provided courtesy of the Baltimore City Health Department Office of Aging and CARE Services

For additional information, please contact **Baltimore City MAP** at **410-396-2273**.

21202 Holbrock Estates- Martin Porres Center 202-320-0501	Pleasant Care Assisted Living 410-325-3172 Royal Heart Assisted Living 443-570-2706 Sabbath Place 410-276-2206 Tucker's Precious Care Home 410-325-4640 Uhh Wee, We Care, Inc 410-325-7256 Wholistic Care Assisted Living 410-488-0139	21213 All About Caring 410-327-6023 Amani Z Gifted Hands Assisted Living 410-325-7118 An Act of Grace LLC 410-370-0835 Believe Homes Inc. 410-522-1505 Bernie's Place Inc 443-677-5720 Charlie's Angels Assisted Living 410-276-0956 443-801-6994 Grier Alternative Care Center 410-340-8545 Heart of Angels 410-558-1691 Home for the Blessed Ones Assisted Living 410-483-6040 Infinite Care 410-522-1579 Kenyon Springs 410-665-4743 McCaskill's Assisted Living 410-485-9977 Montford Assisted Living 443-983-9918 Quindel's Home of Assisted Living LLC 443-909-4344 Sense of Peace Assisted Living 443-310-9283 Touch of Sincerity 443-858-4734 We Care Assisted Living 410-327-0645	21215 A1 Subservient Care 410-466-2616 ADAL INC. 336-655-2667 Andrews Heart & Home 410-367-3516 Angels First Assisted Living 410-383-1873 Ann's Place 410-664-2633 At Majestic Care LLC Services II 443-835-4989 Aunt Shug's Assisted Living 410-367-2166 Best Care 410-542-4842 Bethany's Place 410-542-6848 Blessed Day Home Care 202-641-3964 Bridging Hope#1 888-316-1912 Buddy's Assisted Living 443-682-7761 Callahan's Special Care Facility 410-664-3922 Calming Acres 410-655-1202 Capital Assisted Living Program 410-466-6433 Crystal Home 410-466-2537 Harmony House I 410-664-8034 Harrison's Home Care 410-484-8196 Joy Assisted Living 410-578-1230 Keemer Kare 410-504-9601 Lebasac Assisted Living 410-764-2959 Loving Care Home 410-367-5394 Mumsey's Assisted Living Facility 410-466-4597 My Brothers Keeper 443-990-7973 My Caring Assisted Living 410-963-2635 Parker Palace Assisted Living 410-664-1042 Postt Assisted Living 410-466-2876 Q & C-Your Way Thru-We Make Your Life Easier 443-982-6239 Shelton Personal Care 410-542-6545 Tina's Adult Care 410-466-0804 Touch of Class III 410-664-2904 We Make Your Life Easier 443-982-6239 Welcome Home 410-419-9140
21205 Allen's House of Hope Inc. 410-563-2080 Elsie's Place 443-939-6287 443-829-3202 Covenant Care Assisted Living II 443-910-3965 Gentlemen's Club Lakewood 443-829-3202 M & G's Total Tender Loving Care 410-342-8152 Norma's House 410-675-9307	21207 Forest Park Care Center 410-578-8247 Foster Care City 410-448-2721 Graceful Holdings Living Assistance 410-233-2271 Habakkuk House 410-367-6857 Honor & Cherish 410-206-9109 Mary's Place 410-448-4130 LaShae Gloria Home Care 410-370-0705 Pleasant Hope 410-664-0911 Prayer Changes Everything 443-846-9439 Touch of Love 410-868-0490	21214 April Showers Assisted Living 443-801-2920 Christian Home Care II 410-426-8298 Cowan's Assisted Living 443-708-3658 Cozy House Adult Care 1-2 410-319-7400 Emergency Care 24/7 410-254-1382 Justin's Assisted Living 410-444-1510 Kings Care 410-254-1554 Trust Inc. 410-532-6114 Victorious Living Home 443-850-1069 UCI Americans 410-599-1940 Under a Nurse's Care 443-527-0019	
21206 ALPHA Assisted Living Inc. 410-663-6313 Adassa Assisted Living 410-814-7042 All About You Assisted Living 410-963-5878 C & L Quality Home Care III 410-488-4025 Dayspring Gardens LLC 443-762-9252 Dee's House of Care 410-426-3465 First Care Assisted Living 301-705-7909 Hamilton Gardens 410-426-0175 Hillcrest Manor 410-426-7603 House of Refuge 410-426-2367 House of TLC 443-759-5346 In Heaven's Hands 410-325-2324 Keeping People Smiling 443-552-6216 Lacy's Assisted Living 410-483-0198 Marx Avenue Assisted Living 443-509-5500 Millie's Personal Care 410-325-4940 New Horizon LLC 443-682-8644 Norma's Place 2 LLC 410-325-3838 Open Arms 410-488-5692 Paige Place 410-485-2414 Pleasant Care 410-325-7410	21211 Acts Assisted Living 443-919-9868 21212 C & L Quality Care I 410-296-8793 Carlyle's Place 410-433-3928 Come for Care Assisted Living 240-210-0991 Concepts for Living II 410-323-6970 Destiny's Place 410-435-9622 Fountain of Life 443-722-7144 Fruitful Love Christian Home 410-323-9625 410-532-8518 Haven of Refuge Assisted Living 410-323-0553 Hebrews 11:1 Assisted Living 410-988-3588		

ASSISTED LIVING FACILITIES FOR 1-4 RESIDENTS IN BALTIMORE CITY

Information provided courtesy of the Baltimore City Health Department Office of Aging and CARE Services

For additional information, please contact **Baltimore City MAP** at 410-396-2273.

21216

1 Stop Assisted Living 1 & 2
443-629-2526
Acts of Love
410-947-2840
Allen House
410-485-1631
Art of Loving Assisted Living
24-413-6748
Assisted Living By Grace LLC
443-798-8936
AW Quality Care II
443-271-8159
Baltimore Treatment Community LLC
443-420-8235
Brinkley Care Assisted Living
443-872-4302
Caring Touch(A) Inc.
410-800-2005
Chambers Nest
410-362-6636
Charles Jr. House
410-664-3359
Charm City Care II
443-708-7236
Chris's Place Assisted Living
443-866-2311
Cherry Haven Assisted Living
410-233-9895
Dee's Assisted Living
410-462-5026
Harmony Houses
443-250-6446
KPS Assisted Living I & II
443-552-6216
PHO Assisted Living 1-2
410-233-6346
Pulliam Superior Care Assisted Living
410-462-1624
Ray Of Light
410-655-0627
Rena's Place
410-367-0934
Rose's of Life
410-601-0150
Tender Care
410-462-5478
Touch of Class I & II
410-542-5507
Trinity Arms Assisted Living
443-708-1280
Vision Care Assisted Living
410-945-9510
We Care Home Care
443-278-5241

21217

CA Assisted Living Home
410-977-5743
Elison Living
410-357-6203
Gaddy's Assisted Living
410-207-6174

House of Harmony LLC
410-977-2448
John 14:27 Assisted Living
410-988-3588
Karima's Place
410-599-7038
Karing People Smile
443-854-0160
Michael's Creative Care
443-955-4099
Love Inc.
410-866-2870
Vision of Glory
410-523-8698

21218

ABC Assisted Living II
443-257-7731
Easter Adult Care
443-463-7717
Blesseth Home Care
410-433-2168
Brown Park
410-935-7829
Christ Home of Love and Care
410-366-3688
Cyprian Assisted Living
410-235-0837
Ella's Place Inc
410-496-2645
Hanson's Home Care I & II
410-882-8650
410-235-1895
Kingsway Gardens
410-435-1446
Living Life Assisted Living- Barclay
443-621-7270
Open Arms Assisted Living
443-802-6794
Patricia's Assisted Love Care Home
410-338-0328
Perfectly Placed Incorporated
443-629-8388
Sel's Place
410-366-7781
Step From Home
443-414-2503
Victoria's New Generations Assisted Living
410-243-1430

21223

B-More Assisted Living
410-233-6747
Caring for You Assisted Living
443-857-6731
Garden of Roses
443-492-9879
Jannah Assisted Living
443-453-1688
Julia's Place
410-233-2399

Keeper of All Hearts

410-233-0151
Love & Faith Home Care
443-802-0991
Parksley Place Assisted Living Care
443-874-2579
Passionate Care
443-307-9580

21224

Andy's Assisted Living
410-371-0091
Comfort Zone LLC
443-744-5368
Enhancing Lives LLC
410-982-3435
410-522-2550
Gentlemen's Quarters I
443-835-2637
M & M Assisted Living
410-327-4577

21225

Ann-Duff
410-945-4820
TCC Assisted Living
443-750-5191

21229

A And T Quality Care Assisted Living
443-869-3224
Ashley Home I
410-362-0006
Avalon Homes LLC
410-233-6122
Barbara Personal Care
410-362-0164
Betty's Place of Comfort
443-438-3836
Pathway House
410-947-5755
Edna W. Cox Tranquil Pathway House
410-842-3661
Fleming Taylor Assisted Living
410-566-7618
Forever Young Assisted Living
410-945-1523
Grace & Joy Assisted Living
410-292-7705
He Ain't Heavy Assisted Living
410-258-7632
House of Promise
410-566-4086
Linz Assisted Living
410-566-4969
Lily Ridge Assisted Living
443-527-1062
Love is Love
410-646-0518
Mayme's Place
410-361-1776
My Second Home II
410-362-6409

Nick's Place Assisted Living

443-866-2311
Rise and Shine
410-362-2157
Sem's Haven Assisted Living
410-624-0387
Unity House Assisted Living
443-708-3462

21230

Grace & Mercy Home Care
919-239-1930
Howell's Care Assisted Living
443-438-4715

21234

Eyes On Us At the View
443-447-6568
Hands of Love
410-444-9358
Hawkins House
410-426-4985

21239

Belvedere Assisted Living
443-919-2429
443-570-9064
Burriss Home Care
410-433-1655
Concepts For Living
410-435-0615
Debbie's House
410-433-8285
Golden Age Inn
410-464-0796
Heavenly Grace Assisted Living
410-435-3398
Helping Hand/Caring Hearts
410-323-6011
House of Love
410-665-1834
Jenny's Home Care II
410-532-7524
Lin's Loving Care Assisted Living
410-532-7845
Myron's Retreat LLC
410-323-1655
Pinkett's Assisted Living LLC
410-233-5231
Robbins Nest LLC
443-742-3948
Sara's Christian Home
410-433-8323
Serenity Care
410-435-3550
Tender Touch Assisted Living
443-438-6099
Valencia's Senior Care Home
410-804-8523

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Nomiki Bouloubassis Weitzel, Esquire

Brianna Davidson Jarrett, Esquire



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- Federal Gift and Estate Tax Planning

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Belair Beltway Professional Ctr.
7652 Belair Road
Baltimore, MD 21236
410-663-9400

Harford County Office:

Professional Ctr. at Harford Mutual
210 N. Main Street, Suite 102
Bel Air, MD 21014
410-638-7779

www.ElderLawMaryland.net

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Services provided in the comfort
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Skilled Nursing, Physical,
Occupational, and Speech Therapies,
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Private Duty options include:

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Light Housekeeping, Meal Preparation

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of Service to
Our Community*



We are Medicare Certified
and accept many private
insurance programs



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Baltimore, Maryland 21218
(410) 235-1060 www.p-bhealth.com

H

HOUSING - ASSISTED LIVING: 5-15 RESIDENTS

▶ PLEASANT GARDEN GLENMORE

410-870-0758
3603 Glenmore Avenue
Baltimore 21206
Level 3

▶ PLEASANT GARDEN PINWOOD

3711 Pinewood Avenue
Baltimore 21206
Level 3

▶ PLEASANT GARDEN I

410-870-0758
409 S. Chapelgate Lane
Baltimore 21229
Level 3

▶ PLEASANT GARDEN II

410-870-0758
411 S. Chapelgate Lane
Baltimore 21229
Level 3

▶ PRAYER CHANGES EVERYTHING ASSISTED LIVING II

410-542-0583
4305 Penhurst Avenue
Baltimore 21215
Level 3

▶ PRECIOUS PALMS ASSISTED LIVING HOME

410-367-3392
2600 Keyworth Avenue
Baltimore 21215
Level 3

▶ RENEWED EASE - A CHRISTIAN HOME

410-435-0083
712 Cator Avenue
Baltimore 21218
Level 3

▶ ROLLING GRACE ASSISTED LIVING FACILITY

240-899-0703
305 N. Rolling Road
Catonsville 21228
Level 3

▶ ROSEMARIE MANOR II

410-997-0218
3300 Alto Road
Baltimore 21216
Level 3

▶ RUTH'S COMFORT & CARE ASSISTED LIVING

410-466-6887
5808 Merville Avenue
Baltimore 21215
Level 3

▶ SAINT MARTIN'S HOME

410-744-9367
601 Maiden Choice Lane
Catonsville 21228
Level 2

▶ SAINT PAUL ASSISTED LIVING

443-315-6152
2128 Saint Paul Street
Baltimore 21218
Level 3

▶ SCOTLAND MANOR

410-466-2288
2900 Boarman Avenue
Baltimore 21215
Level 3

▶ SECOND GENESIS III

410-922-6352
3737 Courtleigh Drive
Randallstown 21133
Level 3

▶ SEFTON HOME CARE

410-426-4869
6007 Sefton Avenue
Baltimore 21214
Level 3

▶ SERENITY GARDEN MANOR CORPORATION

410-362-8832
2311 Roslyn Avenue
Baltimore 21216
Level 3

▶ SERENITY LIVING II

410-601-0333
3605 Hillsdale Road
Baltimore 21207
Level 3

▶ SHEKINAH HOME CARE

410-448-4884
5514 Wayne Avenue
Baltimore 21207
Level 3

▶ SHINING MOON'S ELDER CARE ALF

410-337-0525
1310 Dulaney Valley Road
Towson 21286
Level 3

▶ SOUTHERN LIVING ASSISTED CARE

443-874-7272
2500 West Rogers Avenue
Baltimore 21215
Level unavailable.

▶ SPECIALIZED HOME CARE

410-532-1991
501 East 41st Street
Baltimore 21218
Level 3

▶ SPLENDID HOME CARE, LLC*

410-747-6830
1306 Lincoln Woods Drive
Catonsville 21228
Level 3

▶ ST. CHARLES PLACE, INC.

410-664-2196
5246 St. Charles Avenue
Baltimore 21215
Level 3

▶ STERLING HOSPITALITY, LLC

410-318-8999
7015 Park Heights Avenue
Baltimore 21215
Level 3

▶ STUMP'S HOME, INC.

410-664-2622
2301 Oswego Avenue
Baltimore 21215
Level 3

▶ SUDBROOK PARK ASSISTED LIVING*

410-653-3480
600 Sudbrook Road
Pikesville 21208
Level 3

▶ SUPERIOR HOME CARE FOR THE ELDERLY

410-664-8605
3910 Milford Avenue, 1st Floor
Baltimore 21207
Level 3

▶ SWEET REST AND CARE II, INC.

410-669-7200
3010 Clifton Avenue
Baltimore 21216
Level 3

▶ T&T ASSISTED LIVING

410-365-2166
4306 Belvieu Avenue
Baltimore 21215
Level 3

▶ T&T ASSISTED LIVING

410-367-0468
4309 Belvieu Avenue
Baltimore 21215
Level 3

▶ TAYLOR CARE, LLC

443-676-5999
4119 Penhurst Avenue
Baltimore 21215
Level 3

▶ TAYLOR MADE ASSISTED LIVING CENTER, LLC

410-299-2016
1714 E. 33rd Street
Baltimore 21218
Level 3

▶ TENDER CARE ASSISTED LIVING FACILITY

443-904-5983
825 Freeman Street
Baltimore 21225
Level 3

▶ TENDER LOVE & CARE

410-254-5948
1629 E. 31st Street
Baltimore 21218
Level 3

▶ TURNAGE HOUSE, THE

410-869-0756
5947 Central Avenue
Baltimore 21207
Level 2

H

HOUSING - ASSISTED LIVING: 5-15 - ASSISTED LIVING: 16+ RESIDENTS

▶ TWO CHARMS

410-277-0001
3702 Gwynn Oak Avenue
Baltimore 21207
Level 3

▶ TYRELL'S HOUSING, LLP

410-701-7702
3425 Chapman Road
Randallstown 21133
Level 3

▶ VILLA AT CAMPFIELD, THE

410-655-5850
7117 Campfield Road
Baltimore 21207
Level 2

▶ VORIZEN ASSISTED LIVING II

410-580-1309
825 Milford Mill Road
Pikesville 21208
Level 3

▶ WASHINGTON'S NEST

410-254-5948
3006 Beverly Road
Baltimore 21214
Level 3

▶ WAY OF HOPE, INC.

410-486-3793
2927 Winchester Street
Baltimore 21216
Level 3

▶ WEST WAY ASSISTED LIVING

443-220-7193
5252 Saint Charles Avenue
Baltimore 21215
Level 3

▶ WOODBINE MANOR, INC.

410-922-4004
3410 Woodbine Avenue
Baltimore 21207
Level 3

▶ WOODHOLME MANOR, LLC*

410-415-5873
101 Woodholme Avenue
Pikesville 21208
Level 3

ASSISTED LIVING - 16+ RESIDENTS

This category provides housing options for frail adults who are seeking a facility with 16 or more individuals. These facilities receive regular monitoring by state and local government agencies. See RETIREMENT COMMUNITIES for additional Assisted Living programs. Please note that some facilities specialize in caring for residents with Alzheimer's disease or memory impairment. Information below was obtained from OHCQ. Please contact the facility for additional information.

▶ ARDEN COURTS OF PIKEVILLE

410-415-5600
8909 Reisterstown Road
Pikesville 21208
45 units, Level 3

▶ ARDEN COURTS OF TOWSON

410-847-9400
8101 Bellona Avenue
Towson 21204
60 units, Level 3

▶ ATRIUM VILLAGE

410-363-0330
4730 Atrium Court
Owings Mills 21117
93 units, Level 3

▶ AUGSBURG LUTHERAN HOME MARYLAND

410-486-4573
6811 Campfield Road
Baltimore 21207
64 units, Level 3

▶ AUTUMN ASSISTED LIVING AT COCKEYSVILLE I

410-683-1600
10881 York Road
Cockeysville 21030
17 units, Level 3

▶ AUTUMN ASSISTED LIVING AT COCKEYSVILLE II

410-683-2400
10883 York Road
Cockeysville 21030
17 units, Level 2

▶ BRIGHTVIEW ASSISTED LIVING OF TOWSON

410-296-3320
20 East Burke Avenue
Baltimore 21284
100 units, Level 3

▶ BRIGHTVIEW CATONSVILLE

410-788-5001
912 S. Rolling Road
Catonsville 21228
95 units, Level 3

▶ BRIGHTVIEW WHITE MARSH

410-668-1588
8100 Rossville Boulevard
Baltimore 21236
99 units, Level 3

▶ CARITAS HOUSE ASSISTED LIVING

410-646-6600
3308 Benson Avenue
Baltimore 21227
60 units, Level 2

▶ CHARLESTOWN RENAISSANCE GARDENS

410-247-3400
709 Maiden Choice Lane
Catonsville 21228
164 units, Level 3

▶ CHARLOTTE HALL VETERANS HOME

301-884-8171
www.charhall.org
29449 Charlotte Hall Road
Charlotte Hall 20622
168 units, Level 3
Income based assisted living, LTC nursing, rehabilitation and memory care.

▶ COLLEGE MANOR

410-252-0440
300 W. Seminary Avenue
Lutherville 21093
49 units, Level 3



H

HOUSING - ASSISTED LIVING: 16+ RESIDENTS

▶ EDENWALD

410-823-1349
800 Southerly Road
Towson 21286
88 units, Level 2

▶ EMERALD ESTATES SENIOR LIVING COMMUNITY

410-225-9337
3855 Greenspring Avenue
Baltimore 21211
120 units, Level 3

▶ EMERITUS AT PIKESVILLE

410-580-0892
1840 Reisterstown Road
Pikesville 21208
116 units, Level 3

▶ EMERITUS AT TOWSON

410-377-2100
6451 N. Charles Street
Towson 21212
92 units, Level 3

▶ ESTHER'S PLACE AT STRATHMORE

410-254-1010
2901 E. Strathmore Avenue
Baltimore 21214
16 units, Level 3

▶ ESTHER'S PLACE, INC.

410-254-1010
2926 Harford Road
Baltimore 21218
40 units, Level 3

▶ ESTHER'S PLACE - PINWOOD

410-254-1010
2802 Pinewood Avenue
Baltimore 21214
16 units, Level 3

▶ GLEN MEADOWS RETIREMENT COMMUNITY

410-592-5310
11630 Glen Arm Road
Glen Arm 21057
48 units, Level 3

▶ GLYNN TAFF ASSISTED LIVING

443-604-4166
5741 Edmondson Avenue
Catonsville 21228
47 units, Level 2

▶ HEART HOMES AT LUTHERVILLE I*

410-321-5950
1414 Front Avenue
Lutherville 21093
16 units, Level 3

▶ HEART HOMES AT LUTHERVILLE II*

410-494-4363
1420 Front Avenue
Lutherville 21093
16 units, Level 3

▶ KESWICK MEMORY CARE

410-662-4218
700 W. 40th Street
Baltimore 21211
44 units, Level 3

▶ LIGHTHOUSE SENIOR LIVING AT HOPKINS CREEK

410-918-0400
1813 Old Eastern Avenue
Baltimore 21221
97 units, Level 3

▶ MAPLES OF TOWSON, THE

410-296-8900
www.themaples-towson.com
7925 York Road
Towson 21204
60 units, Level 3
The Maples of Towson assisted living community. Respite stays available.

▶ MARYLAND MASONIC HOMES

410-764-2771
300 International Circle
Cockeysville 21030
110 units, Level 2

▶ MAYS CHAPEL RIDGE

410-628-2100
12261 Roundwood Road
Timonium 21093
89 units, Level 3

▶ MORNINGSIDE HOUSE AT SATYR HILL

410-882-0700
8800 Old Harford Road
Parkville 21234
125 units, Level 3

▶ NEW LIFE HEALTHY LIVING, LLC

410-944-1002
7600 Clay Lane
Windsor Mill 21244
33 units, Level 3

▶ OAK CREST VILLAGE, INC.

410-882-3295
8832 Walther Boulevard
Parkville 21234
173 units, Level 2

▶ PARADISE ASSISTED LIVING, LLC

410-744-8433
6348 Frederick Road
Catonsville 21228
45 units, Level 3

▶ PICKERSGILL RETIREMENT COMMUNITY

410-825-7423
615 Chestnut Avenue
Towson 21204
138 units, Level 2

▶ PRESBYTERIAN HOME OF MARYLAND

410-823-4622
400 Georgia Court
Towson 21204
78 units, Level 3

▶ QUAIL RUN ASSISTED LIVING

410-529-9400
9900 Walther Boulevard
Baltimore 21234
64 units, Level 3

▶ QUAIL RUN ASSISTED LIVING #1

410-529-9400
9906 Walther Boulevard
Baltimore 21234
16 units, Level 3

▶ QUAIL RUN ASSISTED LIVING #2

410-529-9400
9904 Walther Boulevard
Baltimore 21234
16 units, Level 3

▶ QUAIL RUN ASSISTED LIVING #4

410-529-9400
9902 Walther Boulevard
Baltimore 21234
16 units, Level 3

▶ ROLAND PARK PLACE, INC.

410-243-5800
830 West 40th Street
Baltimore 21211
41 units, Level 3

▶ ROSEMARIE MANOR-ASHBURTON

410-664-7800
3809 Belle Avenue
Baltimore 21215
16 units, Level 3

▶ ROSIE'S ASSISTED LIVING

410-466-2470
2449-2451 Shirley Avenue
Baltimore 21215
20 units, Level 3

▶ SAINT JOHN'S COMMUNITY

410-276-7676
16 S. Patterson Park Avenue
Baltimore 21231
32 units, Level 3

▶ SERENITY MANOR, INC.

410-728-3737
1802 Eutaw Place
Baltimore 21217
26 units, Level 3

▶ SPRINGHOUSE OF PIKESVILLE

410-486-5500
8911 Reisterstown Road
Pikesville 21208
105 units, Level 3

▶ SPRINGWELL SENIOR LIVING

410-664-4006
2211 W. Rogers Avenue
Baltimore 21209
135 units, Level 3

▶ ST. STEPHEN'S GREEN AT MERCY RIDGE

410-561-0200
2525 Pot Spring Road
Timonium 21093
49 units, Level 2

▶ SUNRISE OF PIKESVILLE

410-602-0033
3800 Old Court Road
Pikesville 21208
96 units, Level 3

▶ SYMPHONY MANOR ASSISTED LIVING AND MEMORY CARE

410-235-4301
www.symphoniamanor.com
4301 Roland Avenue
Baltimore 21210
69 units, Level 3
Premier assisted living and memory care in Roland Park.

▶ TUDOR HEIGHTS SENIOR LIVING

410-318-8000
7218 Park Heights Avenue
Baltimore 21208
64 units, Level 3

▶ VICTORIAN INN, INC.

410-688-1433
3216 Taylor Avenue
Baltimore 21234
16 units, Level 3

▶ WEINBERG PARK ASSISTED LIVING

410-664-0100
5829-5833 Park Heights Avenue
Baltimore 21215
40 units, Level 2

▶ WOODHOLME GARDENS ASSISTED LIVING AND MEMORY CARE

410-580-1400
1700 Woodholme Avenue
Pikesville 21208
88 units, Level 3

▶ WOODLANDS ASSISTED LIVING, THE*

410-918-2139
1320 Windlass Drive
Baltimore 21220
70 units, Level 3

RETIREMENT COMMUNITIES

There are many types of communities dedicated to older residents. The age and criteria for entering these facilities varies.

CONTINUING CARE RETIREMENT COMMUNITIES

Provides access to total care from independent living through assisted living and nursing home care. An up-front fee plus a monthly fee is usually required. Various contract options are available.

▶ AUGSBURG LUTHERAN HOME & VILLAGE

410-486-4573
6811 Campfield Road
Baltimore 21207

▶ BLAKEHURST

410-296-2900
1055 W. Joppa Road
Towson 21204

▶ BROADMEAD

443-578-8008 (Marketing Office)
www.broadmead.org
13801 York Road
Cockeysville 21030
A dynamic lifestyle community.

▶ CHARLESTOWN

410-737-8830
715 Maiden Choice Lane
Catonsville 21228

▶ EDENWALD

410-823-1349
www.edenwald.org
800 Southerly Road
Towson 21286
Extraordinary senior living in the heart of Towson.

▶ GLEN MEADOWS RETIREMENT COMMUNITY

410-592-5310
11630 Glen Arm Road
Glen Arm 21057

▶ MARYLAND MASONIC HOMES

410-527-1111
300 International Circle
Cockeysville 21030

▶ MERCY RIDGE

410-561-0200
www.mercyridge.com
2525 Pot Spring Road
Timonium 21093
Independent living, assisted living, Alzheimer's and dementia care.

▶ NORTH OAKS SENIOR LIVING COMMUNITY

410-486-9090
725 Mt. Wilson Lane
Baltimore 21208

▶ OAK CREST

410-665-2222
8820 Walther Boulevard
Parkville 21234

▶ PICKERSGILL RETIREMENT COMMUNITY

410-825-7423
www.pickersgillretirement.org
615 Chestnut Avenue
Towson 21204
Independent living, assisted living, skilled nursing and respite care.

▶ ROLAND PARK PLACE

410-243-5800
830 West 40th Street
Baltimore 21211

SENIOR HOUSING RETIREMENT COMMUNITIES

Provides meals and limited services to keep residents living independently. Assisted living units are also available. There is a one-time application fee and a yearly rental lease.

▶ ATRIUM VILLAGE

410-363-0330
4730 Atrium Court
Owings Mills 21117

▶ BRIGHTVIEW MAYS CHAPEL RIDGE

410-628-2100
12261 Roundwood Road
Timonium 21093

▶ EMERALD ESTATES

410-225-9337
3855 Greenspring Avenue
Baltimore 21211

▶ SPRINGWELL SENIOR LIVING

410-664-4006
2211 W. Rogers Avenue
Baltimore 21209

OTHER HOUSING OPTIONS

See also Financial Resources and Reverse Mortgages.

▶ ACCESSIBLE HOMES FOR SENIORS

www.mdhousing.org
A 30 year deferred interest-free loan to finance accessibility improvements. See Financial Eligibility Guidelines.

▶ BALTIMORE CITY HOUSING OFFICE

410-396-3225
Rental assistance programs for eligible low income persons.

▶ BALTIMORE COUNTY HOUSING OFFICE

410-853-8990
Rental assistance programs for eligible low income persons.

▶ CATHOLIC CHARITIES SENIOR HOUSING

443-798-3423
Affordable apartment communities for older adults.

▶ CHAI

410-466-1990
Housing and community development agency of The Associated.

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HOUSING, OTHER HOUSING OPTIONS - IMMIGRANT AND REFUGEE SERVICES

► DEPARTMENT OF SOCIAL SERVICES, ADULT FOSTER CARE

410-853-3511 (County)
443-423-5800 (City)
Services to older adults and/or persons with disabilities who do not require nursing home care and cannot live independently. Subsidies may be available.

► DEPARTMENT OF SOCIAL SERVICES, PROJECT HOME

410-853-3511 (County)
443-423-6600 (City)
Supervised residential services for adults with chronic mental illness, persons with disabilities and frail older adults.

► GREAT OAK LENDING PARTNERS

888-967-3837
www.greatoaklending.com
1920 Greenspring Drive, Suite 160
Timonium 21093
A solid foundation for home financing.
NMLS# 36659

► MARYLAND DEPARTMENT OF HOUSING AND COMMUNITY DEVELOPMENT, HOMEOWNERSHIP FOR INDIVIDUALS WITH DISABILITIES

410-514-7520
Low interest rate mortgages to eligible homebuyers with disabilities.

► MARYLAND HEALTH CARE COMMISSION

410-764-3460
www.mhcc.maryland.gov (Click Consumers)
Reviews and compares nursing homes, assisted living facilities with 10 or more beds, health plans and hospitals.

► NET EQUITY FINANCIAL, INC.

Bill Peterson
443-725-3543
www.netequitymtg.com
4940 Campbell Boulevard, Suite 210
Nottingham 21236
A family-oriented, trustworthy, SeniorChecked® financial organization here for you.

► NORTHWEST NEIGHBORS CONNECTING

410-662-6620
Provides community support.

► SNAPFORSENIORS™

www.snapforseniors.com
Nationwide housing information for older adults.

► ST. AMBROSE HOMESHARING

410-366-6180
Matching services to link those who need housing with those who have housing. Fees.

► WWW.MDHOUSING-SEARCH.ORG

Lists rental units with vacancies and other information. Updated daily.

IDENTIFICATION PROGRAMS

► MEDICALERT® + SAFE RETURN

888-572-8566
Identification bracelet or pendant to be worn by memory-impaired individuals who may wander.



IMMIGRANT AND REFUGEE SERVICES

► ADELANTE FAMILIA

410-732-2176
3734 Eastern Avenue
Baltimore 21224
Community outreach to prevent domestic violence and provide intervention services for Spanish speaking residents.

► BALTIMORE CITY HEALTH DEPARTMENT OFFICE OF AGING AND CARE SERVICES, LANGUAGE INTERPRETER SERVICE

410-396-2273

► BALTIMORE CITY PUBLIC LIBRARIES-CENTRAL

410-396-5430
To obtain library locations that have Spanish and Russian materials.

► BALTIMORE COUNTY DEPARTMENT OF AGING, LANGUAGE INTERPRETER SERVICE

410-887-2594
Maryland Access Point of Baltimore County utilizes a telephone language interpreter service for up to 140 different languages.

► BALTIMORE COUNTY PUBLIC LIBRARY

(See also Libraries)
www.bcpl.info
Books available in:
Korean - Cockeysville, Parkville and Woodlawn
Russian - Owings Mills, Pikesville and Reisterstown
Spanish - Catonsville, Essex, Towson and Woodlawn

► BALTIMORE DISTRICT OFFICE OF U.S. CITIZENSHIP AND IMMIGRATION SERVICES

800-375-5283

► BALTIMORE IMMIGRATION LEGAL CLINIC, WORLD RELIEF

410-244-0002
Legal consultation provided in Spanish and English for immigration matters.

► BALTIMORE RESETTLEMENT CENTER

410-327-1885
Resources for refugees and asylees.

► CASA DE MARYLAND: BALTIMORE WORKERS RIGHTS CENTER

410-732-7777

► CATHOLIC CHARITIES IMMIGRATION LEGAL SERVICES AT THE ESPERANZA CENTER

410-534-8015
Assists with immigration and naturalization issues, legal services, health care, employment, English and citizenship classes.

► CENTRO DE LA COMUNIDAD

410-675-8906

► COMMUNITY COLLEGE OF BALTIMORE COUNTY, CONTINUING EDUCATION, ENGLISH AS A SECOND LANGUAGE

443-840-3748
ESOL classes at various County locations.

► GOVERNOR'S COMMISSION ON ASIAN/PACIFIC AMERICAN AFFAIRS

410-767-7138
Information and referral for Asian and Pacific refugees and immigrants.

► GOVERNOR'S COMMISSION ON HISPANIC AFFAIRS

410-767-7425
Information and referral for Hispanic immigrants.



CREATES is a new multi-agency program offering energy saving opportunities to residents, businesses and nonprofits in Baltimore.

BALTIMORE HOUSING DIVISION OF GREEN, HEALTHY & SUSTAINABLE HOMES

For income eligible families, the Baltimore Housing Residential Energy Home Improvement program delivers federal weatherization services, State EmPower Maryland weatherization services, and new CREATES funded services for roofing, heating systems and healthy home improvements. CREATES specifically will fund oil to natural gas heating system conversions for moderate income families. Loan programs are available for energy efficiency and housing rehabilitation. Online applications are preferred and referrals from Community Action Centers are given priority. For more information on these programs and to see if you qualify: 443-984-1066 or Nicole.Hart@BaltimoreCity.gov or www.BaltimoreHousing.org



BALTIMORE ENERGY CHALLENGE COOL ROOF PROGRAM

BEC's new Cool Roof Program will promote the cooling of Baltimore's rooftops by providing residents and businesses with information on the benefits of installing reflective surfaces on their buildings. Applying a reflective surface helps reduce cooling costs, cuts energy usage, lowers the City's greenhouse gas emissions, and reduces the urban heat island effect. This program is available on a first-come first-served basis until funds are exhausted. To receive up to \$2000 toward a new installation contact 443-869-2614 or CoolRoofs@BaltimoreEnergyChallenge.org

TREEBALTIMORE

TreeBaltimore coordinates all tree plantings throughout the City of Baltimore. Trees provide enormous benefits to an urban system by saving energy, improving health, reducing rain-water runoff, providing aesthetic value, and strengthening communities. Trees lower urban air temperatures and can reduce residential energy cost by 15-35%. In partnership with city agencies and NGO's, TreeBaltimore targets planting efforts in neighborhoods with low canopy cover and high heat island effects. Visit www.TreeBaltimore.org for more information.

Save money and energy for your BUSINESS or NONPROFIT ORGANIZATION

BALTIMORE CITY ENERGY OFFICE COMMUNITY GRANT & LOAN PROGRAM

Low-cost loans and grants to help Baltimore nonprofits and businesses:

- Obtain FREE audits to identify how to increase energy efficiency
- Implement energy conservation through building retrofits and upgrades
- Make energy upgrades to new construction projects
- Save money on utility bills and plow your savings back into your mission

The size and scope of the improvements determines whether funds are granted or loaned — either way, we'll help you make focused improvements that go right to your bottom line:

- Replace an "energy hog" boiler or other inefficient energy systems
- Install energy efficient lighting and occupancy sensors

Remember, every dollar saved in operating expenses can be spent on your business or mission.

Even a longer return-on-investment on energy efficiency results in affordable comfort, and new, more reliable equipment that will pay for itself with energy savings. Strategic energy efficiency investments are your hedge against the certainty of higher utility bills.



Mayor Stephanie Rawlings-Blake



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IMMIGRANT AND REFUGEE SERVICES - INFORMATION AND REFERRAL SERVICES



► **HISPANIC APOSTOLATE**
410-522-2668

► **JEWISH COMMUNITY SERVICES, HIAS SERVICES**
410-466-9200
Assists with immigrant and refugee resettlement.

► **KOREAN RESOURCE CENTER**

410-203-1111
Offers English, computer, and smoking cessation classes; cancer screening and education, youth internship and community leadership conference.

► **LUTHERAN SOCIAL SERVICE, REFUGEE & IMMIGRATION SERVICES**
410-558-3168

► **MARYLAND LATINO COALITION FOR JUSTICE**
410-625-9409

► **MARYLAND OFFICE FOR REFUGEES AND ASYLEES (MORA)**
410-767-7514
Assists refugees in resettlement.

► **MARYLAND OFFICE OF NEW AMERICANS (MONA)**
410-767-7514

► **U.S. CITIZENSHIP AND IMMIGRATION SERVICES (CIS)**
800-375-5283
www.uscis.gov
Immigration information, forms and procedures for citizenship.

► **UNIVERSITY OF MARYLAND, IMMIGRATION LAW CLINIC**
410-706-3295
Student-attorneys provide pro bono immigration legal services.

IN-HOME LAB SERVICES

► **BRIGHTSTAR HEALTHCARE OF BALTIMORE CITY/COUNTY**
443-275-2796 (24-Hr. Service)
www.brightstarcare.com/baltimore-citycounty/
1615 York Road, Suite 205
Lutherville-Timonium 21093
Private duty homecare: nursing assistants, RN's LPN'S, Joint Commission Accreditation.

INFORMATION AND REFERRAL SERVICES

► **2-1-1 MARYLAND AT FIRST CALL FOR HELP**
2-1-1
24/7 telephone number for accessing information about health and human services.

► **ALZHEIMER'S ASSOCIATION**
410-561-9099

► **ARTHRITIS FOUNDATION, MARYLAND CHAPTER**
800-365-3811

► **BALTIMORE CITY HEALTH DEPARTMENT'S OFFICE OF AGING AND CARE SERVICES, MARYLAND ACCESS POINT**
410-396-2273

► **BALTIMORE COUNTY DEPARTMENT OF AGING, MARYLAND ACCESS POINT OF BALTIMORE COUNTY**
410-887-2594
Help and information regarding resources available to older adults, persons with disabilities and their families. Assistance provided for financial applications, case management, caregiver resources and referrals made to other agencies as appropriate.

► **BALTIMORE COUNTY FIRE DEPARTMENT**
410-887-4500

► **BALTIMORE COUNTY POLICE DEPARTMENT, COMMUNITY RESOURCES TEAM**
410-887-5901

► **CATHOLIC CHARITIES, ANSWERS FOR THE AGING**
410-646-0100

► **ELDERCARE LOCATOR**
800-677-1116
National number to identify community resources for older adults.

► **MARYLAND DEPARTMENT OF HUMAN RESOURCES**
800-332-6347
DSS applicants or enrollees may check their status and make inquiries.

Skilled Home Health Care
focused on You...



CELTIC 
HOME HEALTH SERVICES

1.877.845.3077

www.celtichealthcare.com

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INSURANCE COUNSELING, ADVOCACY AND RESOURCES - LEGAL SERVICES

INSURANCE COUNSELING, ADVOCACY AND RESOURCES

See also Advocacy, Long Term Care Insurance, Medicare General Information, Medicare/Medigap and Medicare Advantage Plans.

► EMPLOYED INDIVIDUALS WITH DISABILITIES PROGRAM

410-767-7090

State program which allows eligible employed Marylanders with disabilities to pay a small fee and receive health care coverage.

► HEALTHCARE ACCESS MARYLAND

410-649-0500

Agency charged with helping residents in Baltimore City and County to learn about and apply for health insurance under the Affordable Care Act. Partners with other organizations to provide outreach, education, and enrollment assistance.

► MARYLAND ATTORNEY GENERAL'S OFFICE, PEOPLE'S INSURANCE COUNSEL DIVISION

410-576-6432

Helps to resolve complaints involving homeowners' insurance coverage.

► MARYLAND HEALTH CONNECTION

855-642-8572

855-642-8573 (TTY)

www.marylandhealthconnection.gov

Marketplace in Maryland to compare health insurance options and enroll in a plan under the Affordable Care Act. Applications online, by phone, by mail or in person.

► MARYLAND HEALTH INSURANCE PLAN (MHIP)

443-725-1010

Former state health insurance program for people unable to obtain health insurance. All MHIP programs end by June 30, 2014. New programs available through Maryland Health Connection. See Maryland Health Connection.

► MARYLAND INSURANCE ADMINISTRATION

410-468-2000

www.mdinsurance.state.md.us

The Maryland Insurance Administration (MIA) is an independent state agency that regulates Maryland's insurance industry and protects consumers by enforcing insurance laws. Find information on the Medicare and Insurance Marketplaces, Medicare supplements (Medigap), Long Term Care Insurance and the Long Term Care Insurance Partnership program.

► STATE HEALTH INSURANCE ASSISTANCE PROGRAM (SHIP)

410-887-2059 (County)

410-396-2273 (City)

Provides free, unbiased, confidential health insurance counseling for Medicare recipients and their caregivers. Helps consumers to understand Medicare, and the services it provides. Additionally, SHIP can access eligibility for programs to assist with Medicare costs. These programs include Qualified Medicare Beneficiaries (QMB), Specified Low Income Medicare Beneficiaries (SLMB), Maryland Senior Prescription Drug Assistance Programs (SPDAP) and Social Security Extra Help. SHIP counselors provide education regarding Medicare Part A (Hospital), Part B (Medical), Part C (Health Plans), Part D (Drug Plans) and Medicare Supplements. During Annual Open Enrollment, October 15th

through December 7th, SHIP can provide computer research assistance to help select Part D plans. Counselors assist with medical appeals for Medicare and private insurance. SHIP services can generally be provided by phone and language accommodations are available. Please refer to the index for a summary of services and to learn more about SHIP.

LEGAL SERVICES

See also Advocacy Services.

ELDER LAW ATTORNEYS

► ADASHEK ELDERLAW

Lawrence Adashek, PA
Attorney and Counsellor at Law
410-415-5880

www.adasheklaw.com

8 Reservoir Circle,
Suite 104
Pikesville 21208

Estate planning and elder law attorneys dedicated to your peace of mind.

► LAW OFFICES OF CRAIG BERMAN, LLC

410-308-0300

www.bermanlaw.net

9515 Deereco Road, Suite 801
Timonium 21093
An estate planning and elder law practice.

► LAW OFFICES OF RICHARD V. LYNAS

410-821-1099

410-228-1099

405 Allegheny Avenue
Towson 21204

Providing estate planning and trusts with experience for your loved ones.

► FRANK, FRANK & SCHERR, LLC

Jason A. Frank

Laurie S. Frank

Kandace L. Scherr

Mary E. O'Byrne

Phyllis J. Erlich

Alexander J. Zarzecki

Sage Wise-Graham

Jack K. Beckett

410-337-8900

888-338-0400 (Toll Free)

www.frankelderlaw.com

1400 Front Avenue, Suite 200
Lutherville 21093

The firm focuses on aging and elderly persons planning for the future.

NOMIKI BOULOUBASSIS WEITZEL AND ASSOCIATES, LLC

Nomiki B. Weitzel

Brianna Davidson Jarrett

www.elderlawmaryland.net

Baltimore County

410-663-9400

Belair Beltway Professional Center

7652 Belair Road

Baltimore 21236

Harford County

410-638-7779

Professional Center at Harford Mutual

210 N. Main Street, Suite 102
Bel Air 21014

Elder law, estates and trusts, asset preservation, special needs planning, Medicaid applications.

► WASE, WASE & GRACE, LLC

Victoria L. Grace, Esquire/RN

410-828-8500

www.wasegracelaw.com

1400 Front Avenue, Suite 202
Lutherville 21093

Advocacy for seniors and families facing issues of aging.



L

LEGAL SERVICES

DISABILITY AND SPECIAL NEEDS ATTORNEYS

► FRANK, FRANK & SCHERR, LLC

Jason A. Frank
Laurie S. Frank
Kandace L. Scherr
Mary E. O'Byrne
Phyllis J. Erlich
Alexander J. Zarzecki
Sage Wise-Graham
Jack K. Beckett
410-337-8900
888-338-0400 (Toll Free)
www.frankelderlaw.com
1400 Front Avenue, Suite 200
Lutherville 21093
The firm focuses on aging and elderly persons planning for the future.

NOMIKI BOULOUBASSIS WEITZEL AND ASSOCIATES, LLC

Nomiki B. Weitzel
Brianna Davidson Jarrett
www.elderlawmaryland.net
410-663-9400
Belair Beltway Professional Center
7652 Belair Road
Baltimore 21236
Elder law, estates and trusts, asset preservation, special needs planning, Medicaid applications.

LEGAL SERVICES, GENERAL ATTORNEYS

For information about legal services, call Maryland Access Point of Baltimore County at 410-887-2594 or the Baltimore City Health Department Office of Aging and CARE Services at Maryland Access Point at 410-396-2273.



► NOMIKI BOULOUBASSIS WEITZEL AND ASSOCIATES, LLC

Nomiki B. Weitzel
Brianna Davidson Jarrett
www.elderlawmaryland.net
Baltimore County
410-663-9400
Belair Beltway Professional Center
7652 Belair Road
Baltimore 21236
Harford County
410-638-7779
Professional Center at Harford Mutual
210 N. Main Street, Suite 102
Bel Air 21014
Elder law, estates and trusts, asset preservation, special needs planning, Medicaid applications.

LEGAL SERVICES, GOVERNMENT/ NON-PROFIT

See also Advocacy Services and Mediation.

► ATTORNEY GENERAL OF THE STATE OF MARYLAND, CONSUMER PROTECTION DIVISION

410-528-8662
200 St. Paul Place
Baltimore 21202
Investigates complaints regarding unfair and deceptive business practices. Mail complaints in writing to the Consumer Protection Division at the above address.

► ATTORNEY GRIEVANCE COMMISSION OF MARYLAND

410-514-7051
Regulates MD lawyers' professional conduct. Investigates complaints and oversees discipline.

► BALTIMORE COUNTY HUMAN RELATIONS COMMISSION

410-887-5917
Handles discrimination complaints in housing, education, employment, financing and public accommodation based on race, creed, color, national origin, sex, age, religion, physical/mental disability and marital status.

► BALTIMORE COUNTY OFFICE OF THE PUBLIC DEFENDER

410-324-8900
Legal services for low-income clients in criminal and traffic cases.

► BAR ASSOCIATION, SIXTY-PLUS LEGAL PROJECT-LAWYER REFERRAL SERVICE

410-337-9100 (County)
410-539-3112 (City)
Low-cost legal services to individuals 60 and older who meet financial eligibility for wills, living wills, powers of attorney, estates of less than \$30,000 and deed changes.

► BAR ASSOCIATION OF BALTIMORE CITY, PRO BONO PROJECT

410-539-5936
Provides free support for clients 60 and older living in Baltimore City.

► BAR ASSOCIATION OF BALTIMORE CITY, SENIOR LEGAL SERVICES

410-396-1322
Provides legal support for clients 60 years old or older living in Baltimore City.

► CRIMINAL INJURIES COMPENSATION BOARD

410-585-3010
Determines financial compensation for innocent victims of crime.

► LAWYER REFERRAL SERVICE OF THE BALTIMORE COUNTY AND CITY BAR ASSOCIATION

410-337-9100 (County)
410-539-3112 (City)
Referral service for names of paid attorneys.

► LEGAL AID BUREAU

410-427-1800 (County)
410-685-1112 (City)
Assists low-income individuals with certain non-fee generating civil legal problems.

Legal Services for Senior Citizens

410-951-7750 (County)
Free legal assistance, consultation and/or representation to Baltimore County residents age 60 and older on health care issues, income maintenance, nutrition, housing and utilities, protective services and unemployment benefits. Defends a senior in a lawsuit when there is a substantial risk to the client's person, property or civil rights.
Long Term Care Assistance Project
800-367-7563
Free legal assistance on long term care issues in Maryland.

► MARYLAND COMMISSION ON CIVIL RIGHTS

410-767-8600
Ensures equal opportunity by the enforcement of Maryland law against discrimination in employment, housing, and public accommodations. Provides educational and outreach services.

► MARYLAND DISABILITY LAW CENTER

410-727-6352
Investigates allegations of abuse and/or neglect of individuals with disabilities.

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LEGAL SERVICES - LIBRARIES

► MARYLAND SENIOR LEGAL HELPLINE

410-951-7750
800-896-4213

Free helpline for all Maryland residents age 60 and older. Provides intake to Legal Services for Senior Citizens (above) and Legal Aid. Answers non-fee generating questions and makes referrals.

► MARYLAND VOLUNTEER LAWYER SERVICE (MVLS)

410-547-6537
800-510-0050

Civil cases only, including housing, consumer, bankruptcy, government benefits, accidents, wills, deeds, guardianship and tax disputes; income eligibility.

► MARYLAND'S PEOPLES LAW LIBRARY

www.peoples-law.info

Legal and self-help information on Maryland and Federal law.

► NATIONAL ACADEMY OF ELDER LAW ATTORNEYS (NAELA)

www.naela.org

A listing of elder law attorneys.

► OFFICE OF THE PEOPLE'S COUNSEL

410-767-8150

Public legal office helps utility customers with consumer complaints.

► PRO SE FAMILY LAW PROGRAM OF BALTIMORE COUNTY CIRCUIT COURT

410-887-3446

Assists with completion of family law forms for unrepresented Baltimore County residents.

► ST. AMBROSE HOUSING, LEGAL SERVICES

410-366-8537

Legal representation when in danger of losing homes due to foreclosure, mortgage lenders or other reasons.

► UNIVERSITY OF BALTIMORE CIVIL ADVOCACY, FAMILY LAW CLINIC

410-837-5709 or 5706

Law students assist low income clients in civil and family law matters with supervision.

► UNIVERSITY OF MARYLAND SCHOOL OF LAW

410-706-7214

Law students assist low income clients in civil and family law matters with supervision.

► VICTIM/WITNESS ASSISTANCE UNIT

410-887-6650 (County)

410-396-1897 (City)

Information regarding status of criminal cases and other support services.

► WOMEN'S LAW CENTER

410-321-8761

800-845-8550 (Family Law Hotline)

Attorneys providing information on family law matters to those who meet income eligibility requirements.

LIBRARIES

► MARYLAND STATE LIBRARY FOR THE BLIND AND PHYSICALLY HANDICAPPED

410-230-2424

800-964-9209

► PUBLIC LIBRARY BRANCHES IN BALTIMORE COUNTY

www.bcpl.info

Arbutus

410-887-1451

855 Sulphur Spring Road
Arbutus 21227

Catonsville

410-887-0951

1100 Frederick Road
Catonsville 21228

Cockeysville

410-887-7750

9833 Greenside Drive
Cockeysville 21030

Essex

410-887-0295

1110 Eastern Boulevard
Essex 21221

Hereford

410-887-1919

16940 York Road
Hereford 21111

Lansdowne

410-887-5602

500 Third Avenue
Lansdowne 21227

Loch Raven

410-887-4444

1046 Taylor Avenue
Towson 21286

Mobile Library Services

www.bcpl.info (see website for hours and schedules)

410-887-7586

North Point

410-887-7255

1716 Merritt Boulevard
Dundalk 21222

Owings Mills

410-887-2092

10302 Grand Central Avenue
Owings Mills 21117

Parkville

410-887-5353

9509 Harford Road
Parkville 21234

Perry Hall

410-887-5195

9685 Honeygo Boulevard
Perry Hall 21128

Pikesville

410-887-1234

1301 Reisterstown Road
Pikesville 21208

Randallstown

410-887-0770

8604 Liberty Road
Randallstown 21133

Reisterstown

410-887-1165

21 Cockeys Mill Road
Reisterstown 21136

Rosedale

410-887-0512

6105 Kenwood Avenue
Rosedale 21237

Sollers Point

410-288-3123

323 Sollers Point Road
Dundalk 21222

Towson

410-887-6166

320 York Road
Towson 21204

White Marsh

410-887-5097

8133 Sandpiper Circle
Nottingham 21236

Woodlawn

410-887-1336

1811 Woodlawn Drive
Woodlawn 21207

► PUBLIC LIBRARY BRANCHES IN BALTIMORE CITY

Canton Branch

410-545-7130

1030 S. Ellwood Avenue
Baltimore 21224

Cherry Hill Branch

410-396-1168

606 Cherry Hill Road
Baltimore 21225

Clifton Branch

410-396-0984

2001 N. Wolfe Street
Baltimore 21213

Edmondson Avenue Branch

410-396-0946

4330 Edmondson Avenue
Baltimore 21229

Enoch Pratt

410-396-5430

400 Cathedral Street
Baltimore 21201

Forest Park Branch

410-396-0942

3023 Garrison Boulevard
Baltimore 21216

George Peabody Library

410- 234-4943

17 E. Mount Vernon Place
Baltimore 21202

Govans Branch

410-396-6098

5714 Bellona Avenue
Baltimore 21212

Hamilton Branch

410-396-6088

5910 Harford Road
Baltimore 21214

Hampden Branch

410-396-6043

3641 Falls Road

Baltimore 21211

Herring Run Branch

410-396-0996

3801 Erdman Avenue
Baltimore 21213

Langsdale Library

410-837-4260

1420 Maryland Avenue
Baltimore 21201

L

LIBRARIES - LOAN CLOSET FOR MEDICAL EQUIPMENT

Light Street Branch

410-396-1096
1251 Light Street
Baltimore 21230

Milton S Eisenhower Library

410-516-8335
3400 North Charles Street
Baltimore 21218

Northwood Branch

410-396-6076
4420 Loch Raven Boulevard
Baltimore 21218

Orleans Street Branch

410-396-0970
1303 Orleans Street
Baltimore 21231

Patterson Park Branch

410-396-0983
158 N. Linwood Avenue
Baltimore 21224

Peabody Institute of the Johns

Hopkins University
410-659-8100
1 East Mount Vernon Place
Baltimore 21202

Pennsylvania Ave Branch

410-396-0399
1531 W. North Avenue
Baltimore 21217

Reisterstown Road Branch

410-396-0948
6310 Reisterstown Road
Baltimore 21215

Roland Park Branch

410-396-6099
5108 Roland Avenue
Baltimore 21210

Southeast Anchor Branch Library

410-396-1580
3601 Eastern Avenue
Baltimore 21224

LIVE-IN CAREGIVERS

See also Home Health Services and Home Care (Non-Medical).

► ACCESS NURSING SERVICES

410-321-5560
www.accessnursing.com
JCAHO accredited Baltimore family providing quality care for 25 years.

► COMFORCARE HOME CARE SERVICES

410-922-6262
410-922-6221
http://nwbaltimore.comforcare.com
ComForcare provides care to help persons thrive in their home.

► ELIZABETH COONEY CARE NETWORK

410-323-1700 (24-Hr. Service)
www.elizabethcooneyagency.com
Celebrating 57 years - caring professional PT's, RN's, LPN's, CNA's, companions.

► HOMEWATCH CAREGIVERS OF MARYLAND

410-821-1944 (24-hour)
877-357-0795 (Toll Free)
www.homewatchcaregivers.com/baltimore
Thirty-two plus years of quality care for your loved ones.

LOAN CLOSET FOR MEDICAL EQUIPMENT

See also Assistive Technology, Disabilities Assistance, Hearing Resources, Vision Resources.

► 9TH DISTRICT HEALTH COMMITTEE LOAN CLOSET

410-665-0898
Wheelchairs, walkers and other equipment for Baltimore County residents.

► AMERICAN CANCER SOCIETY LOAN CLOSET

410-931-6850
Free wigs. No durable equipment.

► BALTIMORE COUNTY DEPARTMENT OF AGING

410-887-2594
Loans wheelchairs, walkers, tub rails and other equipment to county residents age 60 and over.



STUDIES ON ANEMIA

Are you 65 years or older?
Have you been recently diagnosed with anemia?
OR

Have you had anemia in the past?

Then you may be interested in:

“The **JOHNS HOPKINS** registry of older adult with anemia”

- Several new research studies are being designed by researchers at Johns Hopkins University specifically for older adults with anemia.
- By volunteering to join our anemia registry, you will be kept up to date on anemia research studies that match your situation. Call

Call us at 410-550-2113

to join the Anemia Registry today!

We can conduct the study in your home.
No travel is required. If you choose to come to Bayview to participate, your parking will be paid.

We look forward to hearing from you!

Principal Investigator Dr. Jeremy Walston, MD. IRB application No: NA_00035307.



Are you 65 years or older?

Are you interested in making a difference in the life of older adults and learning more about aging research?

If so, volunteer to be in our **Aging Study Registry!!**

The Purpose of Aging Study Registry

- To identify qualified older adults who are willing to participate in life changing research and be contacted about studies related to aging that take place at Johns Hopkins.

If you agree to participate, we will ask you to do the following:

- Answer questions about physical activity, energy levels, health habits and to participate in non-exhausting physical tasks.

Please contact

Our Research Coordinators at 410-550-2113

We look forward to hearing from you!

Principal Investigator Dr. Jeremy Walston, MD. IRB application No: NA_00013162.

► MARYLAND TECHNOLOGY ASSISTANCE PROGRAM (MDTAP)

800-832-4827
866-881-7488 (TTY)
Loans equipment for a limited time including equipment for daily living, mobility, recreation, computer and hearing. Low interest loans for purchasing equipment to MD residents with disabilities.

► MARYLAND TECHNOLOGY ASSISTANCE PROGRAM (MDTAP), EQUIPMENT LINK

www.equipmentlink.org
Connects individuals with disability related equipment to sell or donate.

LONG TERM CARE INSURANCE

APPROVED PROVIDERS IN MARYLAND

Long term care insurance is purchased to provide assistance with the cost of a range of services for people with a prolonged illness, disability or cognitive disorder (such as Alzheimer's disease). Services may include help with daily activities at home such as bathing and dressing, adult day care, assisted living facilities, care management, home health, hospice, respite care and care in a nursing home.

► MARYLAND INSURANCE ADMINISTRATION

410-468-2000
800-492-6116 (Toll Free)
800-735-2258 (TTY)
www.mdinsurance.state.md.us
200 St. Paul Place, Suite 2700
Baltimore 21202
Provides a list of insurance companies approved to sell long term care insurance policies in Maryland. Also provides information about Maryland's Long-Term

Care Partnership Program. Partnership policies provide an additional level of protection, when compared to a regular long-term care insurance policy. Call SHIP at 410-887-2059 for additional assistance in Baltimore County; 410-396-2273 in Baltimore City.

LONG TERM CARE (LTC) INSURANCE PRODUCERS (SALES PERSON)

When purchasing LTC insurance, please confirm the producer (sales person) is licensed to sell LTC insurance in Maryland. Please confirm the license number, effective dates and line of business on the license with the Maryland Insurance Administration listed in this category.

MEDIATION, NON-PROFIT

See also Legal Services-Government/Non-Profit.

A process in which solutions to disputes are negotiated with a mediator acting as a neutral party by helping participants reach their own voluntary agreement. Settles disputes between neighbors, family members, tenant/landlord and other community members

► COMMUNITY MEDIATION PROJECT

410-467-9165
Program provides voluntary and confidential mediation sessions to assist individuals with resolutions of various issues and conflicts.

► CONFLICT RESOLUTION CENTER OF BALTIMORE COUNTY

410-663-7070
Mediation, conflict resolution workshops and community conferencing for Baltimore County residents.

MEDICAL ALERT SYSTEMS

Provides a 24-hour emergency device that connects to receiving station. Systems differ in features and costs. Installation fee plus monthly charge usually applies. For additional services/information call Maryland Access Point of Baltimore County at 410-887-2594 or the Baltimore City Health Department Office of Aging and CARE Services at Maryland Access Point at 410-396-2273.

► CENTROL EMERGENCY RESPONSE SYSTEMS

Pat France
410-828-5564
877-792-4494 (Toll Free)
www.centrol-inc.com
24/7 medical alert in-home system. Least expensive, most dependable.

► LIFE RESPONSE OF MARYLAND

410-833-1067
www.liferesponseofmd.com
Never alone with affordable monthly monitoring - 20+ years of service.

MEDICAL EQUIPMENT AND SUPPLIES

See also Personal Needs and Pharmacies Offering Home Delivery.

► CARING HEALTH PRODUCTS

410-882-1390
410-363-2279
www.caringhealthproducts.com
1720 Joan Avenue
Towson 21234
We offer free delivery, insurance billing and price-match promise.

► LIFE RESPONSE OF MARYLAND

410-833-1067
www.liferesponseofmd.com
Never alone with affordable monthly monitoring - 20+ years of service.

► MSI INCONTINENCE SUPPLIES

800-777-6647
410-754-4055
www.rpromise.com
10 Poulson Avenue
Essington, PA 19029
Home delivery of Tena/Attends incontinence products available through MA.

MEDICARE

For additional services/information, call Maryland Access Point of Baltimore County at 410-887-2594 or the Baltimore City Health Department Office of Aging and CARE Services at Maryland Access Point at 410-396-2273. See also Advocacy Services, Financial Assistance, Home and Community Based Services Waivers and Insurance Counseling, Advocacy and Resources.

GENERAL INFORMATION

► CENTER FOR MEDICARE & MEDICAID SERVICES (CMS), MEDICARE HELPLINE

800-633-4227
www.medicare.gov
Information and claims regarding Medicare Part A-Hospitalization, Part B-Medical and Durable Medical Equipment, Part C-Health Plans and Part D-Prescriptions. You must have your Medicare card number to access information.

► **DELMARVA
FOUNDATION FOR
MEDICAL CARE, INC.**

800-492-5811
www.delmarva foundation.org
A Medicare quality improvement organization to ensure patients receive care that is medically necessary in an appropriate setting. They investigate written complaints, advise and provide information on Medicare Patient Rights; including hospital discharge rights.

► **MARYLAND INSURANCE
ADMINISTRATION**

410-468-2000
800-492-6116
www.mdinsurance.state.md.us
The Maryland Insurance Administration (MIA) is an independent state agency that regulates Maryland's insurance industry and protects consumers by enforcing insurance laws. Find information on Medicare and Insurance Marketplaces, Medicare supplements (Medigap), Long Term Care Insurance and the Long Term Care Insurance Partnership program.

► **MARYLAND SENIOR
PRESCRIPTION DRUG
ASSISTANCE PROGRAM
(SPDAP)**

800-551-5995
www.maryland spdap.com
Request application
Call Maryland Access Point of Baltimore County at 410-887-2594 or the Baltimore City Health Department Office of Aging and CARE Services at Maryland Access Point at 410-396-2273.

A state program that assists Medicare beneficiaries by paying part of their monthly Medicare Prescription Drug premium and donut hole or coverage gap expenses.

► **MYMEDICARE**

www.mymedicare.gov
Register on-line to view your personal Medicare information that includes physician billing of Medicare payments and a schedule for preventive health services.

► **QUALIFIED MEDICARE
BENEFICIARY PROGRAM
(QMB)**

Social Services
410-853-3000 or
800-332-6347 (Press 1, Then 3 - Application Status) (County)
410-396-2273 (City)
Request application
Call Maryland Access Point of Baltimore County at 410-887-2594 or the Baltimore City Health Department Office of Aging and CARE Services at Maryland Access Point at 410-396-2273.

This program helps to pay premiums, deductibles and coinsurance payments for older adults and persons with disabilities who are financially eligible.

► **RAILROAD RETIREMENT
BOARD MEDICARE OFFICE**

877-772-5772
www.palmettogba.com
Beneficiaries only.

► **STATE HEALTH
INSURANCE ASSISTANCE
PROGRAM (SHIP)**

410-887-2059 (County)
410-396-2273 (City)
SHIP provides free, unbiased, confidential health insurance counseling for Medicare recipients and their caregivers. Helps consumers to understand Medicare, and the services it provides. Additionally, SHIP can access eligibility for programs to assist with Medicare costs. These programs include Qualified Medicare Beneficiaries (QMB), Specified Low Income Medicare Beneficiaries (SLMB), Maryland Senior Prescription Drug Assistance Programs (SPDAP) and Social Security Extra Help. SHIP

counselors provide education regarding Medicare Part A (Hospital), Part B (Medical), Part C (Health Plans), Part D (Drug Plans) and Medicare Supplements. During Annual Open Enrollment, October 15th through December 7th, SHIP can provide computer research assistance to help select Part D prescription plans. Counselors assist with medical appeals for Medicare and private insurance. SHIP services can generally be provided by phone and language accommodations are available. Please refer to the index for a summary of services and to learn more about SHIP.

► **SENIOR MEDICARE
PATROL (SMP)**

410-887-2059 (County)
410-396-2273 (City)
SMP conducts free educational programs for older adults, their families and caregivers to help Medicare recipients make informed decisions regarding their health care. SMP provides information regarding what to do if you suspect Medicare fraud/abuse, or need to file a report with authorities. SMP can arrange speakers to address groups on how to protect themselves against identity theft, telemarketing, mail fraud scams, illegal or deceptive marketing of Medicare Advantage plans and prescription drug plans.

► **SOCIAL SECURITY
ADMINISTRATION**

800-772-1213
www.ssa.gov
Information on various benefits and services. Enrollment in Medicare and replacement of Medicare card. On-line low-income subsidy Extra Help application with Medicare Prescription Drug costs.

► **SPECIFIED
LOW-INCOME MEDICARE
BENEFICIARY (SLMB)**

Social Services
410-853-3000
800-772-1213 (Press 1, Then 3 - Application Status)
Request application
Call Maryland Access Point of Baltimore County at 410-887-2594 or the Baltimore City Health Department Office of Aging and CARE Services at Maryland Access Point at 410-396-2273.
Pays the Medicare Part B premium for persons whose income is slightly more than QMB criteria.

► **TRICARE FOR LIFE**

877-874-2273
Medicare supplemental coverage for uniformed service beneficiary or dependents. Must be currently enrolled in Medicare A & B and Defense Enrollment Eligibility Reporting System (DEERS).

► **U.S. DEPARTMENT
OF HEALTH AND HUMAN
SERVICES, OFFICE OF THE
INSPECTOR GENERAL,
MEDICARE/MEDICAID
FRAUD HOTLINE**

800-447-8477
National hotline to report health care fraud involving Medicare and Medicaid.

**MEDICARE
PRESCRIPTION DRUG
PLANS (PART D)**

A Medicare benefit that assists with the cost of prescription drugs. Private companies contract with Medicare to offer Stand-Alone and Medicare Advantage Drug Plans. Additional assistance with Part D costs are available with Social Security Administration's Extra Help and Maryland Senior Prescription Drug Assistance Program (SPDAP). Please refer to www.medicare.gov for a full list of Maryland Stand-Alone Prescription Drug Plans.

▶ AETNA MEDICARE

800-213-4599
www.aetnamedicare.com
509 Progress Drive, Suite 118
Linthicum 21090
Medicare prescription drug offerings.

▶ CAREFIRST BLUECROSS BLUESHIELD MEDI-CARE FIRST RX

888-784-0790
888-784-0868 (TTY/TDD)
www.medi-carefirst.com
P. O. Box 2668
Fort Worth, TX 76113-9923
Medicare prescription drug offerings.

▶ CIGNA MEDICARE RX (PDP)

800-735-1459
711 (TTY/TDD)
8 am - 8 pm, 7 days a week
www.cignamedicarerx.com
P.O. Box 269005
Weston, FL 33326-9947
Medicare Part D prescription drug coverage from Cigna.

MEDICARE ADVANTAGE

With most Medicare Advantage Plans, you can only visit physicians, specialists or hospitals on the plan's list except in an emergency. The plan may require you to choose a primary care physician and obtain referrals to see a specialist. These plans may offer extra benefits, lower premiums and require co-payments. If you have Medicare Part A and Part B, you may join a Medicare Advantage Plan and receive your Medicare-covered benefits through the plan. Most plans include Medicare Part D benefits. Medicare Advantage annual open enrollment periods begins October 15 - December 7. Plans can be a Health Maintenance Organization (HMO), Preferred

Provider Organization (PPO), Special Needs Plans (SNPs) or Private Fee For Service (PFFS). Call Maryland Access Point of Baltimore County at 410-887-2594 or the Baltimore City Health Department Office of Aging and CARE Services at Maryland Access Point at 410-396-2273, for a complete list of the plans in your area or visit www.medicare.gov.

▶ AETNA MEDICARE

800-832-2640
www.aetnamedicare.com
509 Progress Drive, Suite 118
Linthicum 21090
For Medicare beneficiaries medical/ prescription for eligible's (Part A/B without ESRD).

▶ CIGNA-HEALTHSPRING

800-821-7513
711 (TTY/TDD)
8 am - 8pm, 7 days a week
www.cignahealthspring.com
3601 O'Donnell Street
Baltimore 21224
Have you heard? Bravo Health is now Cigna-Healthspring.

▶ KAISER PERMANENTE MEDICARE PLUS

866-415-0785
866-513-0008 (TTY)
www.kaiserpermanente.org
2101 E. Jefferson Street
Rockville 20849
Provides hospital, medical and Medicare Part D prescription drug coverage.

MEDICARE SPECIAL NEEDS PLANS (SNPs)

Special Needs Plans (SNPs) may limit all or most of their membership to beneficiaries who have certain chronic or disabling conditions. SNPs must be designed to provide Medicare health care and services to people who can benefit from special expertise of the plan's providers and focused care management. SNPs must also provide Medicare

prescription drug coverage. These plans may offer extra benefits, lower premiums and require co-payments. To join SNPs, beneficiaries must be enrolled in Medicare Part A and Part B. Call Maryland Access Point of Baltimore County at 410-887-2594 or the Baltimore City Health Department Office of Aging and CARE Services at Maryland Access Point at 410-396-2273, for a complete list of the plans in your area or visit www.medicare.gov.

MEDICARE/MEDIGAP SUPPLEMENTAL INSURANCE POLICIES

Medigap supplemental insurance policies cover some of the deductibles and services not paid by Medicare. A, B, C, D, F, F*, G, K, L, M and N policies offer a different combination of standard benefits and are regulated by Federal and State law. The open enrollment period is the first six months from the date of enrollment in Medicare Part B. For a Medigap comparison chart, call Maryland Access Point of Baltimore County at 410-887-2594 or the Baltimore City Health Department Office of Aging and CARE Services at Maryland Access Point at 410-396-2273 or visit www.mdinsurance.state.md.us.

Companies below represent approved individual Medicare supplement policies in Maryland as of November 21, 2013. *Rates are updated biannually.

▶ AETNA MEDICARE

800-345-6022
www.aetnamedicare.com
509 Progress Drive, Suite 118
Linthicum 21090
Medical supplemental coverage.

▶ AMERICAN PROGRESSIVE LIFE AND HEALTH INSURANCE COMPANY OF NEW YORK

800-645-4116

▶ AMERICAN RETIREMENT LIFE INSURANCE COMPANY

866-459-4272

▶ BANKERS FIDELITY LIFE INSURANCE COMPANY

800-241-1439

▶ CAREFIRST BLUECROSS BLUESHIELD MEDIGAP-65

410-356-8123
800-275-3802
www.carefirst.com
P.O. Box 14651
Lexington, KY 40512-9876
Medicare supplemental coverage.

▶ CENTRAL STATES INDEMNITY COMPANY OF OMAHA

866-644-3988

▶ COLONIAL PENN LIFE INSURANCE COMPANY

800-800-2254

▶ CONTINENTAL LIFE INSURANCE COMPANY OF BRENTWOOD, TENNESSEE

800-264-4000

▶ EVERENCE ASSOCIATION, INC.

800-348-7468

▶ FAMILY LIFE INSURANCE COMPANY

800-877-7703

▶ GERBER LIFE INSURANCE COMPANY

877-778-0839

▶ GLOBE LIFE AND ACCIDENT INSURANCE COMPANY

800-801-6831



► **GOVERNMENT PERSONNEL MUTUAL LIFE INSURANCE COMPANY**
866-242-7573

► **GROUP HOSPITALIZATION AND MEDICAL SERVICES, INC.**
800-275-3802

MEDICARE/MEDIGAP SUPPLEMENTAL INSURANCE BROKERS

For services/information, call Maryland Access Point of Baltimore County at 410-887-2594 or the Baltimore City Health Department Office of Aging and CARE Services at Maryland Access Point at 410-396-2273.

RATING SERVICES

The rating companies listed below are for Medicare Supplemental/Medigap and Long Term Care policies. Some may charge a fee for services.

► **FITCH INVESTORS SERVICES, INC.**
212-908-0500
www.fitchratings.com

► **MOODY'S INVESTOR SERVICE, INC.**
212-553-0377
www.moody's.com

► **STANDARD AND POOR'S INSURANCE RATING SERVICES**
212-438-2400
www.standardandpoors.com

► **THE STREET.COM**
www.thestreet.com

MEMORY CARE

See also Adult Day Services, Case Management, Home Health Services, Home Care (Non-Medical), Home Care (Non-Medical), Housing - Assisted Living and Live-In Caregivers.

► **CHARLOTTE HALL VETERANS HOME**
301-884-8171
www.charhall.org
29449 Charlotte Hall Road
Charlotte Hall 20622
Income based assisted living, LTC nursing, rehabilitation and memory care.

► **HOLLY HILL NURSING & REHABILITATION**
410-823-5310
410-979-4822
www.hollyhillnursing.com
531 Stevenson Lane
Towson 21286
Specializing in short term rehab.

► **SYMPHONY MANOR ASSISTED LIVING AND MEMORY CARE**
410-235-4301
www.symphony-manor.com
4301 Roland Avenue
Baltimore 21210
Premier assisted living and memory care in Roland Park.

MENTAL HEALTH SERVICES

COMMUNITY MENTAL HEALTH CENTERS

Eligibility criteria and service locations can be obtained by contacting MAPS-MD at 1-800-888-1965, or the Department of Health at 410-887-3828. **IF YOU HAVE AN IMMEDIATE MENTAL HEALTH EMERGENCY, PLEASE CALL 911 OR IN BALTIMORE COUNTY CONTACT THE 24 HOUR HOTLINE AT 410-931-2214 or 410-433-5175 for Baltimore City.**

► **ALLIANCE, INC., THE BALTIMORE**
410-675-4704
234 S. Broadway
Baltimore 21231
Rosedale
410-574-7700
9201 Philadelphia Road
Baltimore 21237

► **BEHAVIORAL HEALTH SYSTEMS**
410-837-2647
201 East Baltimore Street,
Suite 1340
Baltimore 21202

► **BUILDING COMMUNITIES TODAY**
410-467-6600
2901 Druid Park Drive
Baltimore 21215

► **HARFORD-BELAIR COMMUNITY HEALTH**
410-426-5650
4308 Harford Road
Baltimore 21206

► **KEY POINT HEALTH SERVICES**
Catonsville
410-869-7240
500 N. Rolling Road
Catonsville 21228
Dundalk
443-216-4800
1012 S. North Point Road
Dundalk 21224
Towson
410-337-5523
1001 Cromwell Bridge Road
Baltimore 21286

► **MAIN STREET COMMUNITY MENTAL HEALTH CENTER**
410-526-7882
37 Main Street
Reisterstown 21136

► **MEDSTAR FRANKLIN SQUARE MEDICAL CENTER, OUTPATIENT PSYCHIATRY SERVICES**
443-777-7878
9100 Franklin Square Drive
Rosedale 21237

► **MOSAIC BEHAVIORAL HEALTH CENTER**
410-453-9553, Ext. 1107
(Intake)
Catonsville
22 Bloomsbury Avenue
Catonsville 21228
Northwest
3525 Resource Drive
Randallstown 21133
Timonium
1931 Greenspring Drive
Timonium 21093

► **UNIVERSAL COUNSELING SERVICES, INC.**
410-752-5525
1401 Severn Street, Suite 201
Baltimore 21230

COMMUNITY REHABILITATION PROGRAMS

See also Community Mental Health Centers.

► **FOUNDATIONS**
410-789-7772
410-269-3250
www.foundationsgroup.net
1025 W. Nursery Road,
Suite 112
Linthicum 21090
Medical day care/psychiatric rehabilitation services for over ten years.

► **KEY POINT HEALTH SERVICES**
Catonsville
410-869-7240
500 N. Rolling Road
Catonsville 21228
Dundalk
443-216-4800
1012 S. North Point Road
Dundalk 21224
Towson
410-337-5523
1001 Cromwell Bridge Road
Baltimore 21286

► MOSAIC COMMUNITY SERVICES

443-612-1497, Ext. 1207
(Intake)

Career Center - North
1965 Greenspring Drive
Timonium 21093

Career Center - West
5 Bloomsbury Avenue
Catonsville 21228

Catonsville
20 Winters Lane
Catonsville 21228

Timonium
1931 Greenspring Drive
Timonium 21093

► PROLOGUE, INC.

410-653-6190
3 Milford Mill Road
Pikesville 21208

GERIATRIC SERVICES TEAM

Geriatric outreach program that provides prevention, detection and treatment services to those 60 years of age and older, who are experiencing mental health problems and are not participating in treatment.

► BAYLIFE - GERIATRIC SERVICES TEAM MEDSTAR BEHAVIORAL HEALTH SERVICES

443-777-2200
9100 Franklin Square Drive
Rosedale 21237

ADDITIONAL MENTAL HEALTH/ADDICTION/ DOMESTIC VIOLENCE SERVICES

► ALLIANCE, INC., THE

410-282-5900, Ext. 3231
Case management for individuals of all ages with a chronic serious mental illness without private insurance.

► BAKER STREET STATION

410-462-2585

► BALTIMORE BEHAVIORAL HEALTH

410-962-7180

► BALTIMORE COUNTY CRISIS RESPONSE SYSTEM

410-931-2214
Twenty-four hour hotline providing telephone triage and intervention, mobile crisis team, in-home intervention team and linkage to community treatment and support.

► BEHAVIORAL HEALTH SYSTEMS

410-637-1900

► CHASE BREXTON HEALTH SERVICES

Mt. Vernon
410-837-2050
Randallstown
410-486-5991

Mental health services, drug and alcohol counseling, HIV and other health services.

► DOMESTIC VIOLENCE PROGRAM, BALTIMORE COUNTY FAMILY CRISIS CENTER

410-285-7496 (Domestic Violence Shelter Only)
410-828-6390 (Sexual/Assault Hotline)
410-285-4357 (Victim Advocacy, Perpetrator Services, Administrative Offices)
Counseling, shelter and assistance for individuals experiencing domestic violence.

► FIRST STEP: A COMMUNITY COUNSELING & RESOURCE CENTER

410-526-7100
Substance abuse and mental health counseling.

► HARBEL PREVENTION AND RECOVERY CENTER

410-444-2100

► HEALTH CARE ACCESS MARYLAND

410-649-0529

► HEALTH CARE FOR THE HOMELESS

410-837-5533

► HOUSE OF HOPE

443-870-3082

► INSPIRIT COUNSELING SERVICES

410-433-8861
Non-profit agency with 20 locations. Accepts Medicare and insurance plans. Sliding fee.

► JEWISH COMMUNITY SERVICES

410-466-9200
Mental health, addiction, hospice and bereavement services.

► LOYOLA CLINICAL CENTER

410-617-1200
Mental health counseling/behavioral health services provided by doctoral students. Sliding fee.

► MED OPTIONS

410-832-2729
Multi-disciplinary group of mental health specialists.

► MENTAL HEALTH ASSOCIATION OF MARYLAND, METROPOLITAN BALTIMORE BRANCH

410-235-1178
Advocates for the rights of persons with mental illnesses; offers public information and education programs.

► NATIONAL ALLIANCE ON MENTAL ILLNESS (NAMI), METRO BALTIMORE, INC.

410-435-2600
Sponsors self-help, support, education and advocacy groups for families and individuals coping with mental illness.

► ON OUR OWN, INC.

410-282-1701
Consumer-run drop-in centers, peer support groups and other social activities for individuals 18 and older utilizing mental health services. Locations include: Catonsville, Towson, Pikesville and various locations in Baltimore City. Call for details.

► PEERS: SENIORS IN PARTNERSHIP

410-235-1178, Ext. 205
Volunteers 52 and older are trained to provide weekly support to adults 60 and older with mental health problems. Meal sharing, leisure activities and telephone contact

► PENN-NORTH NEIGHBORHOOD CENTER

410-728-2080

► PEOPLE ENCOURAGING PEOPLE

410-366-4299
Rehabilitation and support services for persons with disabilities, including: mental health, vocational and housing assistance.

► PRO BONO COUNSELING PROJECT

410-825-1001
Free mental health referral service to those financially eligible.

► PROLOGUE, INC.

410-653-6190
Services for homeless persons with mental illness.

► TURNAROUND, INC.

410-377-8111
Counseling and services to victims of rape, incest, sexual assault and domestic violence.

M - N MENTAL HEALTH SERVICES - NURSING HOMES

PARTIAL HOSPITALIZATION PROGRAMS

Programs which provide intensive clinical mental health treatment on an outpatient basis.

► **BAYVIEW PSYCHIATRIC DAY HOSPITAL PROGRAM**
410-550-0089

► **LEVINDALE DAY PROGRAM - MENTAL HEALTH SERVICES**
410-601-2400

► **SHEPPARD PRATT HEALTH SYSTEMS**
410-938-3800 (Admissions)

► **SHEPPARD PRATT HEALTH SYSTEMS, SULLIVAN DAY HOSPITAL**
410-938-4700

► **UNION MEMORIAL HOSPITAL-COUNSELING CENTER PARTIAL HOSPITALIZATION AND INTENSIVE OUTPATIENT PROGRAMS**
410-554-6444, Press 1

PSYCHIATRIC HOSPITALS

► **SHEPPARD PRATT HOSPITAL**
410-938-3000

► **SHEPPARD PRATT AT ELLICOTT CITY**
443-364-5500

► **SPRING GROVE HOSPITAL**
410-402-6000

PSYCHIATRIC INPATIENT SERVICES IN HOSPITALS

► **BON SECOURS CRISIS CENTER**
410-362-3533

► **JOHNS HOPKINS BAYVIEW MEDICAL CENTER**
410-550-0074 (Inpatient)
410-550-0016 (Outpatient)

► **JOHNS HOPKINS HOSPITAL**
Meyer Building
410-955-5104 (Admissions)

► **LEVINDALE HEBREW GERIATRIC CENTER AND HOSPITAL**
410-601-2228 (Admissions)

► **MARYLAND GENERAL HOSPITAL PSYCHIATRIC UNIT**
410-225-8155

► **MEDSTAR FRANKLIN SQUARE HOSPITAL CENTER COUNSELING UNIT**
443-777-7878 (Intake)

► **SINAI HOSPITAL INPATIENT PSYCHIATRIC UNIT**
410-601-5610 (Inpatient)
410-601-5457 (Outpatient)

► **THE UNION MEMORIAL HOSPITAL COUNSELING CENTER**
410-554-6444 (Intake)

► **UNIVERSITY OF MARYLAND MEDICAL CENTER**
410-328-6231 (Admissions)

► **UNIVERSITY OF MARYLAND - ST. JOSEPH MEDICAL CENTER, PSYCHIATRIC UNIT**
410-337-1580

MOBILE PHONES

Offers free phones and minutes to low-income individuals receiving selected government benefits.

► **ASSURANCE WIRELESS**
888-898-4888

► **CINTEX WIRELESS**
877-304-9183

► **CONEXION WIRELESS**
877-771-7464

► **SAFELINK WIRELESS**
800-977-3768

► **TRAC-FONE WIRELESS**
800-977-3768

MOVE COORDINATORS

These companies assist older adults with all aspects of downsizing and moving. Always check professional credentials, insurance, experience and request references. A written contract should be provided which documents all services and fees.

► **CARING TRANSITIONS -BALTIMORE METRO**
410-591-4111
www.estatemovenorthbaltimoremd.com
Providing personalized moving coordination, packing/unpacking, selling excess items at home/online, and cleaning-out.

► **NATIONAL ASSOCIATION OF SENIOR MOVE MANAGERS**
877-606-2766
A non-profit professional association of organizations dedicated to helping older adults and families with the physical and emotional aspects of moving.

NOTARY SERVICES

► **BALTIMORE COUNTY EMPLOYEES FEDERAL CREDIT UNION**
410-828-4730
800-234-4730
www.bcefcu.com
23 W. Susquehanna Avenue
Towson 21204
The financial institution for Baltimore County Government employees and volunteers.

NURSING HOMES

See also Home and Community Based Services Waivers.

Nursing homes or long term care facilities provide services for individuals who need nursing care on a regular basis, but do not need to be hospitalized. Facilities are regulated by state and local boards of health. Many nursing care facilities offer respite care, rehabilitation and other services of short duration. Always inquire about payment options.

Selecting a nursing home is an individual and personal decision. Each person's needs, likes, dislikes and personalities are different. These preferences should be taken into consideration when searching for a nursing home. To make a well informed selection, it is recommended that you make visits to determine whether a facility meets the specific needs of you or your loved one. Ask detailed questions and visit several facilities. For information about selecting a nursing home, please visit www.baltimorecountymd.gov/agencies/aging/housing/nursinghomes.html.

N

NURSING HOMES

▶ ALICE MANOR NURSING HOME

410-889-9700
2095 Rockrose Avenue
Baltimore 21211

▶ ARLINGTON WEST NURSING AND REHAB CENTER

410-664-9535
3939 Penhurst Avenue
Baltimore 21215

▶ AUGSBURG LUTHERAN HOME & VILLAGE

410-486-4573
6811 Campfield Road
Baltimore 21207

▶ BLUE POINT NURSING AND REHAB CENTER

410-367-9100
2525 West Belvedere
Baltimore 21215

▶ BRIDGEPARK HEALTH CARE CENTER

410-542-5306
4017 Liberty Heights Avenue
Baltimore 21207

▶ BRINTON WOODS POST-ACUTE CARE CENTER

410-325-4000
5009 Frankford Avenue
Baltimore 21206

▶ BROADMEAD

410-527-1900
13801 York Road
Cockeysville 21030

▶ CHARLESTOWN

410-247-9700
709 Maiden Choice Lane
Catonsville 21228

▶ CHARLOTTE HALL VETERANS HOME

301-884-8171
www.charhall.org
29449 Charlotte Hall Road
Charlotte Hall 20622
Income based assisted living,
LTC nursing, rehabilitation and
memory care.

▶ COURTLAND GARDENS NURSING AND REHABILITATION CENTER

410-521-3600
7920 Scotts Level Road
Baltimore 21208

▶ CRAWFORD RETREAT

410-947-7286
2117 Denison Street
Baltimore 21216

▶ EDENWALD

410-339-6000
800 Southerly Road
Towson 21286

▶ ENVOY OF PIKESVILLE

410-486-8771
7 Sudbrook Lane
Pikesville 21208

▶ FAYETTE HEALTH AND REHAB CENTER

410-727-3947
1217 West Fayette Street
Baltimore 21223

▶ FOREST HAVEN NURSING HOME

410-747-7425
701 Edmondson Avenue
Catonsville 21228

▶ FREDERICK VILLA NURSING AND REHAB CENTER

410-788-3300
711 Academy Road
Catonsville 21228

▶ FUTURECARE HEALTH AND MANAGEMENT CORP.

Canton Harbor
410-342-6644
1300 S. Ellwood Avenue
Baltimore 21224

Charles Village
2337 N. Charles Street
Baltimore 21218

Cherrywood
410-833-3801
12020 Reisterstown Road
Reisterstown 21136

Cold Spring
410-254-3300
4700 Harford Road
Baltimore 21214

Homewood

410-554-6300
2700 N. Charles Street
Baltimore 21218

Irvington

410-947-3052
30 South Athol Avenue
Baltimore 21229

Locheam

410-358-3410
4800 Seton Drive
Baltimore 21215

Northpoint

410-282-0100
1046 North Point Road
Baltimore 21224

Old Court

410-922-3200
5412 Old Court Road
Randallstown 21133
Sandtown-Winchester
410-669-2750
1000 North Gilmor Street
Baltimore 21217

▶ GENESIS HEALTHCARE

Caton Manor
410-525-1544
3330 Wilkens Avenue
Baltimore 21229
Catonsville Commons
410-747-1800
16 Fusting Avenue
Catonsville 21228

Cromwell Center

410-661-5955
8710 Emge Road
Baltimore 21234

Franklin Woods Center

410-391-2600
9200 Franklin Square Drive
Baltimore 21237

Hamilton Center

410-426-8855
6040 Harford Road
Baltimore 21214

Heritage Center

410-282-6310
7232 German Hill Road
Dundalk 21222

Homewood Center

410-323-4223
6000 Bellona Avenue
Baltimore 21212

Loch Raven Center

410-668-1961
8720 Emge Road
Baltimore 21234

Long Green Center

410-435-9073
115 East Melrose Avenue
Baltimore 21212

Multi-Medical Center

410-821-5500
7700 York Road
Towson 21204

Patapsco Valley Center

410-655-7373
9109 Liberty Road
Randallstown 21133

Perring Parkway Center

410-661-5717
1801 Wentworth Road
Baltimore 21234

▶ GOOD SAMARITAN NURSING CENTER

410-532-5600
1601 East Belvedere Avenue
Baltimore 21239

▶ GREEN HOUSE AT STADIUM PLACE, THE

410-554-9890
1010 E. 33rd Street
Baltimore 21218

▶ HCR MANOR CARE

Dulaney
410-828-6500
111 West Road
Towson 21204

Roland Park

410-662-8606
4669 Falls Road
Baltimore 21209

Rossville

410-574-4950
6600 Ridge Road
Rosedale 21237

Ruxton

410-821-9600
7001 N. Charles Street
Towson 21204

Towson

410-828-9494
509 E. Joppa Road
Towson 21286

Woodbridge Valley

410-402-1200
1525 N. Rolling Road
Catonsville 21228

▶ HOLLY HILL NURSING & REHABILITATION

410-823-5310
410-979-4822
www.hollyhillnursing.com
531 Stevenson Lane
Towson 21286
Specializing in short term
rehab.

► **JOHNS HOPKINS
BAYVIEW CARE CENTER**
410-550-0756
5505 Hopkins Bayview Circle
Baltimore 21224

► **KESWICK MULTI-CARE
CENTER**
410-235-8860
700 W. 40th Street
Baltimore 21211

► **LEVINDALE HEBREW
GERIATRIC CENTER AND
HOSPITAL**
410-601-2400
2435 W. Belvedere Avenue
Baltimore 21215

► **LITTLE SISTERS OF THE
POOR ST. MARTIN'S**
410-744-9367
601 Maiden Choice Lane
Baltimore 21228

► **LORIEN MAYS CHAPEL**
410-252-0880
12230 Roundwood Road
Timonium 21093

► **MARYLAND BAPTIST
AGED HOME**
410-945-7650
2801 Rayner Avenue
Baltimore 21216

► **MARYLAND MASONIC
HOMES**
410-527-1111
300 International Circle
Cockeysville 21030

► **MID-ATLANTIC OF
CHAPEL HILL NURSING
CENTER**
410-922-2443
4511 Robosson Road
Randallstown 21133

► **MILFORD MANOR
NURSING HOME**
410-486-1500
4204 Old Milford Mill Road
Baltimore 21208

► **NORTHWEST NURSING
AND REHABILITATION
CENTER**
410-664-5551
4601 Pall Mall Road
Baltimore 21215

► **OAK CREST**
410-882-3295
8832 Walther Boulevard
Parkville 21234

► **OAKWOOD CARE
CENTER**
410-687-1383
1300 Windlass Drive
Baltimore 21220

► **OVERLEA HEALTH AND
REHABILITATION CENTER**
410-426-1424
6116 Belair Road
Baltimore 21206

► **PICKERSGILL
RETIREMENT COMMUNITY**
410-825-7423
615 Chestnut Avenue
Towson 21204

► **PRESBYTERIAN HOME
OF MARYLAND**
410-823-4622
400 Georgia Court
Towson 21204

► **RIDGEWAY MANOR
NURSING AND REHAB
CENTER**
410-747-5250
5743 Edmondson Avenue
Catonsville 21228

► **RIVERVIEW
REHABILITATION AND
HEALTH CENTER**
410-574-1400
1 Eastern Boulevard
Essex 21221

► **ROCK GLEN NURSING
AND REHAB CENTER**
410-646-2100
10 North Rock Glen Road
Baltimore 21229

► **ROLAND PARK PLACE**
410-243-5800
830 West 40th Street
Baltimore 21211

► **ST. ELIZABETH
REHABILITATION AND
NURSING CENTER**
410-644-7100
3320 Benson Avenue
Baltimore 21227

► **ST. JOSEPH'S NURSING
HOME**
410-747-0026
1222 Tugwell Drive
Catonsville 21228

► **STELLA MARIS**
410-252-4500
2300 Dulaney Valley Road
Timonium 21093

► **SUMMITT PARK HEALTH
AND REHABILITATION
CENTER**
410-747-3287
1502 Frederick Road
Catonsville 21228

► **TRANSITIONAL CARE AT
MERCY MEDICAL CENTER**
410-332-9287
301 St. Paul Place
Baltimore 21202

► **TRANSITIONAL CARE
SERVICES AT GOOD
SAMARITAN**
443-444-4070
5601 Loch Raven Blvd.
Baltimore 21239

NURSING HOMES - RELATED PROGRAMS

► **COMMUNITY FIRST
CHOICE**
410-887-2594 (County)
410-396-2273 (City)
Enables individuals 18 and
older, who have Community
Medical Assistance and meet
Medicaid's institutional level of
care to remain in a community
setting. Provides supports
planning, personal care, nurse
monitoring, home delivered
meals, assistive devices,
environmental assessment and
more.

► **DELMARVA
FOUNDATION FOR
MEDICAL CARE, INC.**
800-492-5811
Determines level of care for
nursing home residents upon
admission when payment is
Medical Assistance.

► **HOME AND
COMMUNITY BASED
OPTIONS WAIVER**
866-417-3480
Enables individuals 18 and
older, who are financially
eligible and meet Medicaid's
long-term care admission
criteria to remain in a
community setting. Provides
supports planning, personal
care, medical day care, nurse
monitoring, assisted living,
home delivered meals, assistive
devices, environmental
assessment and more. Call
for more information. *See
Financial Eligibility Guidelines
listed in publication.

► **LEGAL AID BUREAU,
INC., NURSING HOME
PROGRAM**
410-951-7750, Press 1, Then
Press 8
Free legal assistance for
nursing home and assisted
living residents who meet
financial eligibility. Assists with
legal problems related to their
care in the facility.

► **LONG TERM CARE
MEDICAL ASSISTANCE**
410-455-7517 (County)
855-458-2273 (City)
Medicaid application for
nursing home residents.

► **MARYLAND HEALTH
CARE COMMISSION,
NURSING HOME GUIDE**
410-764-3460
[www.mhcc.maryland.gov/
consumerinfo/longtermcare](http://www.mhcc.maryland.gov/consumerinfo/longtermcare)
Compares nursing home
facilities.

► **MEDICAL ASSISTANCE
PERSONAL CARE**
410-887-3485 (County)
410-396-4494 (City)
Enables individuals 18 and
older, who have Community
Medical Assistance and who
need assistance with at least
one activity of daily living, to
receive personal care services,
supports planning and nurse
monitoring.



CREATES

CREATING AN ENERGY EFFICIENT BALTIMORE

CREATES is a new multi-agency program offering energy saving opportunities to residents, businesses and nonprofits in Baltimore.

The City of Baltimore was recently awarded money through the Maryland Public Service Commission's Customer Investment Fund for energy efficiency programming. This new funding expands and streamlines existing City services and programs – energy conservation for small businesses and nonprofits, education and outreach, residential energy savings equipment installation, energy assistance and weatherization assistance. These services will be enhanced through the planting of trees and installations of white/cool roofs in targeted neighborhoods, both of which reduce hot summer temperatures.

The City of Baltimore will use this new funding to help residents, businesses and nonprofits save energy, preserve homeownership, promote economic development, reduce health costs and provide long-term savings, while supporting a strong, stable and growing future for Baltimore.

For more information on services that are available, please contact: 410-927-6088 or email CREATES@BaltimoreCity.gov

Learn how these Energy Saving Programs can save you money and energy!



THE BALTIMORE ENERGY CHALLENGE (BEC) is the City's energy conservation resource program that teaches residents, businesses, and nonprofits low- to no-cost ways to save energy through grassroots' efforts in neighborhoods, businesses, and schools. Participants sign a pledge committing to reduce their energy use through changes in behavior. As a thank you, participants receive an energy saving kit with the following products: CFL light bulb, draft stoppers, toilet tank bank, fridge/freezer thermometer, and informational materials. Consistent energy saving behavior, along with these products, have helped communities reduce their energy usage by as much as 13%! BEC is a program of the Baltimore City Office of Sustainability in partnership with Civic Works, Inc. and the Baltimore Community Foundation. For more info: 443-869-2614 or Info@BaltimoreEnergyChallenge.org

BALTIMORE ENERGY CHALLENGE ENERGY EFFICIENCY PROGRAM

The Baltimore Energy Challenge Energy Efficiency Program is a free program to Baltimore City residents that includes in-home installation of energy and water conservation equipment - such as programmable thermostats, energy-efficient light bulbs, water-saving fixtures, pipe wraps, power strips, CO/smoke detector and much more! The

Baltimore Energy Challenge is currently accepting names of those interested in this free service. Your home must be located in Baltimore City and the program is available to renters and homeowners. Call today to start saving money and energy! The Baltimore Energy Challenge Energy Efficiency Program is a program of the Baltimore City Office of Sustainability in partnership with Civic Works, Inc. and the Baltimore Community Foundation. For more info: 443-869-2614 or EEP@BaltimoreEnergyChallenge.org



ENERGY ASSISTANCE

The City's Energy Assistance Office utilizes five Community Action Centers across Baltimore to serve 17,000 energy assistance customers per year. As part of the Mayor's Office of Human Services Community Action Partnership, these centers utilize benefits coordination, financial programming, and other human services to encourage self-sufficiency and promote wrap-around education. If you, or someone you know,

is in need of assistance to pay utility bills, please visit one of our Community Action Centers today to find out how we can help.

Community Action Centers: Southeast CAC: 3411 Bank Street; Eastern CAC: 1400 E. Federal Street; Northwest District CAC: 3939 Reisterstown Rd; Southern CAC: 606 Cherry Hill Road; Northern CAC: 5225 York Road

More money and energy saving programs on the flip side...



► MONEY FOLLOWS THE PERSON

410-887-8739 (County)
Assists residents of nursing homes to move back into the community. Must reside in a qualifying nursing home six months and receive Long Term Care Medical Assistance for 30 days.

► NURSING HOME COMPARE

www.medicare.gov/nhcompare/home.asp

► OFFICE OF HEALTH CARE QUALITY, NURSING HOMES, LONG TERM CARE UNIT

410-402-8201
Ensures that State licensure and Medicare/Medicaid standards are maintained. Investigates complaints of resident abuse.

► OMBUDSMAN PROGRAM

410-887-4200 (County)
410-396-3144 (City)
Acts as an advocate for long term care residents. Provides resolution or referral of complaints concerning nursing homes and assisted living facilities.

NUTRITION SERVICES

For additional services/information call Maryland Access Point of Baltimore County at 410-887-2594 or the Baltimore City Health Department Office of Aging and CARE Services at Maryland Access Point at 410-396-2273. See also Summary of Services - Eating Together Program.



SENIOR CENTERS

An Eating Together Program lunch is served in each of the 20 Baltimore County Senior Centers (see Senior Centers list) and various locations throughout Baltimore City. There is no charge for the meals; however, an anonymous, voluntary donation is requested. Advance reservations are required. Baltimore County Senior Center Councils sponsor meals for special events; contact the senior center for special event information.

ADDITIONAL CONGREGATE MEAL PROGRAMS

The Eating Together Program provides lunch or evening meals at some Community Nutrition Sites or Congregate Housing locations. There is no charge for meals; however, an anonymous, voluntary donation is requested. Since these sites are open fewer than five days a week, an office or lobby phone number is provided.

B = Breakfast
E = Evening meals
I = Islamic meals only
K = Kosher meals only
KOR = Korean meals only
L = Lunch meals

BALTIMORE COUNTY

- **ESSEX CO-OP APARTMENTS (E)**
410-288-7616
- **GOLDEN RING APARTMENTS (E)**
410-682-4657
- **HOPKINS VILLAGE (E)**
410-687-2828
- **ISLAMIC SOCIETY OF BALTIMORE (I) (L) (E)**
410-747-4869
- **PARK VIEW AT CATONSVILLE (E)**
410-719-9464

- **PARK VIEW AT DUNDALK (E)**
410-288-5483
- **PARK VIEW AT TOWSON (E)**
410-828-7185
- **REISTER'S VIEW (E)**
410-517-4994
- **ST. LUKE'S PLACE (L)**
410-477-3661
- **TABCO TOWERS (L)**
410-821-9220
- **TRINITY HOUSE (L)**
410-825-5288
- **VILLAGE OAKS APARTMENTS (E)**
410-747-1344
- **WEINBERG GARDENS (K) (E)**
410-602-8200
- **WEINBERG HOUSE (K) (E)**
410-602-2405
- **WEINBERG VILLAGE I (K) (E)**
410-581-7878
- **WEINBERG VILLAGE III (K) (E)**
410-581-7878

BALTIMORE CITY

- **29TH STREET WYMAN HOUSE (L)**
- **ABUNDANT LIFE TOWERS (L)**
410-367-5433
- **ALLENDALE (L)**
410-396-0273
- **ALLEN SENIOR CENTER (L)**
410-685-6224
- **APOSTOLIC TOWERS (L)**
410-342-1353/4
410-396-6194
- **AUGSBURG LUTHERAN CHURCH (L)**
410-542-6270
- **BASILICA PLACE (L)**
410-396-2998
- **BELVEDERE GREEN (E)**
410-433-7255
- **BERNARD E. MASON (L) (E)**
410-396-0488
- **BOLTON NORTH (L)**
410-462-5433
- **BRISTOL HOUSE (K) (E)**
410-466-1990
- **CHERRY HILL SENIOR CENTER (L)**
410-354-5101
- **COLDSTREAM (L)**
410-396-6746
- **CURTIS BAY REC. CENTER (L)**
410-396-1811
- **DELTA SIGMA THETA SORORITY (L)**
410-608-3344
- **DEPAUL HOUSE (L)**
410-644-8484
- **EDWARD A. MYERBERG SENIOR CENTER (K) (L)**
410-358-6856
- **EPIPHANY HOUSE (L)**
410-323-3040
- **FATIMA HOUSE (E)**
410-631-3555
- **FORREST PARK SENIOR CENTER (L)**
410-466-2124
- **FOSTER GRANDPARENTS UNION BAPTIST CHURCH CHILD CARE CENTER (E)**
410-366-6356
- **GREENMOUNT SENIOR CENTER (KOR) (L)**
410-396-3552
- **HANOVER SQUARE APARTMENTS (L)**
410-962-1131
- **HARBOR APARTMENT (E)**
410-837-1010
- **HARFORD SENIOR CENTER (L)**
410-426-4009
- **HATTON SENIOR CENTER (L)**
410-396-9025
- **HIGHLANDTOWN PLAZA (E)**
410-675-4460
- **IVY FAMILY SUPPORT CENTER (L)**
410-367-6750
- **JOHN BOOTH SENIOR CENTER (L)**
410-396-9202
- **KIRKWOOD HOUSE (L)**
410-464-0106
- **MANORS WEST (K) (L)**
410-396-1131

N - P

NUTRITION - PHARMACIES OFFERING HOME DELIVERY

► **MCKIM CENTER HOMELESS SHELTER (L)**
410-276-5519

► **MEMORIAL APARTMENTS (E)**
410-728-7806

► **MOUNT CLARE OVERLOOK (L)**
410-727-4477

► **N. M. CARROLL MANOR (L)**
410-669-4270

► **OLIVER SENIOR CENTER (L)**
410-396-3861

► **OUR LADY OF FATIMA (L)**
410-633-9393

► **PARKVIEW APARTMENTS (E)**
410-542-4400

► **PENN NORTH PLAZA (L)**
410-383-8595

► **SANDTOWN WINCHESTER SENIOR CENTER (B) (L)**
410-396-7725

► **SENIOR COMPANION (L)**
410-396-8013

► **STADIUM PLACE/ EDNOR HOUSE (L)**
410-243-0180

► **WALKERS MEWS (E)**
410-433-0210

► **WATERS TOWERS (L)**
410-342-6240

► **WAXTER SENIOR CENTER (B) (L)**
410-396-1331

► **WAYLAND BAPTIST CHURCH (L)**
410-664-2774

► **WEINBERG PLACE (KOSHER) (K) (E)**
410-542-4111

► **WESTMINSTER HOUSE (L)**
410-837-0180

► **WOODBOURNE WOODS (E)**
410-433-7255

► **ZETA COMMUNITY CENTER (L)**
410-396-3535

MEAL PREPARATION

See also Home Health Services and Home Care (Non-Medical).

► COMFORT KEEPERS

410-795-7495
855-809-6512 (Toll Free)
www.comfortkeepers.com/office-667
Providing exceptional in-home care and safety technology to preserve independence.

► SENIOR HELPERS, LLC

410-453-6172
www.seniorhelpers.com/baltimore
Care and comfort at a moments notice.

OTHER NUTRITION SERVICES

► GBMC GECKLE DIABETES & NUTRITION CENTER

443-849-2036
www.gbmc.org/diabetes
Physicians Pavilion East
6565 N. Charles Street, Suite 507
Baltimore 21204
Education and support groups for those with nutrition-related conditions.

► MEALS ON WHEELS OF CENTRAL MARYLAND, INC.

410-558-0827
www.mealsonwheelsmd.org
Prepares and delivers two meals per day, Monday-Friday, to the homebound of any age. Kosher meals available on limited basis.

► OUR DAILY BREAD

443-986-9000

OPTICIANS/ OPTICAL SERVICES

See Physicians, Physician Referral Services, Physicians Who Make House Calls and Vision Resources.

PERSONAL NEEDS

See also Medical Equipment and Supplies and Pharmacies Offering Home Delivery.

► LIFE RESPONSE OF MARYLAND

410-833-1067
www.liferesponseofmd.com
Never alone with affordable monthly monitoring - 20+ years of service.

► MSI INCONTINENCE SUPPLIES

800-777-6647
410-754-4055
www.rpromise.com
10 Poulson Avenue
Essington, PA 19029
Home delivery of Tena/Attends incontinence products available through MA.

PHARMACIES OFFERING HOME DELIVERY

In most cases, these pharmacies deliver free of charge, but deliveries may be limited to prescription items only. Please call for services and delivery requirements.

► HALETHORPE PHARMACY (A CARE PHARMACY)

410-247-3344
www.halethorpepharmacy.com
1307 Francis Avenue
Baltimore 21227
Free delivery, Medicare-D, diabetic supplies/specialty shoes, flu/shingles vaccine.

► INDEPENDENT DRUG (A CARE PHARMACY)

410-687-1115
www.independentdrug.com
28 Kingston Road
Middle River 21220
Free delivery, Medicare-D, diabetic supplies/specialty shoes, flu/shingles vaccine.

► NEIGHBORCARE PROFESSIONAL PHARMACIES

www.neighborcare.com
Catonsville-Charlestown Community
410-737-8820
Building 1
711 Maiden Choice Lane
Catonsville 21228
Greater Baltimore Medical Center (GBMC)
443-849-2828
Physicians Pavilion East
6565 N. Charles Street
Towson 21204
Owings Mills
410-581-1151
Crossroads Medical Center
23 Crossroads Drive
Owings Mills 21117
Parkville-Oak Crest Village
410-882-3238
Village Square
8800 Walther Boulevard
Parkville 21234
Pikesville - Naylors Court
410-484-7171
4000 Old Court Road
Pikesville 21208
Pikesville - Woodholme
410-486-8106
Woodholme Medical Building
1838 Greene Tree Road
Baltimore 21208
Reisterstown
410-526-2960
750 Main Street, Suite 104E
Reisterstown 21136
Saint Agnes Hospital
410-951-4050
900 S. Caton Avenue
Baltimore 21229
Sinai Hospital of Baltimore
410-601-6866
The Morton Mower MD Medical Office Building
2411 W Belvedere Avenue
Baltimore 21215
University of Maryland - St. Joseph Medical Center
410-337-0557
O'Dea Medical Building
7505 Osler Drive
Towson 21204
Free prescription delivery, support and custom hosiery, immunizations, compliance packaging.

P - R

PHARMACIES OFFERING HOME DELIVERY - RECREATION AND LEISURE ACTIVITIES

► PROFESSIONAL PHARMACY (AN EPIC PHARMACY)

410-687-8113
800-595-3196
www.propharmacyrx.net
9106 Philadelphia Road,
Suite 100
Baltimore 21237
Bringing pharmacy to life with quick and efficient service.

PHYSICIAN REFERRAL SERVICES

For additional services/information call Maryland Access Point of Baltimore County at 410-887-2594 or the Baltimore City Health Department Office of Aging and CARE Services at Maryland Access Point at 410-396-2273.

► BALTIMORE COUNTY MEDICAL ASSOCIATION/ MEDCHI

410-296-1232
A referral service for physicians in Baltimore County.

► MARYLAND MEDICAL ASSISTANCE BENEFICIARY SERVICES AND PHARMACY ACCESS HOTLINE

800-492-5231, Press 2
Names of doctors who accept Medical Assistance.

► MARYLAND STATE MEDICAL SOCIETY (MEDCHI)

410-539-0872
A referral service for physicians in Maryland.

► MEDICARE

800-633-4227
www.medicare.gov (Click Resource Locator, Then Click Physician Compare). To identify physicians who accept Medicare reimbursement.

PHYSICIANS

See also Community Mental Health, Health Clinics, Physicians Who Make House Calls and Vision Resources.

PHYSICIANS WHO MAKE HOUSE CALLS

For additional services/information call Maryland Access Point of Baltimore County at 410-887-2594 or the Baltimore City Health Department Office of Aging and CARE Services at Maryland Access Point at 410-396-2273.

PODIATRISTS

For referral services, please review the Physicians Who Make House Calls category or contact Maryland Access Point of Baltimore County at 410-887-2594 or the Baltimore City Health Department Office of Aging and CARE Services at Maryland Access Point at 410-396-2273.

PUBLICATIONS OF INTEREST

For additional services/information call Maryland Access Point of Baltimore County at 410-887-2594 or the Baltimore City Health Department Office of Aging and CARE Services at Maryland Access Point at 410-396-2273.

► BALTIMORE CITY HEALTH DEPARTMENT

410-396-4398

► BALTIMORE CITY HEALTH DEPARTMENT'S OFFICE OF AGING AND CARE SERVICES MARYLAND ACCESS POINT, GOLD CARD, CARE BROCHURES

410-396-2273

► BALTIMORE COUNTY DEPARTMENT OF AGING PUBLICATIONS

410-887-2594 (Maryland Access Point of Baltimore County)
Produces publications and other informational media that are primarily available at no cost. Contact Maryland Access Point of Baltimore County for information.

- Community Resources

- Senior Digest*

(subscription fee applies)

- Strengthening Lives

- Be Mobile, Drive Safe

(Available in June 2014.)

Publications are also available at 20 Baltimore County senior centers, Baltimore County public libraries and through Project DOCS, a partnership with local hospitals. To view senior center newsletters online visit: <http://www.baltimorecountymd.gov/agencies/aging/centers/newsletters.html>.

► BALTIMORE COUNTY SENIOR DIGEST*

410-887-3050

www.baltimorecountymd.gov

A newspaper filled with information and interests pertaining to older adults, baby boomers, caregivers, families, persons with disabilities and professionals. Published eight times annually by the Baltimore County Department of Aging. Cost is \$5 per year for subscribers 60 and older who live in Baltimore County; \$7 per year for all other subscribers.

► CAREGIVER CONNECTION

410-887-2594

A free newsletter for caregivers by mail or e-mail. To subscribe, visit www.baltimorecountymd.gov/subscribe/caregiver.

► COUNTY CONNECTION

An e-newsletter from the County Executive's office. To subscribe, visit www.baltimorecountymd.gov/subscribe/index.html.

► ORANGE CARD

410-887-2594

This card could save your life. This card lists all of your medications and other medical information. Emergency medical personnel look for this card on refrigerators in an emergency.

REALTORS, REAL ESTATE AGENTS

SHIRLEY MATLOCK, ECOGREEN REALTOR, ABR, ASP, CNE, CRS, EPRO, GRI, LTG, PMN, SFR, SRES

RE/MAX ADVANTAGE REALTY

410-465-7777

800-548-3416, Ext. 1255

www.yougreenhomeexpertsource.com

8815 Centre Park Drive, #110
Columbia 21045

2006 Realtor of the Year.

RECREATION AND LEISURE ACTIVITIES

► BALTIMORE CITY RECREATION AND PARKS

410-396-7900

410-396-7515 (Therapeutic)

Persons with disabilities call therapeutic number.

► BALTIMORE CITY RECREATION AND PARKS, SENIOR CITIZENS DIVISION GOLDEN AGE CLUBS

410-396-2920

► BALTIMORE COUNTY CONFERENCE AND TOURISM OFFICE

410-887-2849

► BALTIMORE COUNTY DEPARTMENT OF RECREATION AND PARKS

410-887-3871

Recreation and leisure opportunities in Baltimore County.

► **BALTIMORE COUNTY
DEPARTMENT OF
RECREATION AND PARKS,
THERAPEUTIC
RECREATION SERVICES**

410-887-5370
Recreational programs and services for persons with disabilities.

► **BALTIMORE COUNTY
SENIOR CENTERS**
(See "Senior Centers")

► **MARYLAND SENIOR
OLYMPICS**

410-396-2920
Competitions for people age 50 and over in archery, bowling, cycling, golf, horseshoes, track and field and more.

► **SENIOR BOX OFFICE**

410-887-5399
www.seniorboxoffice.org
Volunteer program that distributes discounted tickets to members for events. Travel opportunities also available without membership.

► **TOWSON UNIVERSITY,
INSTITUTE FOR
WELL-BEING WELLNESS
CENTER**

410-704-4555
Offering a focus on medical fitness and exercise for seniors.

**GOLF COURSES,
BALTIMORE CITY**

Carroll Park
410-685-8344
Clifton Park
410-2433500
Forest Park
410-448-4653
Mount Pleasant
410-254-5100
Pine Ridge
410-252-1408

**GOLF COURSES,
BALTIMORE COUNTY**

410-887-GOLF(4653)
www.baltimoregolfing.com

Diamond Ridge
410-887-1349
Greystone
410-887-1945
Fox Hollow
410-887-7735
Rocky Point
410-887-0215
The Woodlands
410-887-1349

**AQUATIC PROGRAMS
FOR OLDER ADULTS
AND PERSONS WITH
PHYSICAL
DISABILITIES**

Recreational water programs led by trained instructors. Ability to swim not required. Fees vary.

► **ARTHRITIS
FOUNDATION, MARYLAND
CHAPTER**

800-365-3811, Ext. 4430
Maintains current listing of swimming programs for arthritic individuals and persons with disabilities.

► **KERNAN HOSPITAL
AQUATIC EXERCISE
PROGRAM**

410-448-6706

► **LEAGUE FOR PEOPLE
WITH DISABILITIES,
WELLNESS PROGRAM**

410-323-0500, Ext. 314

► **MULTIPLE SCLEROSIS
SOCIETY OF MARYLAND**

800-344-4867, Press 1
Maintains current listing of swimming programs for persons with disabilities.

► **Y OF CENTRAL
MARYLAND**

Baltimore City
410-889-9622
Catonsville
410-747-9622
Dundalk
410-285-7616
Parkville
410-663-1300
Randallstown
410-496-4272
Towson
410-823-8870

**RESPITE CARE
SERVICES**

See also Assisted Living Programs, Home Health Services, Home Care (Non-Medical) and Nursing Homes.

► **BRIGHTSTAR
HEALTHCARE OF
BALTIMORE CITY/COUNTY**

443-275-2796 (24-Hr. Service)
www.brightstarcare.com/
baltimore-citycounty/
1615 York Road, Suite 205
Lutherville-Timonium 21093
Private duty homecare: nursing assistants, RN's LPN'S, Joint Commission Accreditation.

► **COMFORCARE HOME
CARE SERVICES**

410-922-6262
410-922-6221
http://nwbaltimore.comforcare.com
9952 Liberty Road
Randallstown 21133
ComForcare provides care to help persons thrive in their home.

► **COMFORT KEEPERS**

410-795-7495
855-809-6512 (Toll Free)
www.comfortkeepers.com/
office-667
Providing exceptional in-home care and safety technology to preserve independence.

► **ELIZABETH COONEY
CARE NETWORK**

410-323-1700 (24-Hr. Service)
www.elizabethcooneyagency.com
1107 Kenilworth Drive,
Suite 200
Towson 21204
Celebrating 57 years - caring professional PT's, RN's, LPN's, CNA's, companions.

► **HOLLY HILL NURSING &
REHABILITATION**

410-823-5310
410-979-4822
www.hollyhillnursing.com
531 Stevenson Lane
Towson 21286
Specializing in short term rehab.

► **MAPLES OF TOWSON,
THE**

410-296-8900
www.themaples-towson.com
7925 York Road
Towson 21204
The Maples of Towson assisted living community. Respite stays available.

► **SENIOR HELPERS, LLC**

410-453-6172
www.seniorhelpers.com/
baltimore
Care and comfort at a moments notice.

► **STELLA MARIS**

410-252-4500, Ext. 7549
www.stellamarisinc.com
2300 Dulaney Valley Road
Timonium 21093
Long-term, hospice, home care, housing, respite, rehab services available.

► **SYMPHONY MANOR
ASSISTED LIVING AND
MEMORY CARE**

410-235-4301
www.symphony-m Manor.com
4301 Roland Avenue
Baltimore 21210
Premier assisted living and memory care in Roland Park.

REVERSE MORTGAGES

For additional services/information call Maryland Access Point of Baltimore County at 410-887-2594 or the Baltimore City Health Department Office of Aging and CARE Services at Maryland Access Point at 410-396-2273.

Reverse mortgage counseling is a mandatory part of the application process.

► BALTIMORE COUNTY EMPLOYEES FEDERAL CREDIT UNION

410-828-4730
800-234-4730
www.bcefcu.com
23 W. Susquehanna Avenue
Towson 21204
The financial institution for Baltimore County Government employees and volunteers.

► GREAT OAK LENDING PARTNERS

888-967-3837
www.greatoaklending.com
1920 Greenspring Drive,
Suite 160
Timonium 21093
A solid foundation for home financing.
NMLS# 36659

► HOWARD COUNTY OFFICE ON AGING

800-506-5806, Press 1
HUD certified reverse mortgage housing counselors.

► NET EQUITY FINANCIAL, INC.

Bill Peterson
443-725-3543
www.netequitymtg.com
4940 Campbell Boulevard,
Suite 210
Nottingham 21236
A family-oriented, trustworthy, SeniorChecked® financial organization here for you.

► ST. AMBROSE HOUSING AID CENTER

410-366-8550
HUD certified reverse mortgage housing counselors.

► U.S. HOUSING AND URBAN DEVELOPMENT, HOME EQUITY CONVERSION MORTGAGE PROGRAM

800-569-4287
Lists housing counseling agencies.

SENIOR CENTERS

See also Fitness Centers.

BALTIMORE COUNTY

410-887-2040
www.baltimorecountymd.gov/seniorcenters

Energize Your Life! at a Baltimore County Senior Center. Baltimore County Department of Aging sponsors 20 senior centers, most of which have been twice nationally accredited by the National Institute of Senior Centers. Located throughout the county, these centers provide opportunities for persons 60 years of age and older to get energized by participating in events, classes, services and other activities that reflect their experience and skills, respond to their diverse needs and interests, support their independence and encourage involvement in and with the center and the community.

Senior centers offer opportunities for leadership and volunteerism, lifelong learning, participation in sports, exercise, art, dance, drama, music, theater, and advocacy. Thirteen senior centers offer access to state-of-the-art fitness equipment for an additional fee. An "Eating Together" program is available at all senior centers (see Nutrition Services). Health and nutrition education and screening services are available along with a myriad of creative outlets designed to promote health and well-being. Referrals are made for additional services as necessary.

The centers provide a welcoming environment for fun, socialization and resources related to healthy aging. They also offer information and support for caregivers.

CENTER CONNECTION

A senior center service that supports and links individuals to senior center programs. Available at eight senior centers marked by asterisk*.

► ARBUTUS SENIOR CENTER

410-887-1410
www.baltimorecountymd.gov/arbustus
855A Sulphur Spring Road
Baltimore 21227

► ATEAZE SENIOR CENTER*

410-887-7233
410-284-3273 (Council)
410-285-0481 (Travel Desk)
www.baltimorecountymd.gov/ateaze
7401 Holabird Avenue
Dundalk 21222

► BYKOTA SENIOR CENTER*

410-887-3094
www.baltimorecountymd.gov/bykota
611 Central Avenue
Towson 21204

► CATONSVILLE SENIOR CENTER*

410-887-0900
410-744-0170 (Travel Desk)
www.baltimorecountymd.gov/catonsville
501 North Rolling Road
Catonsville 21228

► COCKEYSVILLE SENIOR CENTER*

(at Warren Place Apts.)
410-887-7694
www.baltimorecountymd.gov/cockeyville
10535 York Road
Cockeysville 21030

► EDGEMERE SENIOR CENTER

410-887-7530
410-477-2141 (Travel Desk)
www.baltimorecountymd.gov/edgemere
6600 North Point Road
Edgemere 21219



S

SENIOR CENTERS

► ESSEX SENIOR CENTER*

410-887-0267
410-687-5113 (Travel Desk)
www.baltimorecountymd.gov/essex
600 Dorsey Avenue
Essex 21221

► FLEMING SENIOR CENTER

410-887-7225
www.baltimorecountymd.gov/fleming
641 Main Street
Dundalk 21222

► JACKSONVILLE SENIOR CENTER

410-887-8208
www.baltimorecountymd.gov/jacksonville
3605A Sweet Air Road
Phoenix 21131

► LANSDOWNE/ BALTIMORE HIGHLANDS SENIOR CENTER

410-887-1443
www.baltimorecountymd.gov/lansdowne
424 Third Avenue
Lansdowne 21227

► LIBERTY SENIOR CENTER*

410-887-0780
410-922-6200 (Council)
www.baltimorecountymd.gov/liberty
3525 Resource Drive
Randallstown 21133

► MT. CARMEL SENIOR CENTER

410-887-1923
www.baltimorecountymd.gov/mtcarmel
17038 Prettyboy Dam Road
Parkton 21120

► OVERLEA-FULLERTON SENIOR CENTER

410-887-5220
www.baltimorecountymd.gov/overleafullerton
4314 Fullerton Avenue
Overlea 21236

► PARKVILLE SENIOR CENTER*

410-887-5338
410-882-6087 (Travel Desk)
www.baltimorecountymd.gov/parkville
8601 Harford Road
Parkville 21234

► PIKESVILLE SENIOR CENTER*

410-887-1245
410-484-5285 (Council/Travel Desk)
www.baltimorecountymd.gov/pikesville
1301 Reisterstown Road
Pikesville 21208

► REISTERSTOWN SENIOR CENTER

410-887-1143
www.baltimorecountymd.gov/reisterstown
12035 Reisterstown Road
Reisterstown 21136

► ROSEDALE SENIOR CENTER

410-887-0233
410-574-4125 (Travel Desk)
www.baltimorecountymd.gov/rosedale
1208 Neighbors Avenue
Rosedale 21237

► SEVEN OAKS SENIOR CENTER

410-887-5192
www.baltimorecountymd.gov/sevenoaks
9210 Seven Courts Drive
Baltimore 21236

► VICTORY VILLA SENIOR CENTER

410-887-0235
410-686-1352 (Council)
www.baltimorecountymd.gov/victoryvilla
403 Compass Road
Middle River 21220

► WOODLAWN SENIOR CENTER

410-887-6887
www.baltimorecountymd.gov/woodlawn
2120 Gwynn Oak Avenue
Woodlawn 21207

BALTIMORE CITY

Healthy and Active Aging is the theme of Baltimore City's fourteen (14) senior centers. Six (6) of the fourteen centers are operated by CARE Services. Centers are strategically located throughout the city offering a range of services, programs and activities that help meet the social, physical and intellectual needs of older adults.

Each center provides opportunities for adults, age 60 and older to engage in activities that are stimulating, enhancing and culturally diverse. Participants can choose from an array of intellectual, physical and social choices and options that fosters skill development, lifelong learning, art creativity, and cultural exchange. In addition, centers provide nutritional health, education, screening and a safe, embracing environment for socialization within the community.

Participants often find a 'refreshing of life' that can catapult them into volunteerism and/or leadership roles. The support of independence and sense of dignity may have been missed, without access to this outlet designed to promote well-being and health.

Baltimore City welcomes you to connect with any one of the fourteen (14) centers and find what interests you to maintain a healthy and active aging lifestyle.

► **ACTION IN MATURITY, INC. (AIM)**
410-889-7915
3900 Roland Avenue
Baltimore 21211

► **ALLEN SENIOR CENTER**
410-685-6224
1404 South Charles Street
Baltimore 21230

► **CHERRY HILL SENIOR LIFE CENTER**
410-354-5101
606 Cherry Hill Road, Suite 201
Baltimore 21225

► **FOREST PARK SENIOR CENTER**
410-466-2124
4801 Liberty Heights Avenue
Baltimore 21207

► **HARFORD SENIOR CENTER**
410-426-4009
4920 Harford Road
Baltimore 21214

► **HATTON SENIOR CENTER**
410-396-9025
2825 Fait Avenue
Baltimore 21224

► **JOHN BOOTH SENIOR CENTER**
410-396-9202
2601 A E. Baltimore Street
Baltimore 21224

► **GREENMOUNT SENIOR CENTER**
410-396-3552
425 E. Federal Street
Baltimore 21202

► **EDWARD A. MYERBERG SENIOR CENTER**
410-358-6856
3101 Fallstaff Road
Baltimore 21209

► **OLIVER SENIOR CENTER**
410-396-3861
1700 N. Gay Street
Baltimore 21213

► **SANDTOWN WINCHESTER SENIOR CENTER**
410-396-7724
1601 Baker Street
Baltimore 21217

► **SENIOR NETWORK OF NORTH BALTIMORE**
410-323-7131
5828 York Road
Baltimore 21212



▶ **WAXTER CENTER FOR SENIOR CITIZENS**
410-396-1324
1000 Cathedral Street
Baltimore 21201

▶ **ZETA CENTER FOR HEALTHY AND ACTIVE AGING**
410-396-3535
4501 Reisterstown Road
Baltimore 21215

SUPPORT GROUPS

ALCOHOLISM

▶ **AL-ANON FAMILY GROUP**
410-832-7094

▶ **ALCOHOLICS ANONYMOUS**
410-663-1922

ALZHEIMER'S DISEASE

▶ **ALZHEIMER'S ASSOCIATION**
410-561-9099
www.alz.org/maryland
Provides support groups for various stages of Alzheimer's Disease. Maintains listing of other support groups.

▶ **MAPLES OF TOWSON, THE**
410-296-8900
www.themaples-towson.com
7925 York Road
Towson 21204
The Maples of Towson assisted living community. Respite stays available.

AMPUTEE SUPPORT GROUPS

▶ **GOOD SAMARITAN HOSPITAL**
443-444-4100

▶ **UNIVERSITY OF MARYLAND REHABILITATION & ORTHOPAEDIC INSTITUTE**
410-448-6706

ARTHRITIS

▶ **ARTHRITIS FOUNDATION**
800-365-3811

ASTHMA

▶ **AMERICAN LUNG ASSOCIATION**
800-586-4872

▶ **ASTHMA AND ALLERGY FOUNDATION**
410-484-2054

BEREAVEMENT/ GRIEF

▶ **BALTIMORE CANCER SUPPORT GROUP AT ST. PETER'S LUTHERAN CHURCH**
410-668-1762
Adults, not limited to cancer.

▶ **BEREAVED PARENTS USA**
410-321-7053
Bereaved parents/ grandparents.

▶ **COMMUNITY HOSPICE OF MARYLAND**
866-234-7742

▶ **COUNSELING CENTER AT STELLA MARIS**
410-252-4500, Ext. 7291
Individual counseling and support groups.

▶ **EVERCARE HOSPICE & PALLIATIVE CARE**
410-379-3599

▶ **FAMILIES OF HOMICIDE AND DRUNK-DRIVING VICTIMS**
410-887-6650

▶ **GILCHRIST HOSPICE CARE**
443-849-8251
General adult support groups.

▶ **HEARTLAND HOSPICE**
410-719-8670

▶ **HOPEWELL CANCER SUPPORT**
410-832-2719
For adults/children.

▶ **MAPLES OF TOWSON, THE**
410-296-8900
www.themaples-towson.com
7925 York Road
Towson 21204
The Maples of Towson assisted living community. Respite stays available.

▶ **MEDSTAR FRANKLIN SQUARE MEDICAL CENTER**
443-777-7657
Widow/widowers.

▶ **PROFESSIONAL HEALTHCARE HOSPICE**
410-735-5569
Bereavement support for adults.

CANCER

▶ **AMERICAN CANCER SOCIETY**
410-931-6850

▶ **BALTIMORE CANCER SUPPORT GROUP AT ST. PETER'S LUTHERAN CHURCH**
410-668-1762
Patients, caregivers and bereavement.

▶ **CANCER INFORMATION SERVICE**
800-4-CANCER

▶ **GBMC ONCOLOGY SUPPORT PROGRAMS**
443-849-2961

▶ **HOPEWELL CANCER SUPPORT**
410-832-2719

▶ **SAINT AGNES HOSPITAL'S CANCER INSTITUTE**
410-368-2587

▶ **UNION MEMORIAL HOSPITAL ARM-IN-ARM BREAST CANCER SUPPORT GROUP**
410-554-6590

▶ **UNIVERSITY OF MARYLAND - ST. JOSEPH CANCER INSTITUTE SUPPORT SERVICES**
410-427-2011

CAREGIVERS

See also Caregivers / Grandparent support.

▶ **BALTIMORE CITY HEALTH DEPARTMENT OFFICE OF AGING FAMILY CAREGIVERS SUPPORT PROGRAM**
410-396-4932

▶ **NORTHWEST HOSPITAL CENTER, CAREGIVERS SUPPORT GROUP**
410-601-9355

► **SYMPHONY MANOR ASSISTED LIVING AND MEMORY CARE**

410-235-4301
www.symphony-manor.com
4301 Roland Avenue
Baltimore 21210
Premier assisted living and memory care in Roland Park.

► **UNIVERSITY OF MARYLAND REHABILITATION & ORTHOPAEDIC INSTITUTE, CAREGIVERS SUPPORT GROUP**

410-448-6311

► **UNIVERSITY OF MARYLAND - ST. JOSEPH MEDICAL CENTER, CAREGIVERS SUPPORT GROUP**

410-337-1109

DIABETES

► **AMERICAN DIABETES ASSOCIATION**

410-265-0075

► **UNIVERSITY OF MARYLAND - ST. JOSEPH MEDICAL CENTER**

410-337-1382

DIVORCE

► **CHANGING FOCUS**

410-721-0992

EATING DISORDERS

► **OVEREATERS**

ANONYMOUS
410-764-3136

EPILEPSY

► **ABILITIES NETWORK INC./EPILEPSY FOUNDATION OF THE CHESAPEAKE REGION**

410-828-7700, Ext. 1259

LOW VISION

► **BLIND INDUSTRIES AND SERVICES OF MARYLAND**

410-737-2600

MENTAL HEALTH

► **ISSUES IN AGING/LIVING GERIATRIC SERVICES GROUP**

Ateaze Senior Center

410-887-7233

Bykota Senior Center

410-887-3094

Catonsville Senior Center

410-887-0900

Essex Senior Center

410-887-0267

Liberty Senior Center

410-887-0780

Parkville Senior Center

410-887-5338

Pikesville Senior Center

410-887-1245

► **NAMI - METRO**

BALTIMORE
410-435-2600

MESOTHELIOMA

► **MESOTHELIOMA CENTER**

800-615-2270

MULTIPLE SCLEROSIS

► **NATIONAL MULTIPLE SCLEROSIS SOCIETY**

Maryland Chapter
443-641-1200

PARKINSON'S DISEASE

► **JOHNS HOPKINS PARKINSON'S DISEASE AND MOVEMENT DISORDER CENTER**

410-955-8795

► **PROGRESSIVE SUPRANUCLEAR PALSY, SOCIETY FOR**

800-457-4777

► **UNIVERSITY OF MARYLAND PARKINSON'S DISEASE AND MOVEMENT DISORDERS CENTER**

410-328-7809

SPINAL CORD INJURY

► **UNIVERSITY OF MARYLAND REHABILITATION & ORTHOPAEDIC INSTITUTE, SPINAL CORD INJURY SUPPORT GROUP FOR SURVIVORS/FAMILIES**

410-448-6307

STROKE/BRAIN INJURY

► **GOOD SAMARITAN HOSPITAL, STROKE CLUB**

443-444-5500

► **RETURN PROGRAM AT SINAI HOSPITAL**

410-601-6080

Any type of brain injury.

► **TOWSON UNIVERSITY, INSTITUTE FOR WELL-BEING STROKE SURVIOR GROUP**

410-704-3095

Monthly group meetings for survivors and family members.

► **UNIVERSITY OF MARYLAND REHABILITATION & ORTHOPAEDIC INSTITUTE, BRAIN INJURY SUPPORT GROUP FOR SURVIVORS/FAMILIES**

410-448-6303

► **UNIVERSITY OF MARYLAND REHABILITATION & ORTHOPAEDIC INSTITUTE STROKE SUPPORT GROUP FOR SURVIVORS AND FAMILY**

410-448-6320

SUICIDE, FAMILIES OF VICTIMS OF SUICIDE

► **SEASONS SUICIDE BEREAVEMENT, INC.**

410-683-0159



T

TAX INFORMATION AND ASSISTANCE - TRANSPORTATION SERVICES



TAX INFORMATION AND ASSISTANCE

For additional services/ information call Maryland Access Point of Baltimore County at 410-887-2594 or the Baltimore City Health Department Office of Aging and CARE Services at Maryland Access Point at 410-396-2273.

► **BALTIMORE COUNTY OFFICE OF BUDGET AND FINANCE, TAXPAYERS SERVICES**
410-887-2403
Information and assistance concerning property tax bills.

► **BALTIMORE CASH CAMPAIGN**
410-234-8008
Free tax preparation and other helpful financial services.

► **EARNED INCOME TAX CREDIT**
800-492-0618 (211 Helpline)
Tax credit for certain low to moderate wage earners.

► **FEDERAL TAX ASSISTANCE**
800-829-1040 (General Assistance)
800-829-3676 (Forms Distribution)

► **HOMEOWNER'S TAX CREDIT**
410-767-4433, Press 1
Property tax credit based on a person's gross income. Those age 70 and older may file for the past three years.

► **MARYLAND STATE TAX ASSISTANCE**
410-260-7951 (Forms)
410-260-7980 (General Assistance)

► **RENTER'S TAX CREDIT**
410-767-4433, Press 2
A tax credit for renters when rent exceeds a fixed percentage of their gross income.

► **STATE PROPERTY TAX DEDUCTION FOR LEGALLY BLIND IN BALTIMORE COUNTY**
410-512-4981

► **TAX COUNSELING FOR OLDER ADULTS**
410-887-2594
Partnership of AARP and IRS. Free tax assistance to older adults at local senior centers during tax season.

► **TAXPAYER ADVOCATE SERVICE**
410-962-2082
An IRS office which offers free assistance to help resolve tax problems.

► **TAXPAYER ASSISTANCE OFFICE**
410-321-2306
Comptroller of Maryland answers Maryland tax questions.

THERAPY: OCCUPATIONAL, PHYSICAL AND SPEECH

► **CHARLOTTE HALL VETERANS HOME**
301-884-8171
www.charhall.org
29449 Charlotte Hall Road
Charlotte Hall 20622
Income based assisted living, LTC nursing, rehabilitation and memory care.

► **FOUNDATIONS**
410-789-7772
410-269-3250
www-foundationsgroup.net
1025 W. Nursery Road,
Suite 112
Linthicum 21090
Medical day care/psychiatric rehabilitation services for over ten years.

► **HOLLY HILL NURSING & REHABILITATION**
410-823-5310
410-979-4822
www.hollyhillnursing.com
531 Stevenson Lane
Towson 21286
Specializing in short term rehab.

► **MAPLES OF TOWSON, THE**
410-296-8900
www.themaples-towson.com
7925 York Road
Towson 21204
The Maples of Towson assisted living community. Respite stays available.

► **PROFESSIONAL HEALTHCARE RESOURCES**
866-243-1234
www.phri.com
1501 S. Edgewood Street,
Suite A
Baltimore 21227
We provide high quality home health care and hospice services.

► **STELLA MARIS HOME CARE**
410-252-4500, Ext. 7546
www.stellamarisinc.com
2300 Dulaney Valley Road
Timonium 21093
Long-term, hospice, home care, housing, respite, rehab services available.

► **SYMPHONY MANOR ASSISTED LIVING AND MEMORY CARE**
410-235-4301
www.symphony-manor.com
4301 Roland Avenue
Baltimore 21210
Premier assisted living and memory care in Roland Park.

► **TOWSON UNIVERSITY, INSTITUTE FOR WELL-BEING SPEECH, LANGUAGE AND OCCUPATIONAL THERAPY CENTER**
410-704-3095
www.towsoniwb.com
1 Olympic Place
Towson 21204
Offering speech-language and occupational therapy services.

TRANSPORTATION SERVICES

PUBLIC AND NON-PROFIT

► **BALTIMORE CITY HEALTH DEPARTMENT, MEDICAL ASSISTANCE TRANSPORTATION**
410-396-6422

► **BALTIMORE CITY OFFICE OF AGING AND CARE SERVICES TAXI - CARD PROGRAM**
410-664-1123
www.caretaxicard.com

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TRANSPORTATION SERVICES

► **BALTIMORE COUNTY HEALTH DEPARTMENT, MEDICAL ASSISTANCE WHEELCHAIR AND STRETCHER TRANSPORTATION**
410-887-2828
Transportation for Medical Assistance recipients to and from their place of medical care.

► **CHAI'S NORTHWEST SENIOR SHUTTLE**
410-889-1148
Free shuttle services for residents of Weinberg Senior Living and members of Northwest Neighbors Connecting. Operated by Action in Maturity.

► **COUNTYRIDE**
410-887-2080
www.baltimorecountymd.gov
Provides transportation to adults age 60+, adults with disabilities and rural residents of Baltimore County. Fee of \$3.00 each way (\$2.50 discounted tickets purchased in advance from CountyRide Office or Senior Centers). Registration required prior to scheduling first trip. Office hours are 8:00 a.m. to 4:00 p.m. Monday through Friday. Call for information and to make a reservation. Interactive voice and web response and request systems are available 24/7.

► **MARYLAND MOTOR VEHICLE ADMINISTRATION**
Automated Information
410-768-7000
Customer Service
800-950-1682
Handicapped License Plates/
Mirror Tags
410-787-2958
Handicapped Signs For Residential Parking Permit
410-768-7646
410-887-3554

► **MARYLAND TRANSIT ADMINISTRATION INFORMATION CENTER (MTA)**
410-539-5000
410-539-3497 (TDD)
For buses, the Metro and Light Rail (all buses have wheelchair lifts).

► **MTA CALL-A-RIDE**
410-664-2030
www.mtacallaride.org

► **MTA MOBILITY/ PARATRANSIT SERVICE**
410-764-8181
Curb-to-curb service, 24 hours a day inside the Baltimore Beltway. Also serves within ¾ of a mile along fixed MTA routes outside the Baltimore Beltway. Client must be disabled and complete certification eligibility. Exact change required. Cost-\$1.85 each way. "Taxi Access" program available for individuals registered with MTA Mobility.

► **MTA REDUCED FARES FOR SENIORS AND PERSONS WITH DISABILITIES**
410-767-3441
410-333-2051 (TTY)
6 St. Paul Street
Baltimore 21202
People 65 and older (with a state issued ID), and those with disabilities (with application and a state issued ID) may ride for \$.55 per ride, \$1.20 for a daily pass, or \$16.50 for a monthly pass on the bus, light rail/Metro, and one-half the regular fare on MARC trains.

PRIVATE WHEELCHAIR ACCESSIBLE

Ambulance, van and school bus companies that provide wheelchair accessible vehicles for a fee. For additional referrals/services/information call Maryland Access Point of Baltimore County at 410-887-2594 or the Baltimore City Health Department Office of Aging and CARE Services at Maryland Access Point at 410-396-2273.

► **LION AND LAMB TRANSPORTATION & CARE INC.**
410-692-7587
www.lionandlambtrans.net
Provides safe and reliable transportation. Accepting all major credit cards.

NON WHEELCHAIR ACCESSIBLE

► **JIMMY'S CAB**
410-296-7200
Visa, Mastercard, American Express, Taxi Access, Taxi Limited, 24/7, folding wheelchairs.

► **LION AND LAMB TRANSPORTATION & CARE INC.**
410-692-7587
www.lionandlambtrans.net
Provides safe and reliable transportation. Accepting all major credit cards.

TRANSPORTATION /HOME CARE SERVICES

See also Home Health Services and Home Care (Non-Medical). Please check with agency to learn their requirements for this service.

► **ACCESS NURSING SERVICES**
410-321-5560
www.accessnursing.com
JCAHO accredited Baltimore family providing quality care for 25 years.

► **COMFORCARE HOME CARE SERVICES**
410-922-6262
410-922-6221
<http://nwbaltimore.comforcare.com>
ComForcare provides care to help persons thrive in their home.

► **COMFORT KEEPERS**
410-795-7495
855-809-6512 (Toll Free)
www.comfortkeepers.com/office-667
Providing exceptional in-home care and safety technology to preserve independence.

► **ELIZABETH COONEY CARE NETWORK**
410-323-1700 (24 Hr. Service)
www.elizabethcooneyagency.com
Celebrating 57 years - caring professional PT's, RN's, LPN's, CNA's, companions.

► **HOMEWATCH CAREGIVERS OF MARYLAND**
410-821-1944 (24-hour)
877-357-0795 (Toll Free)
www.homewatchcaregivers.com/baltimore
Thirty-two plus years of quality care for your loved ones.

► **SENIOR HELPERS, LLC**
410-453-6172
www.seniorhelpers.com/baltimore
Care and comfort at a moments notice.



TRAVEL

► **BALTIMORE COUNTY SENIOR CENTER TRAVEL**
See "Senior Centers, Baltimore County" for contact information.

► **NATIONAL PASSPORT INFORMATION**
877-487-2778
www.travel.state.gov/passport
Print online application to submit at post office for a US passport.

► **SENIOR BOX OFFICE**
410-887-5399
www.seniorboxoffice.org
Volunteer program that distributes discounted tickets to members for cultural/other events. Diverse travel opportunities available without membership.

GOLDEN AGE AND SENIOR PASSES

► **FEDERAL RECREATION SENIOR PASS**
410-962-4290
Lifetime permit to Federal parks, monuments and recreation areas for permanent U.S. residents age 62 and older. Cost \$10.00. Must apply in person. Closest location: Ft. McHenry.

► **STATE GOLDEN AGE PASS**
410-260-8186
www.dnr.maryland.gov
Free day use entry to all Maryland State Parks; half price camping Sun.-Thurs.; age 62 and older.



VETERANS RESOURCES

► **AID AND ATTENDANCE PROGRAM, THE**
800-827-1000
Benefits for veterans. Financial eligibility required.

► **BALTIMORE VA MEDICAL CENTER**
410-605-7000
877-222-8387 (Eligibility/Enrollment)
Acute medical/surgical care facility offering inpatient, outpatient, primary care services and rehabilitation.

► **BALTIMORE VA REHAB AND EXTENDED CARE CENTER**
410-605-7000, Press 5
Rehab and post acute care for veterans.

► **CHARLOTTE HALL VETERANS HOME**
301-884-8171
www.charhall.org
29449 Charlotte Hall Road
Charlotte Hall 20622
Income based assisted living, LTC nursing, rehabilitation and memory care.

► **FORT HOWARD VA OUTPATIENT CLINIC**
410-477-1800
Outpatient care for veterans.

► **HOMEFRONT: OUR TURN TO SERVE**
www.bcpl.info/community/veterans-services
Website for veterans maintained by Baltimore County Public Library.



► **LOCH RAVEN VA OUTPATIENT CLINIC**
410-605-7651
Outpatient care for veterans.

► **MARYLAND DEPARTMENT OF VETERANS AFFAIRS**
800-446-4926, Ext. 6450
www.mdva.state.md.us
Assists Maryland veterans and families to obtain benefits including Maryland Veterans Cemetery Program.

► **PERRY POINT VA MEDICAL CENTER**
410-642-2411
Services for Maryland veterans includes mental health, inpatient medical, long term care, rehabilitation, geriatric evaluation/management, respite, chronic ventilator and hospice care.

► **TRICARE FOR LIFE**
877-874-2273
Health insurance for active duty military, families and retirees.

► **U. S. DEPT. OF VETERANS AFFAIRS TELEPHONE ASSISTANCE**
410-230-4500 (Baltimore Region)
800-827-1000 (National Helpline)
Benefits for eligible veterans and their families.

► **VA MARYLAND HEALTH CARE SYSTEM, ELIGIBILITY & ENROLLMENT CENTER**
800-463-6295, Ext. 7324
To receive VA health care, veterans must first be enrolled with the VA health care system.

VISION RESOURCES

See also Assistive Technology, Disabilities Assistance, Physicians and Physicians Who Make House Calls.

► **BLIND INDUSTRIES AND SERVICES OF MARYLAND**
410-737-2600
Vocational training, information and referral. Sells low-vision aids and appliances at cost.

► **FOUNDATION FIGHTING BLINDNESS, INC., THE**
410-423-0600
800-683-5555
Funds research and provides information.

► **GBMC OPHTHALMOLOGY CLINIC**
443-849-2106
www.gbmc.org/ophthalmology
Physicians Pavilion West
6569 N. Charles Street, Suite 505
Baltimore 21204
Services ranging from eye exams, diagnostic procedures and surgical procedures.

► **HEALTH CARE FOR THE HOMELESS**
410-837-5533
Health Care for the homeless/Maryland Society for Sight offers free vision care and eyeglasses to the uninsured homeless.

► **IMAGE CENTER**
410-982-6311
Rehabilitation and training for persons who are blind or visually impaired.

► **JOHNS HOPKINS HOSPITAL, WILMER EYE INSTITUTE**
410-955-3429
Offers free diabetic retinopathy screening for persons who are taking diabetic medication, and are uninsured or underinsured.



VISION RESOURCES - VOLUNTEER OPPORTUNITIES

► **JOHNS HOPKINS HOSPITAL, WILMER EYE INSTITUTE, LIONS LOW VISION CENTER**
410-955-0580
Rehabilitation and training for individuals with low vision.

► **MARYLAND SOCIETY FOR SIGHT**
410-243-2020
Information and referral regarding eye health and safety; visual acuity and glaucoma screenings.

► **MARYLAND STATE LIBRARY FOR THE BLIND AND PHYSICALLY HANDICAPPED**
410-230-2424
Free library services for individuals with visual or physical disabilities.

► **NATIONAL FEDERATION OF THE BLIND**
410-659-9314
Information regarding services and aids available to the blind and visually impaired.

► **NEW EYES FOR THE NEEDY**
973-376-4903
Income eligible persons may purchase new prescription eyeglasses from local vendors with vouchers.

► **NEWSLINE FOR THE BLIND**
410-659-9314, Press 3
A free audio newspaper service for the blind and visually impaired.

► **OFFICE FOR BLINDNESS AND VISION SERVICES, DIVISION OF REHABILITATION SERVICES**
410-554-9277
Persons who are blind or visually impaired may be eligible for case management and teaching services.

► **RADIO READING NETWORK OF MARYLAND, INC.**
410-779-4969
A radio broadcast of the daily news from newspapers for the visually impaired. Special radio receiver required.

► **STATE PROPERTY TAX DEDUCTION FOR LEGALLY BLIND IN BALTIMORE COUNTY**
410-512-4981

► **VISION USA**
800-766-4466
Provides free eye exams and free or reduced cost eye glasses to income eligible persons.

VITAL RECORDS

► **DIVISION OF VITAL RECORDS**
410-764-3038
Certified copies of birth, death and marriage certificates.

► **NATIONAL PASSPORT INFORMATION CENTER**
877-487-2778
www.travel.state.gov/passport
Online application to present at post office for a US passport.

► **REGISTER OF WILLS**
410-887-6680 (County)
410-752-5131 (City)
Probate and filing of wills for safekeeping.

VOLUNTEER OPPORTUNITIES

Without volunteers, many of the programs and services listed in this directory would not exist. Your skills and expertise are diverse and so are your volunteer choices. Now is your chance to learn new skills, meet new people and share your knowledge with others.

► **AARP CREATE THE GOOD**
888-OUR-AARP
888-687-2277
www.createthegood.org
Create the Good is about helping others whether you have five minutes or five hours.

► **AARP MARYLAND STATE OFFICE VOLUNTEERS**
410-895-7614
www.aarp.org
Make a difference in the state of Maryland through a variety of volunteer opportunities.

► **BALTIMORE CITY HEALTH DEPARTMENT'S OFFICE OF AGING AND CARE SERVICES, MARYLAND ACCESS POINT**
410-396-4932
410-396-2273

► **BALTIMORE COUNTY HOME TEAM**
410-887-4141
The Home Team is a community based volunteer program serving homebound Baltimore County residents 60 years of age or older who lack social supports and are at risk of social isolation. Eligible clients are matched with a volunteer who provides friendly in-home and telephone visits.

► **BALTIMORE COUNTY DEPARTMENT OF AGING, LONG-TERM CARE OMBUDSMAN PROGRAM**
410-887-4200
Ombudsman volunteers visit nursing homes and assisted living facilities to advocate for the needs of residents and to promote their rights and quality of life.

► **RETIRED AND SENIOR VOLUNTEER PROGRAM (RSVP)**
410-887-3101 (County)
410-361-9400 (City)
RSVP invites individuals 55 and older to answer volunteer needs in their community. Skills and talents gained by individuals over a lifetime of experience are put to good use in nonprofit organizations, government agencies, schools and communities. There is a wide range of volunteer opportunities available.

► **PAREXEL CLINICAL RESEARCH**
877-617-8839
www.baltimoretrials.com
Harbor Hospital
3001 South Hanover Street
Baltimore 21225
Clinical trials for healthy seniors - diabetes, psoriasis and Alzheimer's, Parkinson's and multiple sclerosis.



HOTLINES AND WEBSITES

ADVOCACY GROUPS AND ORGANIZATIONS

▶ **AARP**

888-687-2277
www.aarp.org

▶ **AMERICAN SOCIETY ON AGING**

800-537-9728
www.asaging.org

▶ **ANNENBERG PUBLIC POLICY CENTER**

215-898-9400
www.factcheck.org

▶ **BALTIMORE COUNTY ASSOCIATION OF SENIOR CITIZENS ORGANIZATIONS**

410-484-6866
www.spenceweb.org
bcasco/bc-index.htm

▶ **BALTIMORE COUNTY COMMISSION ON DISABILITIES**

410-887-3580
www.baltimorecountymd.gov/agencies/neighborhood_improvement/disabilities

▶ **BALTIMORE COUNTY RESTORING ELDER SAFETY TODAY (BC REST)**

www.bcpl.info/stopelder_abuse

▶ **CENTER FOR MEDICARE ADVOCACY, INC.**

860-456-7790
202-293-5760
www.medicareadvocacy.org

▶ **LEADERSHIP COUNCIL OF AGING ORGANIZATIONS**

www.lcao.org

▶ **MARYLAND DEPARTMENT OF DISABILITIES**

410-767-3660
800-637-4113 (TTY/Voice)
www.mdod.maryland.gov

▶ **MEDICARE INTERACTIVE**

www.medicareinteractive.org

▶ **MEDICARE RIGHTS CENTER**

800-333-4114
www.medicarerights.org

▶ **NATIONAL ASSOCIATION OF AREA AGENCIES ON AGING**

202-872-0888
www.n4a.org

▶ **NATIONAL ASSOCIATION OF INSURANCE COMMISSIONERS (NAIC)**

202-471-3990
www.naic.org

▶ **NATIONAL COMMITTEE TO PRESERVE SOCIAL SECURITY AND MEDICARE**

800-998-0180
www.ncpssm.org

▶ **OLDER WOMEN'S LEAGUE (OWL)**

202-567-2606
www.owl-national.org

▶ **SENIOR SERVICE AMERICA**

301-578-8900
www.seniorserviceamerica.org

Eating Together Program in Baltimore County and Baltimore City



ELIGIBILITY:

- Sixty years of age and older; spouses any age
- A voluntary contribution is requested; reservations required



- Socialize With Friends
- Receive 1/3 Of Your Daily Nutritional Needs
- Save Shopping Time; Stretch Your Food Budget



Learn more about

The Eating Together Program
410-887-2594 (Baltimore County)
443-573-0161 (Baltimore City)



HOTLINES AND WEBSITES

▶ **SNAPFORSENIORS™**
206-575-0728
www.providers.snapforseiors.com

▶ **SPRY FOUNDATION**
(SETTING PRIORITIES FOR RETIREMENT YEARS)
www.spry.org

▶ **UNITED SENIORS OF MARYLAND**
www.unitedseniors.net

▶ **VETERANS SERVICES HOMEFRONT: OUR TURN TO SERVE**
www.bcpl.info/community/veterans-services

CAREGIVING

▶ **AGING WITH DIGNITY/ FIVE WISHES (Advance Planning Documents)**
888-594-7437
www.agingwithdignity.org/five-wishes.php

▶ **AMERICAN ACADEMY OF HOME CARE PHYSICIANS**
410-676-7966
www.aahcp.org

▶ **BENEFITSCHECK UP**
www.benefitscheckup.org

▶ **CAREGIVER ACTION NETWORK**
202-772-5050
www.caregiveraction.org

▶ **CARING CONNECTIONS**
800-658-8898
www.caringinfo.org

▶ **ELDERCARE LOCATOR**
800-677-1116
www.eldercare.gov

▶ **FAMILY CAREGIVER ALLIANCE (FCA)**
800-445-8106
www.caregiver.org

▶ **MARYLAND GUIDE TO ASSISTED LIVING FACILITIES AND NURSING HOMES**
877-245-1762
<http://mhcc.maryland.gov/consumerinfo/longtermcare/assistedliving.aspx>

▶ **MARYLAND TECHNOLOGY ASSISTANCE PROGRAM, EQUIPMENT LINK**
800-832-4827
www.equipmentlink.org

▶ **NATIONAL ALLIANCE FOR CAREGIVING**
www.caregiving.org

▶ **NATIONAL CAREGIVING FOUNDATION**
800-930-1357
www.caregivingfoundation.org

▶ **NATIONAL RESPITE NETWORK AND RESOURCE CENTER**
703-256-2084
www.archrespice.org

▶ **NEW YORK TIMES CAREGIVING/HEALTH ARTICLES**
<http://newoldage.blogs.nytimes.com>

▶ **NURSING HOME COMPARE**
www.medicare.gov/nursinghomecompare

▶ **STRENGTH FOR CARING**
www.strengthforcaring.com

▶ **TODAY'S CAREGIVER MAGAZINE**
800-829-2734
www.caregiver.com

▶ **WELL SPOUSE ASSOCIATION**
800-838-0879
www.wellspouse.org

CONSUMER INFORMATION AND RESOURCES

▶ **FEDERAL TRADE COMMISSION**
877-382-4357
www.ftc.gov

60 ANNIVERSARY 30

Stella Maris

**60 YEARS OF CARE
30 YEARS OF HOSPICE**

CELEBRATING 60 YEARS of excellence caring for Greater Baltimore area seniors.

Stella Maris is pioneering new and innovative health care solutions with expansive services of care.

- Senior Living
- Long Term Care
- Senior Day Center
- Skilled Home Care
- Short Term Respite
- Rehabilitation Services
- Private Companion Services
- On-site and In-home Hospice
- Family and Group Counseling
- Primary Care Medical Services

Thank you, Stella Maris for 60 years of compassionate care.

A Tradition of Mercy. A Heart of Caring.

stellamarisinc.com

An affiliate of Mercy Health Services.

f Like us on Facebook

HOTLINES AND WEBSITES

► FINANCIAL FRAUD ENFORCEMENT TASK FORCE

www.stopfraud.gov

► IDENTITY THEFT HELPLINE (FTC)

877-438-4338
www.ftc.gov/idtheft

► MARYLAND PEOPLE'S LAW LIBRARY

www.peoples-law.org

► MARYLAND SAIL (ONLINE BENEFITS APPLICATIONS)

800-332-6347
www.marylandsail.org

► MARYLAND STATE LIBRARY FOR THE BLIND AND PHYSICALLY HANDICAPPED

800-964-9209
www.lbph.lib.md.us

► NATIONAL MENTAL HEALTH CONSUMERS' SELF-HELP

CLEARINGHOUSE
800-553-4539
www.mhselfhelp.org

FEDERAL, STATE AND LOCAL GOVERNMENT AGENCIES

► BALTIMORE CITY AGENCIES

www.baltimorecity.gov

► BALTIMORE COUNTY AGENCIES

www.baltimorecountymd.gov

► BALTIMORE COUNTY DEPARTMENT OF AGING

410-887-2594
www.baltimorecountymd.gov/agencies/aging

► CENTERS FOR MEDICARE AND MEDICAID SERVICES

800-633-4227
www.cms.gov

► COMAR (CODE OF MARYLAND REGULATIONS ONLINE)

800-633-9657
www.dsd.state.md.us

► DEPARTMENT OF LABOR'S EMPLOYEE BENEFITS SECURITY ADMINISTRATION (EBSA)

866-487-2365
www.dol.gov/ebsa

► DISABILITY.GOV

www.disability.gov

► EMPLOYEE BENEFIT RESEARCH INSTITUTE

202-659-0670
www.ebri.org

► MARYLAND DEPARTMENT OF AGING

410-767-1100
www.aging.maryland.gov

► MARYLAND DEPARTMENT OF DISABILITIES

410-767-3660
800-637-4113 (Voice/TTY)
www.mdod.maryland.gov

► MARYLAND DEPARTMENT OF HEALTH AND MENTAL HYGIENE (DHMH)

877-463-3464
www.dhmh.maryland.gov

► MARYLAND DEPARTMENT OF HUMAN RESOURCES (DHR)

800-332-6347
www.dhr.state.md.us

► MARYLAND DEVELOPMENTAL DISABILITIES COUNCIL

800-305-6441
www.md-council.org

► MARYLAND HEALTH INSURANCE MARKETPLACE

855-642-8572
855-642-8573 (TTY)
www.marylandhealthconnection.gov

► MARYLAND INFECTIOUS DISEASE AND ENVIRONMENTAL HEALTH ADMINISTRATION

877-463-3464
<http://ideha.dhmh.maryland.gov>

► MARYLAND OFFICE OF THE ATTORNEY GENERAL

888-743-0023
410-576-6372 (TTD)
www.oag.state.md.us

► MEDICARE HELPLINE/ MY MEDICARE

800-633-4227
www.medicare.gov
www.mymedicare.gov

► OFFICE OF HEALTH CARE QUALITY (DHMH)

877-463-3464
<http://dhmh.maryland.gov/ohcq>

► SOCIAL SECURITY ADMINISTRATION/ ONLINE

800-772-1213
800-325-0778 (TTY)
www.ssa.gov

► U. S. DEPARTMENT OF VETERANS AFFAIRS

800-827-1000
www.va.gov

► U.S. HEALTH INSURANCE MARKETPLACE

www.healthcare.gov

► U.S. HOUSE OF REPRESENTATIVES

202-224-3121
202-225-1904 (TTY)
www.house.gov

► U.S. COMMITTEE FOR REFUGEES & IMMIGRANTS

703-310-1130
www.refugees.org

► U.S. SENATE

202-224-3121
www.senate.gov

► WHITE HOUSE, THE
202-456-1414(Switchboard)
202-456-1111(Comments)
202-456-6213 (TTY/TDD)
www.whitehouse.gov

NATIONAL HEALTH RELATED ORGANIZATIONS

► AL-ANON FAMILY GROUPS

575-563-1600
www.al-anon.alateen.org

► ALZHEIMER'S ASSOCIATION

800-272-3900
www.alz.org

► ALZHEIMER'S DISEASE EDUCATION AND REFERRAL CENTER

800-438-4380
www.nia.nih.gov/alzheimers

► AMERICAN ASSOCIATION OF KIDNEY PATIENTS

800-749-2257
www.aakp.org

► AMERICAN CANCER SOCIETY

800-227-2345
www.cancer.org

► AMERICAN COUNCIL OF THE BLIND

800-424-8666
www.acb.org

► AMERICAN DIABETES ASSOCIATION

800-342-2383
www.diabetes.org

► AMERICAN DIETETIC ASSOCIATION

800-877-0877
www.eatright.org

► AMERICAN HEART ASSOCIATION

800-242-8721
www.heart.org

HOTLINES AND WEBSITES

▶ **AMERICAN INSTITUTE FOR CANCER RESEARCH**
800-843-8114
www.aicr.org

▶ **AMERICAN KIDNEY FUND**
866-300-2900
www.kidneyfund.org

▶ **AMERICAN LIVER FOUNDATION**
800-465-4837
www.liverfoundation.org

▶ **AMERICAN LUNG ASSOCIATION**
800-586-4872
www.lungusa.org
www.lung.org

▶ **AMERICAN PARKINSON'S DISEASE ASSOCIATION, INC.**
800-223-2732
www.apdaparkinson.org

▶ **AMERICAN UROLOGICAL ASSOCIATION FOUNDATION**
800-828-7866
www.urologyhealth.org

▶ **AMYOTROPHIC LATERAL SCLEROSIS ASSOCIATION**
800-782-4747
www.alsa.org

▶ **ARTHRITIS FOUNDATION**
800-283-7800
www.arthritis.org

▶ **BRAIN INJURY ASSOCIATION OF AMERICA**
800-444-6443
www.biausa.org

▶ **CENTERS FOR DISEASE CONTROL AND PREVENTION**
800-232-4636
www.cdc.gov

▶ **CROHN'S AND COLITIS FOUNDATION OF AMERICA**
800-932-2423
www.ccfca.org

▶ **DEPRESSION AND BIPOLAR SUPPORT ALLIANCE**
800-826-3632
www.dbsalliance.org

▶ **EASTER SEALS DISABILITY SERVICES**
800-221-6827
www.easterseals.com

▶ **EPILEPSY FOUNDATION**
800-332-1000
www.epilepsyfoundation.org

▶ **FOOD AND NUTRITION INFORMATION CENTER**
301-504-5414
www.fnic.nal.usda.gov

▶ **GENETIC ALLIANCE**
202-966-5557
www.geneticalliance.org

▶ **HOSPICE AND PALLIATIVE CARE NETWORK OF MARYLAND**
410-421-5024
www.hnmd.org

▶ **HUNTINGTON'S DISEASE SOCIETY OF AMERICA**
800-345-4372
www.hdsa.org

▶ **LEUKEMIA AND LYMPHOMA SOCIETY**
800-955-4572
www.lls.org

▶ **LIGHTHOUSE INTERNATIONAL**
800-829-0500
www.lighthouse.org

▶ **LIVING BANK, THE**
800-528-2971
www.livingbank.org

▶ **LUPUS FOUNDATION OF AMERICA, INC.**
800-558-0121
www.lupus.org

▶ **MARYLAND STATE MEDICAL SOCIETY (MEDCHI)**
800-492-1056
www.medchi.org

▶ **MEDLINE PLUS**
www.medlineplus.gov

▶ **MENTAL HEALTH AMERICA**
800-969-6642
www.nmha.org

▶ **MESOLINK.ORG**
800-354-8495
www.mesolink.org

▶ **MUSCULAR DYSTROPHY ASSOCIATION**
800-572-1717
www.mda.org

▶ **NATIONAL ALLIANCE ON MENTAL ILLNESS**
800-950-6264
www.nami.org

▶ **NATIONAL ASSOCIATION FOR CONTINENCE**
800-252-3337
www.nafc.org

▶ **NATIONAL BREAST CANCER FOUNDATION, INC.**
800-221-2141
www.nationalbreastcancer.org

▶ **NATIONAL CANCER INSTITUTE**
800-422-6237
www.cancer.gov

▶ **NATIONAL FEDERATION OF THE BLIND**
410-659-9314
www.nfb.org

▶ **NATIONAL HEALTH INFORMATION CENTER**
www.health.gov/nhic

▶ **NATIONAL HOSPICE AND PALLIATIVE CARE ORGANIZATION**
800-658-8898
www.nhpco.org

▶ **NATIONAL INSTITUTE ON AGING**
800-222-2225
www.nia.nih.gov

▶ **NATIONAL INSTITUTE ON DEAFNESS AND OTHER COMMUNICATION DISORDERS**
800-241-1044
www.nidcd.nih.gov

▶ **NATIONAL INSTITUTES OF HEALTH**
301-496-4000
www.nih.gov

▶ **NATIONAL INSTITUTE OF MENTAL HEALTH**
866-615-6464
www.nimh.nih.gov

▶ **NATIONAL INSTITUTE OF NEUROLOGICAL DISORDERS AND STROKE**
800-352-9424
www.ninds.nih.gov

▶ **NATIONAL KIDNEY FOUNDATION**
800-622-9010
www.kidney.org

▶ **NATIONAL MULTIPLE SCLEROSIS SOCIETY**
800-344-4867
www.nationalmssociety.org

▶ **NATIONAL PSORIASIS FOUNDATION**
800-723-9166
www.psoriasis.org

▶ **NATIONAL REHABILITATION INFORMATION CENTER**
800-346-2742
www.naric.com

HOTLINES AND WEBSITES

▶ **NATIONAL STROKE ASSOCIATION**
800-787-6537
www.stroke.org

▶ **OPTIMIZING HEALTH AND WELL-BEING**
www.myoptumhealth.com

▶ **PARKINSON'S DISEASE FOUNDATION**
800-457-6676
www.pdf.org

▶ **PREVENT BLINDNESS AMERICA**
800-331-2020
www.preventblindness.org

▶ **SICKLE CELL DISEASE ASSOCIATION OF AMERICA, INC.**
800-421-8453
www.sicklecelldisease.org

▶ **SIMON FOUNDATION FOR CONTINENCE**
800-237-4666
www.simonfoundation.org

▶ **SUBSTANCE ABUSE & MENTAL HEALTH SERVICES ADMINISTRATION**
800-662-4357
www.samhsa.gov

▶ **U. S. DEPT. OF HEALTH AND HUMAN SERVICES (FLU INFORMATION)**
800-232-4636
www.flu.gov

▶ **UNITED CEREBRAL PALSY**
800-872-5827
www.ucp.org

PHYSICIANS AND PRESCRIPTIONS

▶ **AMERICAN ACADEMY OF HOME CARE PHYSICIANS**
410-676-7966
www.aahcp.org

▶ **CHRONIC DISEASE FUND**
877-968-7233
www.cdfund.org

▶ **CLINICAL TRIALS.GOV**
www.clinicaltrials.gov

▶ **HEALTHWELL FOUNDATION**
800-675-8416
www.healthwellfoundation.org

▶ **MARYLAND RX CARD**
www.marylandrxcard.com

▶ **NEEDYMEDS**
www.needymeds.org

▶ **PARTNERSHIP FOR PRESCRIPTION ASSISTANCE**
888-477-2669
www.pparx.org

▶ **RATEMDS.COM**
www.ratemds.com

▶ **RXLIST - THE INTERNET DRUG INDEX**
www.rxlist.com

▶ **SENIOR CARE PHARMACIST**
800-355-2727
www.seniorcarepharmacist.com

▶ **VITALS**
www.vitals.com/doctor/checkup

▶ **WEBMD, BETTER INFORMATION, BETTER HEALTH**
www.webmd.com

PROFESSIONAL WEBSITES

▶ **ADMINISTRATION ON AGING**
202-619-0724
www.aoa.gov

▶ **AGING STATS**
www.agingstats.gov

▶ **AMERICAN GERIATRICS SOCIETY**
212-308-1414
www.americangeriatrics.org

▶ **CENTER FOR RETIREMENT RESEARCH AT BOSTON COLLEGE**
617-552-1762
<http://crr.bc.edu>

▶ **GERONTOLOGICAL SOCIETY OF AMERICA, THE**
202-842-1275
www.geron.org

▶ **LONG-TERM CARE FACTS**
www.ltcfocus.org

▶ **MARYLAND ASSOCIATION OF SENIOR CENTERS (MASC)**
www.marylandseniorcenters.com

▶ **MARYLAND STATE LIBRARY FOR THE BLIND AND PHYSICALLY HANDICAPPED**
800-964-9209
www.lbph.lib.md.us

▶ **MERCK, BE WELL**
800-444-2080
www.merck.com

▶ **METLIFE MATURE MARKET INSTITUTE**
www.metlife.com/mmi

▶ **NATIONAL COUNCIL ON AGING (NATIONAL INSTITUTE OF SENIOR CENTERS - NISC)**
202-479-1200
www.ncoa.org

▶ **NATIONAL LONG TERM CARE OMBUDSMAN RESOURCE CENTER**
202-332-2275
www.ltcombudsman.org

▶ **TOWSON UNIVERSITY-GERONTOLOGY PROGRAM**
410-704-4049
www.towson.edu/healthscience/gerontology

▶ **WOMEN'S INSTITUTE FOR A SECURE RETIREMENT**
202-393-5452
www.wiserwomen.org

TECHNOLOGY

▶ **ALZHEIMER'S ASSOCIATION COMFORT ZONE**
877-259-4850
www.alz.org/comfortzone



FINANCIAL ELIGIBILITY GUIDELINES

The income figures in the chart below are monthly calculations.

* (Apply \$20/mth income disregard): \$20 may be subtracted from the individual's or couple's gross income; if the \$20 subtraction reduces the income to the amount listed on the chart, the individual or couple probably qualifies for the benefit.

BENEFIT		ONE PERSON	TWO PEOPLE	ADDITIONAL GUIDELINE
SNAP (formerly Food Stamp Program)	Income Assets	See <i>Additional Guidelines</i>	See <i>Additional Guidelines</i>	The Food Supplement Program's gross income limit is 130% of FPL. However, there are several exceptions to this income limit. State residents are encouraged to apply for the program if they need help with buying food. The income limit is waived for certain groups and there is also a waiver that allows the State to set the limit at 200% of FPL for needy families.
QMB (Changes in March)	Income Assets	\$978 \$8,660	\$1,313 \$13,750	Pays Medicare Part A&B premiums, co-payments and deductibles. Asset amounts include \$1,500 burial allowance for a single person, \$3,000 burial allowance for a couple. Eligibility figures include \$20 disregard.
SLMB (Changes in March)	Income Assets	I. \$979-1,169 II. \$1,170 – 1,313 \$8,660	I. \$1,314-1,571 II. \$1,571-1,765 \$13,750	Similar to QMB but pays only Part B premium. Available to all qualified persons in Group I. First-come/first-served basis to persons in Group II. See asset note for QMB above.
PAC (MARYLAND PRIMARY ADULT CARE PROGRAM)	Income Assets	\$1,053 No asset test	\$1,422 No asset test	For Marylanders ages 19-64, who do not qualify for Medicare. Provides free primary care doctor visits, free mental health visits, and low-cost or free prescription drugs. Note: PAC will stop operating on January 1, 2014. PAC members will receive Community Medical Assistance.
MEAP (Maryland Energy Assistance Program) (Changes July 1)	Income Assets	\$1,675.62 No asset test	\$2261.87/month No asset test	Provides eligible low-income Marylanders assistance with home heating bills.
EUSP (Electric Universal Service Program) (Changes July 1)	Income Assets	\$1,675.62 No asset test	\$2261.87/month No asset test	Provides eligible low-income Marylanders assistance with electric bills. Only one application is required for both MEAP and EUSP.

FINANCIAL ELIGIBILITY GUIDELINES

The income figures in the chart below are monthly calculations.

* (Apply \$20/mth income disregard): \$20 may be subtracted from the individual's or couple's gross income; if the \$20 subtraction reduces the income to the amount listed on the chart, the individual or couple probably qualifies for the benefit.

BENEFIT		ONE PERSON	TWO PEOPLE	ADDITIONAL GUIDELINES
MEDICAL ASSISTANCE	Income	\$350	\$392	Requires documentation of disability; individuals can "spend down" to this income level to be eligible. Excludable assets include house, car & burial plan. Note: For people who are under 65 and do not have Medicare, the eligibility criteria for Medical Assistance will change January 1, 2014.
	Assets	\$2,500	\$3,000	
SSI (SUPPLEMENTAL SECURITY INCOME)	Income	\$721	\$1,082	M.A. eligibility automatic.
	Assets	\$2,000	\$3,000	
MEDICAID WAIVER FOR OLDER ADULTS *As of January 1, 2014, this program is now called Home and Community Base Option Waiver Program. Please refer to page 38.	Income	\$2,150	N/A	Assists with payment of services in the home or in assisted living; must be age 50+, assessed at a nursing home level of care, and meet MA institutional eligibility rules. Income eligibility figure includes \$20 disregard.
	Assets	\$2,000		
SENIOR COMMUNITY SERVICE EMPLOYMENT PROGRAMS (SCSEP)	Income	\$1,196	\$1,615	Employment training program for low income, age 55+.
	Assets	No Test	No Test	
SENIOR CARE PROGRAM	Income	\$2,739	\$3,581	Case-managed, in-home services for age 65+. Must be at risk of admission to NH.
	Assets	\$11,000	\$14,000	
ACCESSIBLE HOMES FOR SENIORS	Income	\$3836	\$4,384	A loan program with zero percent interest deferred for 30 years to finance accessibility improvements such as ramps, grab bars, widening of doors, etc. Age 55+.
	Assets	No Asset Test	No asset test	
SENIORS IN NEED (Senior Expo Fund)	Income	\$1,436	\$1,939	One-time-only and emergency assistance.
	Assets	\$7,000	\$10,000	
SENIOR ASSISTED LIVING GROUP HOME SUBSIDY	Income	\$2,739	\$3,581	Provides financial assistance for a limited number of eligible Assisted Living Group Home residents age 62+. Will pay \$650 toward cost of facility.
	Assets	\$11,000	\$14,000	
CONGREGATE HOUSING SERVICES PROGRAM	Income	\$2,739	\$3,581	Financial assistance for support services in selected senior housing sites; age 62+.
	Assets	\$27,375	\$35,587	

FINANCIAL ELIGIBILITY GUIDELINES

The income figures in the chart below are monthly calculations.

* (Apply \$20/mth income disregard): \$20 may be subtracted from the individual's or couple's gross income; if the \$20 subtraction reduces the income to the amount listed on the chart, the individual or couple probably qualifies for the benefit.

SENIOR PRESCRIPTION DRUG ASSISTANCE PROGRAM (SPDAP)	Income	\$2,872	\$3,877	Pays up to \$40 toward the monthly premium for Medicare Prescription or Medicare Advantage plans. SPDAP provides a 95% subsidy to members' total drug costs while in the donut hole. Not all plans are participating in the donut hole subsidy.
	Assets	No asset test	No asset test	
MEDICARE PART D – EXTRA HELP (LOW INCOME SUBSIDY – LIS) (Partial and Full LIS) (Changes in March)	Income	\$1,436/mo.	\$1,939/mo	Benefits help with premiums, deductibles, and co-pays. **House and car not counted as assets/resources.
	Assets	\$13,440**	\$26,860**	
	Income	\$1,293/mo	\$1,745/mo	
	Assets	\$8,660**	\$13,750**	
VETERANS AID AND ATTENDANCE BENEFIT	Income	\$20,795/yr \$1,733/mo.	\$24,652/yr \$2,054/mo.	Payments for personal care assistance/ assisted living for Veterans who are homebound. Vet must have 90+ days active duty, 1 day during time of war and must already be receiving a VA pension.
	Assets	\$80,000	\$80,000	
AID and ATTENDANCE for Surviving Spouse	Income	\$13,362/yr \$1,114/mo.		
	Assets	\$80,000 (awaiting confirmation)		
EMPLOYED INDIVIDUALS WITH DISABILITIES PROGRAM (EID)	Income	Countable income up to \$2,873	Countable income up to \$3,878	Health insurance for qualified employed persons age 18-64. May be on private health insurance or Medicare. Participant pays up to \$55 monthly premium.
	Assets	Under \$10,000	Under \$10,000	
WEATHERIZATION ASSISTANCE PROGRAM	Income	\$1,915/mo.	\$2,585	Installation of energy-conserving materials: insulation, furnace cleaning, hot water system improvement, etc.
	Assets	No asset test	No asset test	

ADULT DAY CARE Medical Assistance Reimbursement - \$73.58

Effective 7/2013

2013 FEDERAL POVERTY LEVEL (FPL) GUIDELINES: *

100% 1 Person: \$958/ month (\$ 11,490/yr.)
 2 People: \$1,293/month (\$15,510/yr.)
 3 People: \$1,628/month (\$19,530/yr.)
 4 people: \$1,963/month (\$23,550/yr)

125% 1 Person: \$1,196.87/month (\$14,363/yr.) **150%** 1 Person: \$1,436/month (\$17,235/yr.)
 2 People: \$1,615.63/month (\$19,387/yr.) 2 People: \$1,939/month (\$29,295/yr.)
 3 People: \$2,034.37/month (\$24,412/yr.) 3 People: \$2,441/month (\$28,620/yr.)
 4 People: \$2453.12/month (\$29,437/yr.) 4 People: \$2,944/month (\$35,325/yr)

*The monthly figures for Poverty Level may be rounded off, based on 100% of each figure.

FINANCIAL ELIGIBILITY GUIDELINES

SPOUSAL IMPOVERISHMENT STANDARDS:

	Resources
Maximum Spousal Share	\$117,240
Minimum Spousal Share	\$ 23,448
	Income
Basic Maintenance and Shelter Allowance	\$1,938.75
Excess Shelter Standard	\$582
Maximum Maintenance & Shelter Allowance (Sum of Basic Maintenance & Shelter Allowance and Excess Shelter Allowance)	\$2,931
Utility Standards:	
Heat included in rent (Food Stamps limited utility allowance)	\$ 250
Heat paid separately from housing	\$ 414

All non-exempt assets (savings and checking accounts, stocks, bonds, etc.) owned by either spouse, jointly or separately, are pooled as of date nursing home spouse enters the nursing home. Effective 1/1/09, the community spouse may keep \$23,184 or ½ the assets, whichever is greater but not more than \$115,920. The couple's remaining assets are used to pay for nursing home care or other expenses, until the nursing home spouse's assets reach the Medicaid eligibility level of \$2,500. The community spouse's income will be evaluated to determine how much, if any, of the nursing home spouse's monthly income can be allowed for the community spouse's monthly maintenance allowance.

Medicare 2014

Medicare Part A

Monthly Premium: * If worked 40 or more quarters, generally no Part A premium

* If worked less quarters, there is a premium

\$426/month 0 - 29 quarters

\$248/month 30 - 39 quarters

Hospital Deductible: \$1,216 per benefit period (Medicare pays for 60 days)

Coinsurance: \$304 per day co-payment (days 61 - 90)

Coinsurance: \$608 per day (days 91 - 150)

Skilled Nursing Facility Coinsurance (after hospital stay of at least 3 days): \$0 for days 1 - 20 per benefit period

\$152 per day for days 21 - 100 (per benefit period)

(no custodial or intermediate N.H. care is provided)

Medicare Part B

Monthly Premium: * **104.90** if income under \$85,000 for individual and **170,000** for a couple.

* For all others, see chart below. **

Deductible: You pay \$147 per year.

Co-Payment: You pay 20 percent co-payment for approved charges.

MEDICARE PART D - PRESCRIPTION DRUG PROGRAM

Deductible up to \$310 in 2014

Medicare Part B Premiums**

Beneficiaries who file an individual tax return with income:	Beneficiaries who file a joint tax return with income	Monthly Part B Premium	Monthly Part D Adjustment
\$85,000 or below	\$170,000 or below	\$104.90	
\$85,001 to \$107,000	\$170,001 to \$214,000	\$146.90	\$12.10
\$107,001 to \$160,000	\$214,001 to \$320,000	\$209.80	\$31.10
\$160,001 to \$214,000	\$320,001 to \$428,000	\$272.70	\$50.20
Above \$214,000	Above \$428,000	\$335.70	\$69.30

Call Maryland Access Point at 410-887-2594 for additional information or to be screened for financial benefits.



SAVE ON MEDICARE PRESCRIPTION DRUG PLAN COSTS 2014
MARYLAND SENIOR PRESCRIPTION DRUG ASSISTANCE PROGRAM (SPDAP)

GROSS INCOME	ASSETS	ASSISTANCE	WHAT YOU NEED TO DO
Under \$34,470 (Single) \$46,530 (Couple)	Not counted	Up to \$40 toward the monthly premium AND <u>in some plans</u> beneficiary pays only 5% in the donut hole	APPLY through Maryland Senior Prescription Drug Assistance Program (SPDAP) 1-800-551-5995 www.marylandspdap.com

SOCIAL SECURITY ADMINISTRATION EXTRA HELP / LOW INCOME SUBSIDY 2014

GROSS INCOME	ASSETS	ASSISTANCE	WHAT YOU NEED TO DO
Under \$17,235 (Single) \$23,265 (Couple)	Under \$13,440(Single) \$26,860 (Couple)	<ul style="list-style-type: none"> ❖ Sliding scale assistance on the monthly premium. ❖ Deductible \$63.00 ❖ Drug co-payments: 15% or less <p>(Partial Extra Help)</p>	<ul style="list-style-type: none"> ❖ APPLY through Social Security 1- 800-772-1213 or www.ssa.gov ❖ ALSO APPLY FOR MDSPDAP ❖ May also be eligible for SLMB. For an application call Baltimore County SHIP or the Department of Social Services.
Under \$15,512 (Single) \$20,939 (Couple)	Under \$8,660 (Single) \$13,750 (Couple)	<ul style="list-style-type: none"> ❖ No Monthly Premium ❖ No Deductible ❖ \$2.55 generic drug \$6.35 brand name drug <p>(Full Extra Help)</p>	<ul style="list-style-type: none"> ❖ APPLY through Social Security 1-800-772-1213 or www.ssa.gov ❖ May also be eligible for QMB or SLMB. For an application call the Baltimore County SHIP or the Department of Social Services.
Full Medical Assistance Eligible (red and white card)	Full Medical Assistance Eligible	<ul style="list-style-type: none"> ❖ No Premium ❖ No Deductible ❖ \$1.20 generic \$3.60 name brand <p>(Full Extra Help)</p>	<ul style="list-style-type: none"> ❖ Automatically enrolled in Extra Help. Do Not apply through Social Security. ❖ Medicare premiums, deductibles, and co-pays will be paid through the Department of Social Services.

Assets: House and car not counted as assets/resources ; **Couple:** Defined as married and living together
***2014 Regional Premium Benchmark: \$32.34** (For plans below the benchmark, there is no premium.)
Revised 10/5/13

SAVE ON PART A, PART B PREMIUMS, DEDUCTIBLES, AND CO-PAYMENTS
DEPARTMENT OF SOCIAL SERVICES (MEDICARE SAVINGS PROGRAMS)

QMB Qualified Medicare Beneficiary Program (QMB)

*Pays for Medicare Part A and Part B Monthly Premiums, Deductibles and Co-payments

ANNUAL /MONTHLY GROSS INCOME	RESOURCES / ASSETS	WHAT YOU NEED TO DO
\$11,736 / \$978 (Single) \$15,756 / \$1,313 (Couple)	\$8,580 (Single) \$13,620 (Couple)	Call SHIP (410-887-2059) or visit the Department of Social Services for an application.

SLMB, Specified Low-Income Medicare Beneficiary Benefit,

* pays for ONLY the monthly Medicare Part B Premium (\$104.90).

ANNUAL /MONTHLY GROSS INCOME	RESOURCES / ASSETS	WHAT YOU NEED TO DO
\$15,756 / \$1,313 (Single) \$21,180 / \$1,765 (Couple)	\$8,580 (Single) \$13,620 (Couple)	Call SHIP (410-887-2059) or visit the Department of Social Services for an application.

NOTE: Once the application has been processed, the Department of Social Services sends a letter to tell client if he/she is eligible. If eligible, a **gray and white card** will be received.



OVERVIEW OF
BALTIMORE COUNTY
HOME OWNERSHIP and HOME IMPROVEMENT INITIATIVES



PROGRAM	TYPE OF ASSISTANCE	HOUSEHOLD INCOME LIMITS or other specific RESTRICTIONS	ELIGIBLE AREAS Check maps that accompany each program	APPLY THROUGH	FIRST TIME BUYER	Workshop & Counseling REQUIRED
SELP Settlement Expense Loan Program	Loan of up to \$10,000 for closing costs. Deferred repayment until transfer of property, refinancing or non-occupancy by borrower. Loan is forgiven if owner occupies property as principal residence for 15 years.	80% of Baltimore Area Median, by family size 1 \$ 45,100 2 \$ 51,550 3 \$ 58,000 4 \$ 64,400 5 \$ 69,600 6 \$ 74,750 7 \$ 79,900 8 \$ 85,050	Entire Baltimore County	Baltimore County Housing Counseling Affiliates: Harbel Housing Partnership 410-444-9152 Diversified Housing Development 410-496-1214 Neighborhood Housing Services 410-327-1200 Southeast CDC 410-342-3234	YES	YES, before signing a contract
MALP Mortgage Assistance Loan Program	Loan of up to \$25,000 for closing costs. Deferred repayment until transfer of property, refinancing or non-occupancy by borrower. Loan is forgiven if owner occupies property as principal residence for 15 years.	80% of Baltimore Area Median, by family size 1 \$ 45,100 2 \$ 51,550 3 \$ 58,000 4 \$ 64,400 5 \$ 69,600 6 \$ 74,750 7 \$ 79,900 8 \$ 85,050	Baltimore County Conservation Areas: Turner's Station, Dundalk, Middlesex, Hawthorne, Victory Villa, Carrollwood Manor, Rosedale, Halethorpe, Arbutus, Edmonson Heights, Randallstown, Reisterstown, Pikesville, Owings Mills, Overlea, Fullerton, Woodlawn, Gwynn Oak, Windsdor Mills, Westover Hills, Holland Hills, Elmwood, Parkville, Loch Raven/Hillendale, Glendale	Baltimore County Housing Counseling Affiliates: Harbel Housing Partnership 410-444-9152 Diversified Housing Development 410-496-1214 Neighborhood Housing Services 410-327-1200 Southeast CDC 410-342-3234	YES	YES, before signing act

PROGRAM	TYPE OF ASSISTANCE	HOUSEHOLD INCOME LIMITS or other specific RESTRICTIONS	ELIGIBLE AREAS Check maps that accompany each program	APPLY THROUGH	FIRST TIME BUYER	Workshop & Counseling REQUIRED
Home Ownership for PEOPLE WITH DISABILITIES	See website for details www.dhcd.state.md.us		State of Maryland	Baltimore County Housing Counseling Affiliates: Harbel Housing Partnership 410-444-9152 Diversified Housing Development 410-496-1214 Neighborhood Housing Services 410-327-1200 Southeast CDC 410-342-3234	YES	YES
MD Mortgage Program (MMIP) CDA 1 st MORTGAGE	See website for details www.mmprogram.com		Entire County	Participating CDA Lenders	YES	YES
Maryland Housing Rehabilitation Program (MHRP)	Loan for up to 95% of property value for repairs to 1 - 4 unit dwellings 0% - 7% interest	By family size 1 \$ 48,000 2 \$ 55,000 3 \$ 61,750 4 \$ 68,500	Entire County	Housing Opportunities Program 410-887-3124	N/A	N/A
SINGLE FAMILY REHAB PROGRAM	Loan for up to \$25,000 in repairs to owner occupied property. 0% - 4.5% interest	80% of Baltimore Area Median, by family size 1 \$ 45,100 2 \$ 51,550 3 \$ 58,000 4 \$ 64,400 5 \$ 69,600 6 \$ 74,750	Entire County	Housing Opportunities Program 410-887-3124	N/A	N/A

PROGRAM	TYPE OF ASSISTANCE	HOUSEHOLD INCOME LIMITS or other specific RESTRICTIONS	ELIGIBLE AREAS Check maps that accompany each program	APPLY THROUGH	FIRST TIME BUYER	Workshop & Counseling REQUIRED
EMERGENCY REPAIR GRANT	Grant for repair of imminently hazardous conditions in single family home. Maximum \$7,500	80% of Baltimore Area Median, by family size (see above)	Entire County	Housing Opportunities Program 410-887-3124	N/A	N/A
Foreclosure Prevention	Assistance exploring loan workout solutions	N/A	Entire County	Eastside Community Development 410-284-9861 Diversified Housing Development 410-496-1214 Neighborhood Housing Services 410-327-1200 Southeast CDC 410-342-3234	N/A	N/A

Official PROGRAM GUIDELINES & PROCEDURES govern program requirements and eligibility. Program descriptions above are summarized.

For Information Packet: Highlights Sheet, Workshop Schedule and further information call:

410-887-3124

Baltimore County – Department of Planning/Housing Opportunities Program

rev. 3/2013

SUMMARY OF SERVICES

Baltimore County Department Of Aging (BCDA)

Web Site Address: www.baltimorecountymd.gov

(Click On Agencies, Then Aging)

E-mail Address:

aginginfo@baltimorecountymd.gov

Any questions can be directed to

Maryland Access Point of Baltimore County

410-887-2594

Baltimore City Health Department's Office of Aging and CARE Services

Web Site Address: www.baltimorecity.gov

Any questions may be directed to

Maryland Access Point of Baltimore City

410-396-2273

People who are deaf, hard of hearing or have a speech disability use Relay or 711.

Eating Together Program

410-887-2594 (County), 410-664-0700 (City)

The Eating Together program provides a nutritious meal and companionship in over 40 County sites in senior centers, community buildings and senior residences and over 50 City sites in senior centers, senior residences and community venues. The menus, planned as the main meal of the day, are made up of a variety of foods to provide at least one-third of the recommended daily nutritional needs. Meals are prepared and delivered by commercial caterers. Kosher meals are offered at several sites. No salt is added to the food and detailed nutrition information is available to assist those on special diets. Residents aged 60 and over and their spouses of any age are eligible to participate in this program and are asked to make a voluntary, anonymous donation. Younger persons may also participate, but are required to pay the full cost of the meal. All contributions are used to enable the program to serve as many meals as possible. Eating Together is available through the Older Americans Act and serves approximately 100 million meals to older adults each year across the nation. A registered dietician regularly offers free nutrition education and counseling at participating sites. Nutrition education is offered at Eating Together sites and other community venues. Nutrition education provides a basis for making informed choices and setting realistic nutritional goals.

Elder Abuse Prevention Program

410-887-4200 (County), 410-396-3144 (City)

The Program provides information and education on the signs and symptoms of elder abuse and promotes strategies for the prevention of abuse, neglect and exploitation of vulnerable adults. BC-REST Coalition- Baltimore County Resorting Elder Safety Today is a coalition of Baltimore County agencies and local programs working together for elder abuse prevention and education. To join the coalition or for more details on the coalition events, please call 410-887-4200.

Employment

410-887-4006 (County), 410-396-2773 (City)

SCSEP is a federally funded Senior Community Service Employment Program that provides individuals 55 years and older with government or non-profit employment and training opportunities. Senior participants earn federal minimum wage rates and must meet income eligibility guidelines.

Emergency Card

410-887-2594 (County - Orange Card), 410-396-2273 (City - Gold Card)

This Card Could Save Your Life! The emergency and medical history information on the card can alert emergency personnel to critical information for referral in medical emergency situations.

Guardianship

410-887-2594 (County), 410-545-7702 (City)

In instances where no family is available or appropriate to take responsibility for the care of an incompetent elderly person, the director of the Department of Aging in the County and the Director of the Office of Aging and CARE Services in the City may be appointed by the Court, as the legal guardian of person for the individual. Responsibilities include coordinating housing, health care and all essential personal welfare needs.

Health Promotion & Education

410-887-2594 (County), 410-396-4932 (City)

Health promotion and disease prevention programs are made available to persons age 60 and over. Health promotion focuses on chronic conditions such as diabetes, high blood pressure, arthritis and more. Physical and mental health risk assessments, counseling and referral, physical fitness activities and wellness are key components.

Home and Community Based Options Waiver Program

410-887-2594 (County), 410-396-4932 (City)

The Maryland Medical Assistance Home and Community Based Options Waiver provides services in the community to low-income adults 18 years of age and older who would otherwise require nursing home placement. The program will provide individuals with the opportunity to obtain needed services in their home or an assisted living facility. In-home services covered: personal care, respite, environmental assessments and modifications, behavior consultation services, personal emergency response systems, home delivered meals, diet and nutritional services, family and consumer training and senior center plus services. There is currently an extensive wait list for services under this program.

Home-Delivered Meals

410-887-2594 (County), 410-396-4932 (City)

Meals on Wheels of Central Maryland, Inc. provides two home-delivered meals daily, five days a week, on a full or partial payment basis.

SUMMARY OF SERVICES

Housing

410-887-4632 (County), 410-396-4932 (City)

The "Housing Program" is responsible for the Senior Assisted Living Group Home Subsidy Program administration and monitoring. Income guidelines and residency are required for program services. Licensed assisted living facilities are inspected or "surveyed" on a regular basis by the Maryland Department of Health and Mental Hygiene (410-402-8217) to ensure that they are in compliance with state-local regulations. The region of interest's MAP office maintains a current list of senior apartments, assisted living facilities and retirement communities.

For the City, this office provides housing interventions for evictions as well as locating alternative housing solutions and providing assistance with utilities, taxes, and landlord issues. Homeless intervention includes assessments, placements, referrals, and resource linkage for benefits and entitlements to homeless older adults.

Language Interpreting Services

410-887-2594 (County), 410-396-2273 (City)

Each region utilizes a language interpreting service for older adults/ persons with disabilities, and individuals with no or limited English proficiency. If a person with limited English wishes to access these services, an interpreter will be available.

Legal Services for Senior Citizens Program

410-951-7750 (County), 410-396-1322 (City)

The Legal Services for Senior Citizens Program provides free legal assistance, consultation and/or representation to adults age 60 and older regarding health care issues, income maintenance, nutrition, housing and utilities, protective services and unemployment benefits. Referrals to other legal resources can be made for issues not listed above.

Maryland Access Point (MAP)

410-887-2594 (County), 410-396-2273 (City)

The Maryland Access Point telephone number is the only phone number that is needed in either region to access information regarding services and benefits available to older adults, persons with disabilities, caregivers and professionals. Staff are Certified Information and Referral Specialists (CIRS). They provide a comprehensive screening, give information and guidance, make referrals and link the caller to appropriate resources. In-person consultations are also available. A computerized database is used to maintain a comprehensive listing of information and resources. Telephone language interpreter service is available to speak to callers in up to 140 different languages.

Money Follows the Person (MFP)

410-887-2594 (County), 410-545-1560 (City)

Money Follows the Person (MFP) brings outreach services to nursing home residents age 18 and over. MFP provides peer mentoring, options counseling and assistance with Medical Assistance applications. Nursing home residents are given the opportunity to apply for Medicaid Waiver services. There is no waiting list. Once approved, they can transition home with supportive services.

Ombudsman Program

410-887-4200 (County), 410-396-3144 (City)

The Ombudsman Program is an advocacy program that works to protect the rights and improve the quality of life of residents living in long term care facilities. Ombudsman staff investigate and attempt to resolve complaints and allegations of abuse on behalf of long term care residents in nursing homes and makes appropriate referrals for cases involving residents in an Assisted Living facilities or residing in the community. Ombudsmen also provide educational services to both residents and long term care staff on a wide range of topics involving quality of life and care in nursing homes and assisted living facilities. In addition, volunteers visit nursing homes and assisted living facilities on a regular basis to do friendly visits, initial investigations as well as provide educational learning opportunities. To receive more information about this program, please e-mail to ombudsman@baltimorecountymd.gov.

RSVP - An Invitation to Volunteer

410-887-3101 (County), 410-361-9400 (City)

RSVP encourages individuals 55 and older to volunteer and make a difference within their communities by putting their skills and talents to work. Through their service at one or more of the non-profit organizations and government agencies which partner with RSVP in the region, volunteers are able to make an impact upon a variety of community needs and issues. The opportunities to serve include the following: housing rehabilitation, senior health and fitness promotion, tax preparation, kindergarten classroom assistance, Medicare counseling, food distribution, tree plantings, tutoring of students, stream cleanings, friendly visits to isolated seniors, Alzheimer's outreach and nursing home resident advocacy.

Senior Centers

410-887-2040 (County), 410-396-4932 (City)

Twenty (20) senior centers in the County and fourteen (14) senior centers throughout Baltimore City offer opportunities for individuals aged 60 and older to engage in volunteerism, enhance skill development and lifelong learning, and participate in sports and exercise, music, arts, drama, dance and social activities. Health and nutrition education, screenings and information and referral services are provided, along with a large dose of fun! In the County, there are state-of-the-art fitness centers at 13 sites. Senior Center membership is free, although a donation toward center enhancements is requested and some programs may have fees.



SUMMARY OF SERVICES

State Health Insurance Assistance Program (SHIP) 410-887-2059 (County), 410-396-2273 (City)

Volunteers provide free, unbiased, confidential health insurance counseling for the Medicare eligible and their caregivers. Helps consumers understand Medicare eligibility, benefits and resolves problems. Provides Medicare education to individuals or groups regarding: Part A-Hospitalization, Part B-Medical, Part C-Health Plans, Part D-Prescription Drugs, Medicare supplements, Appeals, Fraud and Abuse, and Long-term Care Insurance. Provides eligibility assessment for financial programs to assist with the costs of Medicare through the Medicare Savings Programs administered by the Department of Social Services: Qualified Medicare Beneficiaries (QMB) or Specified Low Income Medicare Beneficiaries (SLMB). Also, provides eligibility assessment for Part D Prescription Plan financial assistance through the following: Maryland Senior Prescription Drug Assistance Program (SPDAP) and the Social Security Administration's Extra Help. Provides computer research for selecting and enrolling in Part D drug plans. Assists with the Annual Open Enrollment from October 15 - December 7 for Medicare Prescription Drug Plans and Medicare Health Plans (Advantage Plans) for the following year. These services are generally provided by telephone. Language accommodations are available.

Senior Medicare Patrol (SMP)

410-887-2059 (County), 410-396-2273 (City)

SMP volunteers conduct free presentations for Medicare beneficiaries, their families and caregivers to prevent, detect and report possible Medicare fraud or abuse. SMP addresses how to prevent medical identity theft by protecting one's Medicare card, as well as what to do when potential fraud or abuse by health care providers is suspected. Staff will evaluate complaints and will refer when appropriate to the proper authorities. SMP also discusses how to protect against telemarketing scams, mail fraud schemes and illegal or deceptive marketing of Medicare Advantage and/or Medicare Prescription Drug Plans.

Tax Assistance for the Elderly

410-887-2594 (County), 410-396-2273 (City)

Trained AARP Tax Aide volunteers provide free tax preparation assistance to senior citizens and low income taxpayers at the majority of senior centers and at other off-site locations. Tax assistance is available from February through April 15 annually. Appointments are required at most locations. Volunteers complete basic federal and state personal income tax forms and homeowners' and renters' tax credit applications. Tax Aide volunteers also understand the provisions of the tax code that pertain to older adults and can respond to tax-related questions. The taxpayer must provide all records required to prepare the returns.

*The opportunities you have waited a lifetime to
take advantage of are right here!*



ENERGIZE YOUR LIFE AT

BCDA

410-887-2040 • www.baltimorecountymd.gov/seniorcenters

SUMMARY OF SERVICES

Baltimore County Department of Aging (BCDA) SUMMARY OF SERVICES

Any questions can be directed to
Maryland Access Point of Baltimore County
410-887-2594

People who are deaf, hard of hearing or have a
speech disability use Relay or 711.

Web Site Address: www.baltimorecountymd.gov
(Click On Agencies, Then Aging)

E-mail Address: aginginfo@baltimorecountymd.gov

Advocacy Conference – 410-887-4200

The annual Advocacy Conference is presented by the Baltimore County Consortium for Professional Education in the Field of Aging. This conference is for professionals as well as concerned citizens. The goal of the conference is to provide education on issues, trends and initiatives affecting older adults and persons with disabilities.

Annual BCDA Run/Walk- 410-887-2040

The eighth annual Get Ready, Get Set, Get Fit 5K Run/Walk-1M Walk will be held on September 21, 2014 at CCBC Essex. The event promotes the importance of being physically fit at any age and raises funds to help support and expand fitness centers and exercise programs in BCDA Senior Centers. This intergenerational event attracts participants of all ages and is perfect for serious runners as well as those out for a relaxing stroll.

Baby Boomer/Senior Expo - 410-887-2012

Baby Boomer/Senior Expo will be held on October 22-23, 2014. The event is an exciting information and resource exposition hosted annually by the Baltimore County Department of Aging. Through Expo, seniors, baby boomers, families, caregivers, persons with disabilities and professionals can learn about a wide variety of products and services which can enhance their lives. More than 295 exhibits feature the latest information on health care, finances, government services, leisure time activities, retirement housing and products to support living life to the fullest. Expo offers free health screenings, continuous entertainment, a silent auction, special feature areas, free gifts, prizes and more. Please call for more information.

Caregivers Program – 410-887-4724

The Caregivers Program serves family members caring for Baltimore County older adults over age 60, and senior grandparents caring for grandchildren. The program offers education and outreach, individual consultations, an annual conference, a quarterly newsletter and limited stipends for respite care. These programs are designed to assist family caregivers in providing good care to older relatives while also taking care of themselves.

Center Connection Program - 410-887-2970

Center Connection, your “link to senior center independence,” is a service operating in eight Baltimore County senior centers for county residents age 60 and over who need assistance and support connecting to the activities and services provided by the senior center. Each potential participant must be independent in mobility and personal care needs. Once registered, the individual works with the center connection specialist to develop an activity schedule, taking into account each older adult’s interests, abilities and needs. The center connection specialist helps the individual maximize their senior center experience by encouraging participation in classes, connecting them with other center members, registering for classes and participating in the Eating Together lunch program, while providing information and referrals to community resources as needed.

Community Outreach Program – 410-887-2594

This program connects Baltimore County residents age 60 and over to community resources. Outreach workers evaluate seniors’ needs, assist with applying for benefits and services, and connect seniors to resources to help them remain independent in their homes and communities. Assistance is offered on both a short-term and long-term basis.

CountyRide - 410-887-2080/FAX 410-887-8281

CountyRide provides low cost transportation throughout Baltimore County and to hospitals in Baltimore City for County residents 60 years of age and older or persons with disabilities at least 18 years of age. Residents of all ages living in Baltimore County rural areas are also eligible for this service. Additional programs include: Shopping Shuttles, Priority One for low income seniors, Priority Two and Access to Senior Centers for senior center service. Proof of income may be required for some discounts. Hours of telephone access to the office are 8:00 a.m. - 4:00 p.m., Monday through Friday. Interactive voice and web response system is available 24/7.

Flu Inoculation Program – 410-887-2594

Flu and pneumonia inoculations are available at Senior Expo/Baby Boomer Expo and at numerous Baltimore County senior centers. To find a location near you, visit www.baltimorecountymd.gov/agencies/aging/healtheducation. Please check with your health insurance provider for information about coverage.

Home Team Program - 410-887-4141

The Home Team is a community-based volunteer program that provides friendly visits to Baltimore County seniors (age 60 years or more) who are isolated and confined to their home. Through in-home and telephone visits, Home Team “friendly visitors” offer the needed interaction, socialization and reassurance to help seniors maintain a higher quality of life and remain independent in their home longer. In addition, Home Team’s annual food drive volunteers repack approximately three tons of donated non-perishable food from cases into grocery bags and deliver to more than 260 income eligible, homebound seniors. If you would like to become a volunteer or client for the Home Team, please call 410-887-4141 or email hometeam@baltimorecountymd.gov.

TIPS ON GUARDIANSHIP PREVENTION

In order to avoid the difficult and costly guardianship process, here are some steps to consider, while the individual is *still able to understand and execute a legal document*:

- Ask the individual to talk with loved ones about the care that he or she would like to receive in the event of serious illness.
- Arrange for the individual to execute a Financial Power of Attorney document, which gives permission for an agent (a trusted family member, friend or advisor) to make financial decisions for the individual. If this document is a “springing” Power of Attorney, which goes into effect only when the individual is declared disabled, the document should clearly state how the determination of disability will be made.
- Advise the person to make a medical Advance Directive. This document may specify the type of care the person wants, and/or it may name another individual to give informed consent for medical treatment.
- Learn about Surrogate Decision Making in Maryland, which authorizes a proxy to act on behalf of the person in need of medical care and decision-making, if he or she has not appointed a health care agent in an Advance Directive.
- If the individual’s capacity to understand and execute a legal document is questionable, then have their regular doctor document capacity prior to the document’s execution.
- *Mediation* is an available alternative to work out any family discord about care arrangements that may be affective. Mediation can be used with adults who are competent to make decisions or in cases where family decision-making needs to be done on behalf of an incapacitated elder; if successful, it can avoid the need for a guardian altogether.

If the individual is *no longer able to understand and execute a legal document*, consider having a trusted relative or friend apply to serve as the representative payee to manage the Social Security check and pay bills.

SUMMARY OF SERVICES

Loan Closet – 410-887-2594

This program lends equipment such as walkers, bath chairs, tub transfer benches and wheelchairs. Available to Baltimore County residents age 60 and older. There is no fee although a refundable deposit may be required for some items. Donation of equipment in good condition is accepted on a limited basis. Please call before delivering donations.

Nutrition Education - 410-887-2594

Nutrition education is offered regularly at sites where “Eating Together” meals are served. Nutrition education provides a basis for making informed choices and setting realistic nutritional goals.

Publications - 410-887-2594

The Baltimore County Department of Aging publishes various booklets, directories and pamphlets for older adults, baby boomers, caregivers, persons with disabilities and professionals. Topics include: scams and frauds, nutrition, active aging, caregiving, grief/loss, health, housing, nursing homes, legal issues, financial topics, funeral planning, wellness and more. Call to receive materials.

Senior Digest – 410-887-3050

Senior Digest is the Baltimore County Department of Aging’s newspaper filled with useful information and entertaining articles on topics affecting older adults, baby boomers, caregivers, persons with disabilities and professionals in Baltimore County. Digest is mailed to subscribers eight times a year for as little as \$5. The newspaper, which has a readership of 25,000, is also a powerful way to advertise to a targeted market throughout the County. Call for display and classified rates or for a subscription.

Senior Solutions Conference – 410-887-2002

This conference is sponsored by the Baltimore County Department of Aging and the Commission on Aging for professionals in the field of aging. This year’s conference is being held on May 8, 2014. The focus of the conference corresponds with BCDA’s annual initiative.

Speakers Bureau - 410-887-2594

Speakers are available to discuss services and programs of the Department of Aging as well as issues that affect the older adult/disabilities population. There is usually no fee.

The Time Of Your Life Television Show – 410-887-2012

The Time of Your Life is the title of the BCDA’s television program on Baltimore County Comcast Cable Channel 25. The show offers the latest information about services and programs available to Baltimore County older adults, baby boomers, their families, caregivers, persons with disabilities and professionals. It also provides information about contemporary topics as well as fun opportunities for entertainment, fitness, travel and recreation. Call Maryland Access Point of Baltimore County at 410-887-2594 to learn about the topics featured on the current show or view the show at www.baltimorecountymd.gov/videos; click on The Time Of Your Life.

View the show on Monday at 9 a.m., 2:30 p.m.; Tuesday at 2:30 p.m., 7 p.m.; Wednesday at 12 p.m., 6 p.m.; Thursday at 11 a.m., 9 p.m.; Friday at 12 p.m., 8 p.m.; Saturday at 1 p.m., 5 p.m., 9 p.m.; Sunday at 1 p.m., 5 p.m., 9 p.m.



SUMMARY OF SERVICES

**Baltimore City Health Department's Office of
Aging and CARE Services
SUMMARY OF SERVICES**

Any questions may be directed to
**Maryland Access Point of Baltimore City
410-396-2273**

E-mail Address: MAP.BCHD@baltimorecity.gov

Adults Evaluation and Review Services - 410-396-6006

Adult Evaluation and Review Services will provide comprehensive evaluations to identify the needs of the medically, mentally, and functionally disabled adults who face the risk of premature and inappropriate institutionalization. The AERS team consists of a nurse, social worker, consulting psychiatrist and psychologist. The teams provide the individual with a face to face comprehensive evaluation, including medical/nursing, environmental and psychosocial assessment. The evaluation is conducted in the home setting or the individual's current location. Education regarding community resources and services are provided to individuals, families and care providers. Upon completion of the evaluation, the multidisciplinary team develops a plan of care, which recommends services needed to help the individual remain at home, or in the least restricted environment. Every effort is made to obtain appropriate services to address the needs of each individual evaluated. There is no charge for evaluations.

Baltimore City Health Department - 410-396-4398

The Baltimore City Health Department offers and oversees services for: sexually transmitted infections, HIV/AIDS, family planning, maternal and infant health, immunizations, asthma, senior care, cancer screening, and lead poisoning prevention services, among others. Offers a variety of health programs and health services from maternal and children to young adults and seniors. Health care includes but not limited to prenatal care, dental, breast exams, flu shots, health screenings, etc.

Caregivers Program - 410-396-4932

The Family Caregiver Program provides non-emergency and non-expedited financial assistance to caregivers to pay for respite or supplemental services. This assistance is meant to enhance existing support services and should be considered as assistance with the care of your loved one. Monies may be paid directly to you the caregiver, the care recipient, or vendors. The funds can be used to hire providers for respite services or to reimburse you for out-of-pocket expenses related to your role as a caregiver. Currently assistance is limited to \$500 per person annually (from date of processing). This assistance is subjected to the availability of funds. You or the person you are caring for must be a Baltimore City resident caring for disabled and older adults age 60 and over, as well as grandparents age 55 and older raising grandchildren age 18 and under.

Elder Abuse Prevention Program - 410-396-3144

Provides information and education on the signs and symptoms of elder abuse and promotes strategies for the prevention of abuse, neglect, and exploitation of vulnerable adults.

Emergency Preparedness - 410-396-6188

The Baltimore City Mayor's Office of Emergency Management (MOEM) will maintain the highest level of preparedness to protect Baltimore's citizens, workers, visitors, and environment from the impact of natural and man-made disasters. MOEM will prepare the City for emergencies, prepare the public for emergencies, and coordinate interagency response and recovery. To achieve this mission, MOEM will implement a comprehensive program of disaster mitigation, preparedness, response, and recovery. Educates citizens on being proactive in the event of a natural or man-made emergency and recruits volunteers to be trained to help their neighbors in an emergency.

Golden Age Clubs - 410-396-2920

The Senior Citizens Division of the Baltimore City Department of Recreation and Parks provides comprehensive, life-enriching recreational activities for senior citizens residing in Baltimore City. In addition to providing support and assistance to 94 golden age clubs serving over 4,000 members, this Division sponsors a wide variety of city-wide programs and special events to Baltimore's older adults. Golden Age Clubs are conveniently located in all areas of the City, meeting in recreation centers, senior apartment buildings, schools and churches. Club membership is open to anyone 50 years of age and older and there is no charge to become a member.

Housing and Homeless Services - 410-396-4932

Provides housing interventions for evictions as well as locating alternative housing solutions. Provides assistance with utilities, taxes, and landlord issues. Homeless intervention includes assessments, placements, referrals, and resource linkage for benefits and entitlements to homeless older adults.

Language Interpreting Services, The Office of Aging and CARE - 410-396-2273

Services utilize a language interpretation service to assure access to services for persons who are limited-English speaking.

Maryland Access Point - 410-396-2273

To access information regarding services and benefits available to older adults, persons with disabilities, and caregivers, you may call the number listed above. A computerized database is used in order to provide a comprehensive listing of information. In-person consultations are also available. Persons are also provided with counseling to assist with long term care supports decision making.

Medical Assistance Personal Care - 410-396-4494

Help Medical Assistance eligible persons who are chronically ill or disabled and at risk of being institutionalized remain in their home. Registered nurse/case manager monitors, assesses the applicant and develops a plan of care to meet the client's needs. The case monitor coordinates with the recipient a Personal Care Provider who assists the recipient with activities of daily living such as transferring, bathing, dressing, feeding and toileting; must have a doctor's authorization to qualify for services.

Nutritional Education - 410-396-4932

Nutrition education is offered at Eating Together sites and other community venues. Nutrition education provides a basis for making informed choices and setting realistic nutritional goals.

SUMMARY OF SERVICES

Senior Assisted Living Subsidy Program - 410-396-4932

Provide community-based housing subsidy for medically and financially eligible persons age 62 and older. Contract agreements are developed with assisted living managers to provide 24 hour care and supervision for the current subsidy payment of \$650.00 per month.

Senior Care Program - 410-396-1605

Provide case management and support services to help older adults remain in their homes and in the community for as long as possible. Case management arranges, coordinates, and monitors service delivery. Support services are paid for by the program through contract providers; in-home care, adult day care, medical supplies, medications, and emergency response systems.

Senior Companion Program - 410-361-9405

The Senior Companion Program provides companionship to home-bound seniors with physical and mental health impairments. Senior Companions are volunteers age 60 years of age and older. They receive training to enhance their service and a small stipend. Senior Companions volunteer at volunteer stations twenty to twenty-five hours weekly.

Taxi-Card Program/Taxi Access - 410-396-2273

Offer reduced cost tax service for older adults and persons with disabilities. Participant pays a one time registration fee of \$5.00. For applicants over the age of 60 years old, a physician's statement is not required. The MTA Taxi Access II Service is available to MTA-certified Mobility customers who meet the eligibility requirements. Taxi Access II Service is not part of MTA Mobility Service, but rather a separate and distinct MTA service provided under contract by participating area taxicab and sedan companies. MTA Mobility does not guarantee the availability of a particular type of vehicle or pickup time. Customers deal directly with the taxi and sedan companies.

Baltimore City Health Department Office of Aging & CARE Service's S.T.E.P.S. (Stepping Toward Emotional & Physical Success) 2014

Having the courage to move on after a loss can be one of the most difficult challenges for any person to face. Throughout 2014, Baltimore City Health Department, Office of Aging & CARE Services will offer 12 topics within our 13 senior centers in order to assist you, your friends, and your family in addressing the challenges head-on and learn about taking the proper "S.T.E.P.S." in your life.

JANUARY 2014 - Hospice 101

FEBRUARY 2014 - Yes, You Can Care for Your Loved One

MARCH 2014 - Coping with Life's Transitions

APRIL 2014 - Courageous Conversations

MAY 2014 - Understanding Grief

JUNE 2014 - Advance Directives - Choose Now

JULY 2014 - The Dating Game

AUGUST 2014 - Healing Through the Arts

SEPTEMBER 2014 - Surviving and Thriving After a Loss

OCTOBER 2014 - Stories from the End of Life

NOVEMBER 2014 - Coping Through the Holiday

DECEMBER 2014 - Finding a Purpose with Volunteering



Stephanie Rawlings-Blake
Mayor, Baltimore City



Oxiris Barbot, M.D.,
Commissioner of Health

All presentations are free of charge and open to the public. For more information about S.T.E.P.S. 2014 please call MAP at 410-396-2273.

Baltimore County Department of Aging Targets Your Market

www.baltimorecountymd.gov

Need more visibility for your business or non-profit? Try investing in the Baltimore County Department of Aging's (BCDA) vendor and sponsorship opportunities. Enjoy the benefits of targeting your business services and or products to the largest growing demographic in our country. BCDA's five main affordable opportunities have an established reputation in attracting visibility and impact whether your market targets older adults, baby boomers, caregivers, families, persons with disabilities or professionals. Catch the attention of over 165,000 older adults residing in Baltimore County or the professionals who serve them.



Senior Solutions Conference (May) - a professional conference targeting 225 professionals



Volunteer Recognition Luncheon (May Luncheon)/Community Resources 2015 - a dual opportunity which provides marketing presence at the Luncheon and listing(s) in BCDA's well-respected annual publication



Advocacy Conference (November) - a professional conference targeting 225 professionals



Baby Boomer/Senior Expo (October) - celebrating 27 years of providing 11,000 attendees with latest information and resources for living life along with powerful networking opportunities for professionals and business owners



Get Ready! Get Set! Get Fit! - 5K RUN/1 M Walk (September) - 1,200 intergenerational attendees supporting senior fitness centers and programs

Our Specialty Is Customized Sponsorships To Meet Your Business Goals And Budget.

For more information and pricing, e-mail sponsorbcda@baltimorecountymd.gov or call 410-887-2012.



Sponsoring the Baltimore County Department of Aging....

Let Me Count The Ways

Senior Center Sponsorships

Grandparent/Grandchild Summer Camps - \$500 - \$5000

Senior Center Computer Labs - \$1,000 per computer

Senior Center Enhancements - \$500 - \$250,000

Improvements may be internal or external.

Senior Center Fitness Centers - \$5,000 - \$40,000

Recognition signage available.

Senior Center Fitness Centers Memberships - \$100 and up

A scholarship program for those unable to afford memberships.

Senior Center Programming - Special Events

Opportunities customized, please call 410-887-3655.

Senior Center Leadership Conference - \$250 - \$4,000

Miscellaneous Sponsorships

Flu Shot Clinics at multiple locations - call for details.

Loan Closet - \$100 and up

Department of Aging Training And Speakers

Customized per request.

Additional Sponsorship/Partnership Opportunities

Baltimore County Department of Aging develops various programs and activities throughout the year. If you would like to learn more about specific partnership/sponsorship opportunities or to customize a package specifically for your needs, please call **410-887-2012**. Make a difference by advertising with a mission with the Baltimore County Department of Aging.



Sponsoring the Baltimore County Department of Aging....



Let Me Count The Ways

Product Sponsorships

Orange Refrigerator Cards - \$10,000 - \$25,000

Shelf Stable Meals - \$33,000

“The F.I.L.E. - Sponsorship information is available upon request. This is a printed document to assist in organizing important information. Copyright of the product is available for \$250. The copyright purchases the printing right for 10,000 copies; printing cost is excluded from the copyright fee.

Publication Advertising/Sponsorships

Baby Boomer/Senior Expo Program Guide - \$415 - \$1,495
Printed annually in October. Distribution 25,000.

Caregiver Connection Newsletter - \$1,500

Exclusive advertising in three issues annually;
prints four issues annually. Distribution 5,000 plus.

Community Resources 2015 - \$725 - \$2,560

Annual publication with a distribution of 50,000 copies.
Ads range in size from a quarter to full page.

Consumer Reference Guides On A Variety of Topics - \$5,000 - \$30,000

A variety of books developed annually.

Senior Center Newsletters – Approximately \$20,000

Twenty monthly newsletters; 15,000 copies monthly.

Senior Digest - \$1,500 - \$12,000

Eight issues annually; readership 25,000.
Advertisements start at \$50 per issue.



Lead, Serve, Get Involved!



Baltimore County and Baltimore City's Retired Senior and Volunteer Program is seeking individuals ages 55 and over to serve and impact challenging issues in our community.



Repair Houses and Enhance Accessibility

- Enable seniors to remain safe in their homes (one week in July)

Directly Impact the Environment

- Plant trees and clean-up streams; teach nature classes or lead nature walks
- Participate in the Senior Environment Corps; collect, sample, and test waters from the Chesapeake Bay; help restore the Bay (based in the Edgemere area)

Help the Hungry

- Distribute food directly to seniors' homes
- Stock, sort, bag, and distribute food at a local food pantry
- Prepare Meals in a Soup Kitchen or Shelter

Impact the Youth

- Advocate for children in foster care
- Assist children in kindergarten classrooms
- Tutor children in elementary/middle school

Increase Community Awareness about Alzheimer's disease

- Provide Alzheimer's information via phone, presentations, or information booths

Assist Seniors to Live Independently

- Serve as a friendly visitor or assist with errands & transportation
- Lead/teach Senior Center Classes or assist with Fitness Centers
- Assist Senior and their Families to learn about their Medicare Benefits
- Prepare Tax Returns during Tax Season

Visit Nursing Home and Assisted Living Residents

- Advocate for the rights of nursing home residents
- Assist with activities and friendly visiting in nursing homes

Prepare a Variety of Crafted Items

- Knit blankets, hats, and scarves for premature babies, children, veterans or seniors
- Sell crafted items in a Senior Craft Consignment Shop; staff Consignment Shop

Volunteer opportunities are endless!



**Baltimore County: 410-887-3101 • volunteers@baltimorecountymd.gov
Baltimore City: 410-396-2273 • www.baltimorehealth.org/rsvp.html**

Improve your overall health and wellbeing at one of the 20 Senior Centers across Baltimore County



Baltimore County Department of Aging

ENERGIZE YOUR LIFE

Now is the time to change your life by joining one of the many Baltimore County Department of Aging (BCDA) Senior Centers that offer an array of fitness and wellness programs.

Try one of the many classes offered around the County

- Tai Chi
 - Yoga
 - Strength Training
 - Zumba Gold
 - Seated Chair Exercise
 - Ballroom or Line Dance
 - EnhanceFitness
 - Basketball
 - Table Tennis
 - Volleyball
 - Hip Hop
 - Body Fit
 - Drums Alive
 - Water Aerobics
 - Wii Exercise
 - Cardio Fit
 - Bowling
- Classes vary per location.**

Each location offers a variety of fitness opportunities tailored to meet the needs of the 60+ individual. Whether you are interested in Ballroom Dance, Zumba or working out in the fitness center, you will find a range of opportunities to fit all fitness levels and interests. A wide range of nutrition and wellness seminars are offered throughout the year to enrich your awareness for improved health.

The opportunities you've waited a lifetime to take advantage of are right here at BCDA. Take the first step to improving your health by joining a senior center today!

Workout with your peers in one of BCDA's 13 Fitness Center/Studio!

JOIN NOW TO ENHANCE OVERALL WELL-BEING AND INCREASE ENERGY AND VITALITY.

Fitness membership is required in order to workout in one of our facilities.



For information, call 410-887-2040



Park View

Ask about our
Smoke Free
Communities

YOUR *New* LIFESTYLE BEGINS HERE
APARTMENT HOMES FOR THOSE 62 AND BETTER

ANNE ARUNDEL COUNTY

Furnace Branch 410-761-4150
Severna Park 410-544-3411

BALTIMORE CITY

Ashland Terrace 410-276-6440
Coldspring 410-542-4400

BALTIMORE COUNTY

Catonsville 410-719-9464
Dundalk 410-288-5483
* Fullerton 410-663-0665
Miramar Landing 410-391-8375
Randallstown 410-655-5673
* Rosedale 410-866-1886
Taylor 410-663-0363
Towson 410-828-7185
Woodlawn 410-281-1120

EASTERN SHORE

Easton 410-770-3070

HARFORD COUNTY

Bel Air 410-893-0064
Box Hill 410-515-6115

HOWARD COUNTY

* Colonial Landing 410-796-4399
Columbia 410-381-1118
Ellicott City 410-203-9501
Ellicott City II 410-203-2096
Emerson 301-483-3322
Snowden River 410-290-0384

PRINCE GEORGE'S COUNTY

55 AND BETTER! — Bladensburg 301-699-9785
Laurel 301-490-1526
Laurel II 301-490-9730

* = NEWLY RENOVATED

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Call the community nearest you to inquire about eligibility requirements and to arrange a personal tour or email parkviewliving@sheltergrp.com.



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